

HAJ Hannover Marathon 2022

April 03, 2022

Results Men/Women

Marathon

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16:33:59

April 03, 2022

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1	2	Pfeiffer, Hendrik (GER)	93	TV Wattenscheid 01	AK MHK	1	2:10:59	2:10:59	0:30:52	1:05:25	1:33:00	1:48:17	2:03:45
2	25	Kiptis, Josphat Kiprop (KEN)	93		AK MHK	2	2:13:47	2:13:47	0:30:50	1:05:26	1:33:02	1:49:02	2:05:46
3	21	Olesen, Martin (DEN)	95		AK MHK	3	2:14:35	2:14:35	0:31:46	1:06:54	1:35:07	1:51:17	2:07:38
4	20	Kiptoo, Wilfred (KEN)	94		AK MHK	4	2:14:43	2:14:43	0:30:52	1:05:25	1:33:09	1:50:03	2:06:58
5	4	Schauer, Frank (GER)	89	Tangemünde	AK MBO	1	2:14:43	2:14:43	0:32:11	1:07:27	1:35:36	1:51:27	2:07:32
6	8	Hille, Erik (GER)	88	LG Telis Finanz Regensburg	AK MBO	2	2:15:04	2:15:04	0:31:45	1:06:54	1:35:06	1:51:18	2:07:32
7	3	Schöfisch, Marcus (GER)	87	Lauftraining.com Lauffreunde	AK MBS	1	2:15:05	2:15:05	0:32:11	1:07:31	1:35:51	1:51:57	2:08:07
8	7	Ihlow, Nic (GER)	95	Lauftraining.com Lauffreunde	AK MHK	5	2:15:07	2:15:07	0:32:11	1:07:31	1:35:46	1:51:47	2:07:57
9	22	Casteel, Archie (SWE)	96		AK MHK	6	2:15:22	2:15:22	0:31:46	1:06:54	1:35:06	1:51:18	2:07:59
10	27	Prüller, Florian (AUT)	83	TSV Sparkasse Hartberg	AK MBS	2	2:15:56	2:15:56	0:32:12	1:07:31	1:35:37	1:51:28	2:08:07
11	17	Beinlich, Moritz (GER)	96	LG Rhein-Wied	AK MHK	7	2:16:24	2:16:24	0:32:29	1:08:00	1:36:34	1:52:47	2:09:04
12	12	Baum, Lorenz (GER)	90	LAV Stadtwerke Tübingen	AK MBO	3	2:17:03	2:17:03	0:32:29	1:08:00	1:36:34	1:52:47	2:09:30
13	9	Jankowski, Raoul (GER)	91	Braunschweiger Laufclub	AK MBO	4	2:22:28	2:22:28	0:33:49	1:11:11	1:41:15	1:58:11	2:15:13
14	2360	Van Staa, Sascha (GER)	92	LC Rapid Dortmund	AK MBO	5	2:22:32	2:22:34	0:33:48	1:11:09	1:41:12	1:58:07	2:15:08
15	2583	Ziganke, Jens (GER)	88	TV Konstanz	AK MBO	6	2:22:39	2:22:40	0:33:49	1:11:09		1:58:09	2:15:11
16	6	Bräutigam, Marcel (GER)	87	GutsMuths-	AK MBS	3	2:22:41	2:22:41	0:33:51	1:11:12	1:41:15	1:58:10	2:15:11
17	2636	Harvardt, Valentin (GER)	77	VfL Wolfsburg	AK MBS	1	2:22:41	2:22:44	0:33:47		1:41:12	1:58:08	2:15:10
18	2689	Brecht, David (GER)	98	Braunschweiger Laufclub	AK MHK	8	2:23:02	2:23:03	0:33:50	1:11:10	1:41:14	1:58:10	2:15:12
19	2302	Karsch, Dustin (GER)	92	Osnabrücker TB	AK MBO	7	2:23:36	2:23:37	0:33:48	1:11:09	1:41:12	1:58:26	2:15:47
20	2654	Bergmann, Silas (GER)	97	Braunschweiger Laufclub	AK MHK	9	2:24:14	2:24:15	0:33:49	1:11:10	1:41:14	1:58:09	2:15:40
21	2413	Riechers, Nicolai (GER)	93	Braunschweiger Laufclub	AK MHK	10	2:25:09	2:25:10			1:42:40	1:59:57	2:17:13
22	2411	Gezae, Fillimon (ERI)	95	LG Bremen Nord	AK MHK	11	2:25:28	2:25:31	0:32:10	1:09:10	1:40:29	1:58:26	2:17:08
23	1657	Majewski, Michael (GER)	93	BV Garrel	AK MHK	12	2:26:13	2:26:15	0:33:49	1:11:10	1:41:14	1:58:30	2:17:14
24	2444	Kruse, Manuel (GER)	90	LSF Münster	AK MBO	8	2:26:14	2:26:19	0:35:02		1:44:04	2:01:35	2:18:48
25	2576	Hänze, Niklas (GER)	95	TV Konstanz	AK MHK	13	2:26:17	2:26:20	0:35:06	1:13:34	1:44:07	2:01:36	2:18:48
26	2575	Snehotta, Paul (GER)	90	TV Konstanz	AK MBO	9	2:26:33	2:26:36	0:35:07	1:13:53		2:01:28	2:18:50
27	1295	Unger, Robert (GER)	83	Spiridon Frankfurt	AK MBS	4	2:26:34	2:26:37	0:35:04	1:13:34	1:44:07	2:01:28	2:18:48
28	999	Looschen, Christian (GER)	81	BV Garrel	AK MBO	1	2:26:47	2:26:50	0:35:04	1:13:33	1:44:06	2:01:36	2:18:59
29	87	Boch, Simon (GER)	94	LG Telis Finanz Regensburg	AK MHK	14	2:27:02	2:27:02	0:35:06	1:13:35	1:44:09	2:01:38	2:19:02
30	2702	Merten, Kai (GER)	79	TG Konz	AK MBO	2	2:27:11	2:27:12	0:34:52	1:12:59	1:43:54	2:01:29	2:19:02
31	2594	Nitsche, Sebastian (GER)	83	Lauftraining.com Lauffreunde	AK MBS	5	2:27:18	2:27:21	0:34:52	1:12:58	1:43:53	2:01:28	2:19:02
32	2631	Krech, Christophe (GER)	94	TV Schriesheim	AK MHK	15	2:28:12	2:28:15	0:35:03	1:13:33	1:44:07	2:01:37	2:19:47
33	2699	Brennauer, Markus (GER)	80	TSV Penzberg	AK MBO	3	2:28:39	2:28:42	0:35:04		1:44:26		2:20:33
34	2668	Hecht, Andreas (GER)	80	DJK Weiden	AK MBO	4	2:29:28	2:29:31	0:35:04	1:13:33	1:44:26	2:02:09	2:20:25
35	2168	Billing, Nikolai (GER)	92	Eintracht Frankfurt	AK MBO	10	2:29:34	2:29:37	0:35:04	1:13:44	1:45:22	2:03:34	2:21:34
36	2588	Müller, Kay-Uwe (GER)	79	TSG Schwäbisch Hall	AK MBO	5	2:29:41	2:29:43	0:34:51		1:44:50	2:02:54	2:21:34
37	2644	Müller, Karsten (GER)	87	LG Region Karlsruhe	AK MBS	6	2:30:46	2:30:51	0:35:21	1:14:33	1:46:09	2:04:10	2:22:24
38	2131	Van Haaren, Jeroen (NED)	80	Av Atvemi	AK MBO	6	2:31:43	2:31:46	0:35:25	1:14:36	1:46:13	2:04:14	2:23:07
39	1956	Kjäll-Ohlsson, Martin (SWE)	78	SK Vidar	AK MBO	7	2:31:48	2:31:50	0:35:25	1:14:54	1:47:05	2:05:13	2:23:35
40	2559	Rosbach, Cornelius (GER)	90	Lauffreff TV Uelzen	AK MBO	11	2:32:12	2:32:13	0:35:04	1:13:35	1:45:18	2:04:09	2:23:38
41	2365	Volkenandt, John (GER)	93	SCC Berlin	AK MHK	16	2:32:27	2:32:29	0:35:56	1:16:14	1:48:10	2:06:03	2:24:15
42	2642	Fritz, Stefan (GER)	87	LG Region Karlsruhe	AK MBS	7	2:33:14	2:33:20	0:36:40	1:16:54	1:49:02	2:07:02	2:25:08
43	2663	Stier, Martin (GER)	87	MTV 1881 Ingolstadt	AK MBS	8	2:33:30	2:33:32	0:36:05	1:15:55	1:48:02	2:06:07	2:24:51
44	1401	Weiß, Moritz (GER)	92	LGV Marathon Giessen	AK MBO	12	2:33:30	2:33:33	0:36:37	1:16:55	1:49:05	2:07:05	2:25:11
45	1949	Kuschmierz, Felix (GER)	92	TuS Lichterfelde	AK MBO	13	2:33:30	2:33:41	0:36:35	1:16:25	1:48:02	2:06:18	2:25:02

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
46	2460	Babel, Tobias (GER)	81	LAV Stadtwerke Tübingen	AK M40	8	2:33:55	2:33:56	0:35:55	1:15:56	1:48:12	2:06:39	2:25:30
47	2552	Schrader, Dominik (GER)	80	Braunschweiger Laufclub	AK M40	9	2:34:28	2:34:30	0:35:07	1:13:46	1:45:53	2:04:52	2:25:04
48	1855	Harasse, Olivier (FRA)	82	BLAGNAC SC	AK M40	10	2:34:32	2:34:35	0:36:40	1:16:56	1:49:07	2:07:30	2:26:00
49	1701	Dassonneville, Aurélien (FRA)	92	amiens uc	AK M30	14	2:36:33	2:36:36	0:35:35	1:15:36	1:48:17	2:07:04	2:27:06
50	561	Kendelbacher, Michael (GER)	82	TSV Barsinghausen	AK M40	11	2:37:20	2:37:29	0:36:51	1:17:18	1:50:26	2:09:17	2:28:33
51	2424	Mey, Markus (GER)	71	TV Eifeler Turnkraft Konzen	AK M30	1	2:37:35	2:37:37	0:36:43	1:16:55	1:49:17	2:08:33	2:28:33
52	2690	Sinke, Julian (GER)	90	LG eXa Leipzig e.V.	AK M30	15	2:37:41	2:37:44	0:35:24	1:15:02	1:49:00	2:09:00	2:28:49
53	2068	Knudsen, Rune (DEN)	83	Nordtrim	AK M35	9	2:38:26	2:41:41	0:37:31	1:18:45	1:52:14	2:10:52	2:30:02
54	2662	Fischer, Julian Tim (GER)	02	MIV 1881 Ingolstadt	AK MHK	17	2:38:26	2:38:30	0:37:57	1:19:50	1:53:15	2:11:53	2:30:25
55	1340	Heidl, Markus (GER)	88	Spiridon Frankfurt	AK M30	16	2:39:02	2:39:05	0:36:38	1:16:55	1:49:06	2:08:17	2:29:03
56	2814	Volgmann, Tobias (GER)	80	LT Haspa Marathon Hamburg	AK M40	12	2:39:04	2:39:06	0:35:49	1:16:31	1:50:14	2:09:33	2:29:37
57	2674	Kalinowski, Christian (GER)	85	LG Eichsfeld	AK M35	10	2:39:05	2:39:09	0:37:51	1:19:12	1:52:46	2:11:40	2:30:39
58	2637	Sebrantke, Oliver (GER)	76	LC Hansa Stühr	AK M45	2	2:39:20	2:39:26	0:37:22	1:18:47	1:52:22	2:11:18	2:30:37
59	2725	Juska, Giedrius (LTU)	81	F.O.C.U.S. running	AK M40	13	2:39:27	2:39:38	0:37:21	1:18:42	1:52:17	2:11:13	2:30:25
60	2175	Trems, Torsten (GER)	77	Miers Colonia 2020	AK M45	3	2:39:32	2:39:36	0:37:23	1:18:47	1:52:17	2:11:19	2:30:41
61	519	Kiradjiev, Aleksandar (MKD)	87	AC KIRADJIEV Training	AK M35	11	2:39:36	2:39:38	0:36:39	1:17:14	1:51:24	2:10:50	2:30:30
62	205	Vollkommer, Guido (GER)	66	Hannover 96	AK M35	1	2:39:45	2:39:51	0:37:33	1:18:48	1:52:16	2:11:18	2:30:50
63	2211	Horch, Viktor (GER)	80	TuS Deuz	AK M40	14	2:39:51	2:40:00	0:37:54	1:19:20	1:53:03	2:11:48	2:31:00
64	444	Bähr, Mcha (GER)	75	SV Blau-Weiß Bürgel	AK M45	4	2:40:03	2:40:08	0:37:20	1:18:47	1:52:15	2:11:18	2:31:08
65	2312	Bergmann, Matthias (GER)	80	Osnabrücker TB	AK M40	15	2:40:17	2:40:21	0:36:02	1:15:55	1:48:26	2:08:34	2:30:08
66	2009	Rusznik, Pawel (POL)	87	Lipiec Running Team	AK M35	12	2:40:55	2:41:00	0:37:27	1:18:47	1:52:23	2:11:35	2:31:37
67	2641	Speiser, Sebastian (GER)	93	LG Region Karlsruhe	AK MHK	18	2:41:05	2:41:10	0:35:01	1:13:30	1:44:25	2:03:55	2:29:44
68	2178	Dinse, Florian (GER)	87	TSG Schwäbisch Hall	AK M35	13	2:41:16	2:41:21	0:36:56	1:18:33	1:52:23	2:11:37	2:32:01
69	2174	Benz, Marco (GER)	80	Skivereinigung Amberg	AK M40	16	2:41:25	2:41:28	0:37:29	1:18:48	1:52:27	2:11:42	2:32:07
70	1884	Howard, George (GBR)	76		AK M45	5	2:41:47	2:41:50	0:37:30	1:19:21	1:53:49	2:13:20	2:33:00
71	372	Co, Steffen (GER)	77	TG Viktoria Augsburg	AK M45	6	2:41:50	2:41:54	0:36:57	1:18:13	1:52:32	2:12:19	2:32:46
72	1999	Hoehne, Peter (GER)	86	TLV-LT Eichenzell	AK M35	14	2:42:03	2:42:08	0:38:53	1:21:54	1:56:11	2:15:12	2:33:53
73	2804	Gräbel, Gerrit (GER)	91	LG Göttingen	AK M30	17	2:42:04	2:42:08	0:38:33	1:20:57	1:55:05	2:13:58	2:33:19
74	2363	Singer, Tobias (GER)	89	SCC Berlin	AK M30	18	2:42:38	2:42:39	0:37:26	1:19:26	1:53:51	2:13:20	2:33:17
75	2446	Hooge, Henrik (GER)	89	LSF Münster	AK M30	19	2:42:47	2:42:51	0:37:50	1:19:58	1:54:15	2:13:52	2:33:51
76	2418	Koch, Matthias (GER)	64	LAV Stadtwerke Tübingen	AK M35	2	2:42:53	2:42:55	0:38:29	1:20:50	1:54:56	2:14:15	2:33:52
77	2695	Sahn, Marco (GER)	73	LG Bamberg	AK M45	7	2:43:12	2:43:15	0:37:29	1:19:00	1:53:21	2:13:08	2:33:52
77	2124	Jónsson, Hákon (ISL)	86	HHHC	AK M35	15	2:43:12	2:43:21	0:37:51	1:19:42	1:53:57	2:13:43	2:33:47
79	2700	Schommers, Lukas (GER)	93	Rhein-Berg Runners	AK MHK	19	2:43:37	2:43:39	0:37:17	1:18:31	1:52:14	2:11:25	2:33:27
80	1195	Sjøner, Dennis (DEN)	85	HechmannRunning	AK M35	16	2:43:48	2:43:51	0:38:12	1:21:03	1:55:50	2:15:30	2:35:24
81	2352	Skytte, Rasmus (DEN)	82	Holstebro løbeklub	AK M40	17	2:44:03	2:44:07	0:38:27	1:21:27	1:56:12	2:15:38	2:35:25
82	2698	Lindner, Benjamin (GER)	84	Lauffreff TV Uelzen	AK M35	17	2:44:08	2:44:12	0:37:14	1:18:33	1:52:16	2:11:49	2:34:25
83	2643	Dyck, Alexander (GER)	93	LG Region Karlsruhe	AK MHK	20	2:44:29	2:44:35	0:38:25		1:55:46	2:15:28	2:35:29
84	1846	Kolodseike, Oliver (GER)	87	Clapham Chasers	AK M35	18	2:44:31	2:44:44	0:38:42	1:21:11	1:55:39	2:15:21	2:35:15
85	1577	Hartmann, Moritz (GER)	90	Eintracht Hildesheim	AK M30	20	2:44:36	2:44:52	0:37:14	1:18:35	1:52:12	2:12:01	2:34:04
86	2571	Gödiker, Magnus (GER)	74		AK M45	8	2:44:44	2:44:52	0:38:09	1:20:20	1:55:08	2:15:00	2:35:23
87	2483	Tietz, Patrick (GER)	80	TSVE 1890 Bielefeld	AK M40	18	2:45:39	2:45:48	0:39:01	1:21:58	1:57:04	2:16:49	2:36:46
88	2156	Jäkel, Robert (GER)	64	TuS OBLintorf	AK M35	3	2:45:41	2:45:43	0:39:08	1:21:58	1:56:56	2:16:40	2:36:50
89	1941	Sauthoff, Dean (GER)	93	TSV Eintracht Wolfshagen	AK MHK	21	2:46:26	2:46:35	0:38:27	1:20:53	1:55:08	2:16:18	2:37:33
90	2259	Mannweiler, Klaus (GER)	66	TSV Wolftrathshausen	AK M35	4	2:46:28	2:46:33	0:38:39	1:21:59	1:57:12	2:17:13	2:37:30

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Results Men

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91	1865	Van Den Haak, Bart (NED)	78	TEAMMLA Gooise Atletiek	AK M40	19	2:46:33	2:46:36	0:38:56	1:22:42	1:58:09	2:17:54	2:37:48
92	546	Kaczynski, Patrick (GER)	90	my-marathons.jimdofree.com	AK M30	21	2:46:41	2:46:48	0:39:39	1:23:28	1:59:00	2:18:59	2:38:31
93	1725	Scholz, Christian (GER)	69	SVO LA Gemaringen LG	AK M60	2	2:47:01	2:47:05	0:38:55	1:22:02	1:57:13	2:17:14	2:37:40
94	2553	Heymann, Sebastian (GER)	81	Sva salzbergen	AK M40	20	2:47:09	2:47:16	0:39:03	1:21:58	1:56:59	2:16:52	2:37:37
95	1506	Huth, Vytas (GER)	82	TC FIKO Rostock e. V.	AK M40	21	2:47:21	2:47:27	0:38:38	1:21:59	1:57:08	2:17:12	2:37:48
96	2378	Muth, Christian (GER)	87	TSG Schwäbisch Hall	AK M35	19	2:47:24	2:47:30	0:39:38	1:23:16	1:59:00	2:18:46	2:38:44
97	2447	Walz, Christian (GER)	88		AK M30	22	2:47:24	2:50:39	0:39:37	1:23:30	1:58:41	2:18:30	2:38:26
98	1287	Solter, Andreas (GER)	83	Hannover 96	AK M35	20	2:47:39	2:47:47	0:38:47		1:57:09	2:17:12	2:38:16
99	1623	Rapp, Elias (SWE)	99	Västerås FK	AK MHK	22	2:47:56	2:47:59	0:35:33	1:15:48	1:49:49	2:12:11	2:37:53
100	1639	Hüttl, Adrian (GER)	93	SG Schorndorf 1893 e.V.	AK MHK	23	2:47:57	2:48:08	0:39:02	1:21:56	1:56:58	2:16:49	2:38:17
101	576	Kaltenbach, Florian (GER)	79	Spiridon Frankfurt	AK M40	22	2:48:02	2:48:15	0:38:50	1:22:31	1:58:31	2:18:38	2:38:49
102	2025	Becker, Christian (GER)	81	TuS Deuz	AK M40	23	2:48:17	2:48:26	0:39:18	1:22:48	1:58:12	2:18:23	2:39:03
103	1985	Schlegel, Hendrik (GER)	88	LG Stadtwerke München	AK M30	23	2:48:21	2:48:26	0:39:08	1:22:35	1:58:08	2:18:20	2:39:07
104	1683	Andrie, Jakub (CZE)	82	Trailpoint	AK M40	24	2:48:42	2:48:46	0:38:16	1:21:28	1:57:38	2:18:22	2:39:28
105	2117	Pahlmann, Carl (GER)	90	Osnabrücker TB	AK M30	24	2:48:48	2:48:54	0:39:40	1:23:30	1:59:02	2:19:00	2:39:30
106	1839	Bauer, Alexander (GER)	76	TV 1848 Coburg	AK M45	9	2:49:06	2:49:12	0:38:41	1:22:06	1:57:28	2:18:16	2:39:38
107	1389	Sonnemann, Oliver (GER)	70	Hannover 96	AK M60	3	2:49:14	2:49:20	0:39:05	1:22:38	1:59:02	2:19:31	2:40:16
108	2730	Rozdebski, Piotr (POL)	73	SG	AK M45	10	2:49:52	2:49:56	0:40:14	1:24:45	2:00:49	2:21:02	2:41:05
108	702	Mehlfeld, Dennis (GER)	87	Lübecker SC	AK M35	21	2:49:52	2:49:55	0:37:44	1:20:12	1:55:31	2:16:41	2:39:41
110	2118	Schönenborn, Olaf (GER)	69	LG Erlangen	AK M60	4	2:49:56	2:49:58	0:38:56		1:57:15	2:18:17	2:40:21
111	2569	Marx, Jonas (GER)	93	Braunschweiger Laufclub	AK MHK	24	2:50:08	2:50:10	0:35:30	1:15:32	1:49:43	2:13:57	2:39:10
112	2330	Schönfeld, Thomas (GER)	75	LG Lohr-Rechtenbach	AK M45	11	2:50:38	2:50:48	0:38:27	1:21:14	1:57:03	2:18:05	2:40:25
113	2053	Piec, Marco (GER)	72	Tangermünder LV '94	AK M60	5	2:50:43	2:50:51	0:40:26	1:24:25	2:00:45	2:21:13	2:41:40
114	1022	Musick, Matthias (GER)	81	KSV Baunatal Triathlon	AK M40	25	2:50:59	2:51:03	0:39:55	1:24:30	2:00:46	2:21:08	2:41:42
115	2436	Amonet, Matthias (GER)	87	Recklinghäuser LC	AK M35	22	2:51:30	2:51:34	0:39:07	1:23:16	1:59:51	2:20:53	2:42:03
116	1493	Varenkamp, Lars (GER)	74	LG Kreis Lübbecke	AK M45	12	2:51:48	2:51:52	0:41:15	1:25:49	2:01:40	2:22:02	2:42:35
117	2340	Weber, Robin (GER)	92		AK M30	25	2:52:12	2:55:26	0:40:33	1:25:44	2:02:18	2:23:02	2:43:01
118	454	Richers, Simon (GER)	76	Team Deutsche	AK M45	13	2:52:37	2:55:55	0:39:17	1:23:34	2:00:30	2:21:07	2:42:38
119	2144	Huck, Timo (GER)	88	Hannover Runners e. V.	AK M30	26	2:52:50	2:56:04	0:39:01	1:22:06	1:57:29	2:17:55	2:40:41
120	2433	Macke, Jakob (GER)	82	LAV Stadtwerke Tübingen	AK M40	26	2:53:04	2:53:08	0:41:25	1:27:06	2:03:42	2:24:21	2:44:22
121	2148	Borchers, Tim (GER)	70	Lehrter SV Laufgruppe	AK M60	6	2:53:13	2:53:23	0:41:42	1:27:01	2:03:38	2:24:14	2:44:23
122	773	Kirchhöfer, Sven (GER)	73	ESKALATIONSKOMMANDO	AK M45	14	2:53:50	2:57:10	0:41:00	1:26:53	2:03:41	2:24:13	2:44:39
123	1511	Schoppe, Michael (GER)	79	LSG Goldener Grund	AK M40	27	2:54:03	2:54:07	0:41:14	1:26:48	2:03:44	2:24:21	2:44:57
124	2154	Meier, Sven (GER)	82	LAV Stadtwerke Tübingen	AK M40	28	2:54:04	2:54:07	0:41:14	1:26:51	2:03:43	2:24:22	2:44:45
125	1773	De Bruin, Sebastiaan (NED)	81	AV Pijnenburg	AK M40	29	2:54:10	2:57:24	0:40:32	1:25:43	2:02:17	2:23:02	2:44:14
126	1748	Prott, Michael (GER)	77	LSF Münster	AK M45	15	2:54:10	2:54:19	0:41:22	1:26:43	2:03:36	2:24:16	2:44:53
127	1638	Storandt, Oliver (GER)	86	VFL Bochum 1848	AK M35	23	2:54:49	2:54:57	0:41:09	1:26:46	2:03:40	2:24:18	2:45:13
128	198	Wlshusen, Matthias (GER)	70	Laufclub BlueLiner	AK M60	7	2:55:06	2:55:10	0:41:00	1:26:49	2:03:43	2:24:21	2:45:20
129	1849	Tantius, Christoph (GER)	83	LG Osterwieck	AK M35	24	2:55:07	2:55:10	0:40:49	1:26:26	2:03:38	2:24:22	2:45:08
130	2198	Simonyi, Patrick (GER)	90		AK M30	27	2:55:07	2:55:26	0:41:16	1:26:59	2:03:39	2:24:32	2:45:42
131	2691	Schneider, Thomas (GER)	62	SSG Königswinter	AK M60	1	2:55:12	2:55:17	0:41:28		2:04:13	2:24:53	2:45:38
132	1676	Synofzik, Matthias (GER)	79	LAV Stadtwerke Tübingen	AK M40	30	2:55:29	2:55:32	0:41:25	1:27:06	2:03:58	2:24:59	2:46:02
133	1112	Dehling, Sascha (GER)	77	LG Mauerweg Berlin e.V.	AK M45	16	2:55:30	2:55:38	0:39:49	1:24:00	2:00:42	2:22:01	2:45:02
134	1547	Schindehütte, Dominik (GER)	85	HSC Zierenberg	AK M35	25	2:55:43	2:55:57	0:40:38	1:25:29	2:02:23	2:23:44	2:45:51
135	984	Deibl, Fabian (GER)	00		AK MHK	25	2:55:46	2:59:00	0:42:18	1:28:32	2:06:21	2:27:38	2:47:37

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
136	2581	Lehmann, Thomas (GER)	84	Dresden	AK M35	26	2:55:51	2:59:07	0:41:05	1:26:25	2:03:17	2:24:10	2:46:01
137	1135	Lenk, Marcus (GER)	79	TuS Ahnsen	AK M40	31	2:55:54	2:59:10	0:42:32	1:28:32	2:06:21	2:27:20	2:47:18
138	2414	Haagerup, Mikkel (DEN)	96		AK MHK	26	2:56:12	2:59:26	0:40:34	1:26:17	2:03:12	2:24:11	2:46:02
139	1641	Müller, Markus (GER)	77		AK M45	17	2:56:16	2:59:32	0:40:33	1:25:43	2:02:18	2:23:29	2:45:42
140	1739	Stok, Martin (NED)	72	AV Pijnenburg	AK M30	8	2:56:17	2:59:32	0:40:45	1:26:29	2:03:29	2:24:35	2:46:09
141	2622	Merz, Christoph (GER)	76	PTSV Rosenheim	AK M45	18	2:56:24	2:56:35	0:41:07	1:26:44	2:03:38	2:24:15	2:45:57
142	133	Sievers, Jan (GER)	81	Hannover 96	AK M40	32	2:56:27	2:56:35	0:38:47	1:21:49	1:57:33	2:21:26	2:45:38
143	1508	Rennau, Hannes (GER)	80	TC FIKO Rostock e. V.	AK M40	33	2:56:37	2:56:43	0:41:11	1:26:46	2:03:41	2:24:20	2:46:23
144	465	Thisted, Søren (DEN)	81	SMT-Silkeborg	AK M40	34	2:56:42	2:59:58	0:42:20	1:28:31	2:06:08	2:27:10	2:47:47
145	2459	Hunger, Martin (GER)	87	ASFMGöttingen	AK M35	27	2:56:42	2:59:55	0:41:11	1:27:02	2:04:41	2:25:52	2:47:07
146	377	Riechmann, Lars (GER)	90	TuS Hartum	AK M30	28	2:56:45	3:00:02	0:39:26	1:22:47	1:58:47	2:21:42	2:45:46
147	1099	Ringe, Thomas (GER)	88		AK M30	29	2:56:57	3:00:17	0:41:40	1:27:58	2:04:38	2:25:14	2:46:33
148	2222	Pappas, Spyridon (GRE)	72	SD IOANNINON	AK M30	9	2:57:01	3:00:21	0:41:40	1:27:16	2:04:54	2:26:05	2:47:29
149	514	Mauthe, Sebastian (GER)	89	LGV Marathon Giessen	AK M30	30	2:57:07	3:00:23	0:42:14	1:28:20	2:05:15	2:25:51	2:47:23
150	1563	Stamatoglou, Georgios (GRE)	73	Marathon Club	AK M45	19	2:57:17	2:57:21	0:42:37	1:28:39	2:05:56	2:26:51	2:48:04
151	2524	Ziehm, Frank (GER)	88	Sparkasse	AK M30	31	2:57:19	3:00:38	0:42:09	1:28:29	2:06:16	2:27:33	2:48:01
152	2648	Kwiatkowski, Peter (GER)	77	LAV Stadtwerke Tübingen	AK M45	20	2:57:35	2:57:40	0:41:26	1:27:19	2:04:29	2:26:06	2:47:53
153	689	Band, Matthias (GER)	70	Läufer-Team Oker	AK M30	10	2:57:36	2:57:39	0:41:28	1:27:07	2:03:59	2:24:59	2:47:00
154	2242	Kluppel, Sebastian (GER)	86	PSV Grün-Weiß Kassel	AK M35	28	2:57:38	2:57:41	0:41:36	1:27:14	2:04:37	2:26:09	2:47:37
155	1873	Jenßen, Christoph (GER)	81	MBC Running	AK M40	35	2:57:40	3:00:58	0:41:51	1:28:16	2:05:59	2:27:17	2:48:36
156	2217	Kopyczok, Michal (POL)	85	Tyslava Team	AK M35	29	2:57:47	2:57:54	0:41:24	1:27:10	2:05:09	2:26:30	2:48:05
157	2313	Christodoulou, Nikolaos (GRE)	76	RAFINA RUNNERS	AK M45	21	2:58:00	3:01:13	0:42:26	1:28:34	2:06:10	2:27:12	2:48:17
158	2225	Fragkos, Nikolaos (GRE)	86	AS FILANDROS LEUKADA	AK M35	30	2:58:01	3:01:21	0:42:17	1:28:27	2:06:14	2:27:47	2:48:53
159	1074	Ziegler, Alexander (GER)	84		AK M35	31	2:58:02	3:01:18	0:41:56	1:28:22	2:06:02	2:27:03	2:48:39
160	1081	Funk, Alexander (GER)	73	Billerbeek	AK M45	22	2:58:03	3:01:20	0:42:24		2:06:08	2:27:19	2:48:28
161	2371	Pfitzenreuter, Justin (GER)	85	Tempelhofer Feld	AK M35	32	2:58:16	2:58:36	0:40:04	1:24:26	2:01:26	2:23:26	2:46:48
162	1351	Keese, Daniel (GER)	82	Spiridon Frankfurt	AK M40	36	2:58:18	3:01:40	0:42:14		2:06:02	2:27:15	2:48:36
163	2665	Eckes, Peter (GER)	56	LG Bad Soden Sulzbach	AK M35	1	2:58:20	2:58:26	0:41:51	1:27:44	2:05:12	2:26:23	2:48:10
164	2200	Merkel, Alexander (GER)	86		AK M35	33	2:58:22	3:01:44	0:42:15	1:28:19	2:05:57	2:27:06	2:48:24
165	1778	Bielmann, Kai (GER)	76	Lehrter Sport-Verein v. 1874	AK M45	23	2:58:23	3:01:37	0:41:57	1:28:33	2:06:04	2:27:23	2:48:45
166	2129	Hoogmijt, Stefan (NED)	77		AK M45	24	2:58:23	3:01:40	0:41:55	1:28:31	2:06:08	2:27:20	2:48:41
167	1126	Leino, Jonne (FIN)	87	LUM	AK M35	34	2:58:24	3:01:52	0:42:09	1:28:22	2:06:11	2:27:39	2:48:55
168	2193	Marx, Dominic (GER)	84		AK M35	35	2:58:31	3:02:13	0:42:33	1:28:40	2:06:11	2:27:42	2:49:04
169	1636	Armannsson, Bjarni (ISL)	68	HHHC	AK M30	11	2:58:33	3:01:49	0:41:54		2:06:01	2:27:20	2:48:41
170	2101	Viggósson, Brynjar (ISL)	73	HHHC	AK M45	25	2:58:34	3:01:49	0:41:54	1:28:19	2:06:02	2:27:20	2:48:41
171	1526	Ívarsson, Pétur (ISL)	70	HHHC	AK M30	12	2:58:34	3:01:49	0:41:55	1:28:19	2:06:02	2:27:20	2:48:41
172	1527	Thorsteinsson, Vidar (ISL)	73	HHHC	AK M45	26	2:58:34	3:01:49	0:41:55	1:28:20	2:06:01	2:27:21	2:48:42
173	2778	Funke, Martin (GER)	77		AK M45	27	2:58:36	3:01:52	0:42:24	1:28:31	2:06:18	2:27:34	2:48:51
174	1815	Mook, Evert (NED)	88	AV Pijnenburg	AK M30	32	2:58:36	3:01:50	0:40:45	1:25:57	2:03:26	2:25:31	2:48:23
175	831	Aepfelbach, Tim (GER)	73	PV Triathlon TG Witten	AK M45	28	2:58:36	3:01:50	0:41:21	1:28:23	2:06:03	2:27:21	2:48:43
176	1591	Bales, Stefan (GER)	65	LSF Münster	AK M35	5	2:58:42	2:58:53	0:41:17	1:26:41	2:04:04	2:25:46	2:48:19
177	1717	Mälende, Uli (GER)	76	Laufpark Stechlin e.V.	AK M45	29	2:58:45	3:02:31	0:41:46	1:28:17	2:05:50	2:27:21	2:48:43
178	2030	Aust, Marco (GER)	74	TLV-LT Eichenzell	AK M45	30	2:58:45	2:58:53	0:41:13	1:26:50	2:04:16	2:25:52	2:48:22
179	1301	Betzler, Matthias (GER)	56	SpVgg Höhenkirchen	AK M35	2	2:58:47	2:59:05	0:42:46	1:29:57	2:07:37	2:28:33	2:49:38
180	2554	Vieyra, Luis (MEX)	77	Club Exatec Running	AK M45	31	2:58:48	2:58:57	0:41:23	1:27:04	2:04:52	2:26:31	2:48:47

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
181	2694	Paludan, Rasmus Frederik (DEN)	71	Fjordager IF Motion	AK M60	13	2:58:52	3:02:12	0:42:31	1:28:28	2:06:17	2:27:44	2:49:05
182	1738	Hemb, Björn (GER)	86	MRRC München	AK M35	36	2:58:53	3:02:08	0:40:20	1:25:26	2:03:16	2:25:24	2:48:01
183	1916	Hand, Sören (GER)	89	LSF Münster	AK M30	33	2:59:01	2:59:12	0:42:24	1:29:30	2:06:52	2:27:38	2:49:08
184	2394	Leßmüller, Rene (GER)	70	FC Erzgebirge Aue	AK M60	14	2:59:03	3:02:19	0:42:11	1:28:26	2:06:20	2:27:50	2:49:25
185	1800	Baehr, Thomas (GER)	66	SC Hagen-Wildebiese	AK M65	6	2:59:04	2:59:09	0:41:18	1:27:23	2:05:17	2:26:45	2:48:46
186	2735	Weber, Steffen (GER)	82		AK M40	37	2:59:05	3:02:20	0:40:32	1:25:43	2:02:45	2:24:43	2:48:11
187	2066	Hesse, Jörn (GER)	74	Delligser SC	AK M45	32	2:59:06	2:59:10	0:41:03	1:27:52	2:05:57	2:27:27	2:49:19
188	2510	Mangelsdorf, Hannes (GER)	75	iv Informationsverarbeitung	AK M45	33	2:59:06	3:02:21	0:41:42	1:28:17	2:06:03	2:27:21	2:49:13
189	2484	Rochell, Andre (GER)	84	Braunschweiger Laufclub	AK M35	37	2:59:08	3:02:23	0:42:15	1:28:31	2:06:21	2:27:28	2:49:28
190	2249	Federsel, Thomas (GER)	63	SWC Regensburg	AK M65	7	2:59:11	2:59:18	0:42:32	1:29:09	2:06:33	2:27:48	2:49:20
191	2263	Apfelbacher, Sebastian (GER)	78	TG Kitzingen	AK M40	38	2:59:12	3:02:26	0:42:17	1:28:33	2:06:22	2:27:53	2:49:16
192	728	Schulz, Daniel (GER)	90		AK M30	34	2:59:17	3:02:38	0:41:43	1:27:50	2:05:26	2:26:58	2:48:56
193	971	Walker, Daniel (GBR)	81		AK M40	39	2:59:17	3:02:35	0:42:21	1:28:39	2:06:23	2:27:51	2:49:44
194	2805	Armenat, Martin (GER)	81	Die Laufpartner	AK M40	40	2:59:20	3:02:45	0:44:09	1:31:41	2:09:17	2:29:50	2:50:07
195	1516	Van Stappen, Jelle (BEL)	81	WALO	AK M40	41	2:59:20	3:02:38	0:42:07	1:28:16	2:06:18	2:27:46	2:49:29
196	1173	Lörsch, Simon (GER)	86		AK M35	38	2:59:22	3:02:48	0:42:27	1:29:21	2:06:50	2:28:00	2:49:34
197	2745	Grewiński, Tomasz (POL)	69	LIPIEC RUNNING TEAM	AK M60	15	2:59:23	3:02:40	0:42:16	1:28:54	2:07:06	2:28:46	2:50:05
198	1417	Rusznik, Piotr (POL)	75	Lipiec Running Team	AK M45	34	2:59:24	2:59:30	0:41:24	1:27:17	2:05:13	2:26:38	2:48:57
199	778	Herda, Michael (GER)	83	FES-Bahntechnik	AK M35	39	2:59:26	3:02:47	0:42:00	1:28:22	2:05:57	2:27:16	2:49:08
200	1170	Steinbach, Daniel (GER)	87	7CRun Team	AK M35	40	2:59:32	3:02:56	0:42:05	1:28:23	2:06:16	2:27:45	2:49:38
201	2316	Kiene, Sven (GER)	89		AK M30	35	2:59:33	3:02:48	0:42:19		2:06:24	2:27:53	2:49:45
202	1927	Bochniak, Bartłomiej Stefan (GER)	81	Eintracht Hildesheim	AK M40	42	2:59:45	2:59:57	0:42:29	1:29:17	2:06:48	2:28:15	2:50:07
203	2349	Knust, Rainer (GER)	63	Die Laufpartner	AK M65	8	2:59:48	3:00:02	0:42:59	1:29:40	2:07:43	2:29:00	2:50:24
204	2797	Theis, Ulrich (GER)	71	Hannover 96	AK M60	16	2:59:48	3:03:08	0:42:50	1:29:59	2:07:31	2:28:46	2:50:15
205	2427	Brunkhorst, Jörg (GER)	69	SG akquinet Lemwerder	AK M60	17	2:59:52	2:59:57	0:41:36	1:27:57	2:06:02	2:27:41	2:49:56
206	2206	Prodromou, Evangelos (GRE)	81	RUNTOOLS	AK M40	43	2:59:57	3:03:22	0:42:59	1:29:30	2:06:57	2:28:27	2:50:07
207	289	Schaper, Hendrik (GER)	75	TSV Victoria Linden	AK M45	35	3:00:15	3:00:21	0:42:30	1:30:02	2:08:06	2:29:42	2:51:01
208	1518	Winkler, Robert (GER)	86		AK M35	41	3:00:19	3:03:34	0:42:04	1:29:09	2:06:38	2:28:11	2:50:07
209	1799	Klein, Martin (GER)	73	Sportfreunde Weizenbier	AK M45	36	3:00:29	3:03:47	0:42:31	1:29:42		2:29:41	2:51:01
210	1261	Hahn, Tobias (GER)	90		AK M30	36	3:00:34	3:03:54	0:41:51	1:28:17	2:06:19	2:28:23	2:50:43
211	2132	Wesmann, Malte (GER)	89	EOSC Offenbach	AK M30	37	3:00:35	3:03:56	0:42:52	1:29:31	2:07:12	2:28:46	2:50:48
212	2071	Tselempis, Michael (GRE)	71	LesvosRunners	AK M60	18	3:00:53	3:04:09	0:43:33	1:30:50	2:08:38	2:29:48	2:51:16
213	1621	Mnet, Johannes (GER)	85	Spiridon Frankfurt	AK M35	42	3:01:05	3:04:27	0:42:18	1:28:27	2:06:25	2:28:18	2:50:38
214	2623	Bethke, Christoph (GER)	83		AK M35	43	3:01:18	3:01:34	0:39:27	1:23:05	2:00:13	2:23:22	2:49:55
215	2481	Meloni Rønn, Thomas (DEN)	73	Løbeklubben Hermes	AK M45	37	3:01:22	3:04:39	0:41:55	1:28:18		2:27:18	2:49:57
216	1067	Shannon, Lee (GBR)	81	Pembrokeshire Harriers	AK M40	44	3:01:34	3:04:56	0:42:19	1:28:50	2:07:25	2:29:12	2:51:51
217	1875	Adler, Patrick (GER)	81	TSV Heiligenrode	AK M40	45	3:01:37	3:05:23	0:41:43	1:28:04	2:06:26	2:28:30	2:51:35
218	1669	Dritsas, Ioannis (GRE)	85	S Runners	AK M35	44	3:01:38	3:04:52	0:43:12	1:29:51	2:07:09	2:28:37	2:51:05
219	1719	Jesche, Karsten (GER)	80	Jesche Runners	AK M40	46	3:01:45	3:05:04	0:41:51	1:28:13	2:05:56	2:27:27	2:50:43
220	2439	Roth, Daniel (GER)	83	TeambeVegt.de	AK M35	45	3:01:49	3:05:10	0:42:47	1:29:52	2:07:39	2:29:20	2:51:36
221	753	Pochmann, Felix (GER)	68	Hannover Athletics	AK M60	19	3:01:55	3:02:05	0:42:17	1:29:32		2:29:44	2:52:14
222	2322	Lepinay, Arnaud (FRA)	82		AK M40	47	3:01:56	3:05:17	0:42:59	1:30:37	2:08:41	2:29:58	2:51:59
223	208	Fleischer, Detlef (GER)	71	RUNNING Company	AK M60	20	3:01:59	3:05:26	0:43:05	1:29:50	2:07:52	2:29:33	2:51:50
224	1095	Clemens, Patrick (GER)	85	Hannover Runners e. V.	AK M35	46	3:02:16	3:02:40	0:42:13	1:29:19	2:07:17	2:29:06	2:51:47
225	2469	Höhne, Daniel (GER)	95	Running Crew	AK MHK	27	3:02:35	3:05:51	0:41:19	1:26:57	2:04:05	2:26:25	2:50:41

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
226	2384	Strobel, Holger (GER)	76	TG Werste	AK M45	38	3:02:37	3:05:54	0:41:54	1:28:23	2:06:10	2:27:56	2:51:27
227	2771	Meyer, Dirk (GER)	66	VfB Gorspen-Vahlsen e.V.	AK M65	9	3:02:49	3:06:08	0:41:57	1:28:25	2:06:39	2:28:51	2:52:08
228	2823	Rose, Stephan (GER)	78	VfL Bochum 1848	AK M40	48	3:02:50	3:06:09	0:42:34	1:29:55	2:08:10	2:30:20	2:52:54
229	2135	Bauduin, Julien (BEL)	83		AK M65	47	3:02:59	3:06:32	0:42:18	1:29:27	2:07:45	2:29:25	2:52:32
230	1443	Bebek, Dennis (GER)	91	Lehrte	AK M30	38	3:03:06	3:06:30	0:41:36	1:27:27	2:06:15	2:29:14	2:52:40
231	1629	Zwanenburg, Tue (DEN)	93		AK MHK	28	3:03:11	3:06:26	0:42:55	1:29:46	2:08:17	2:30:22	2:52:57
232	2749	Grädig, Daniel (GER)	78		AK M40	49	3:03:38	3:07:00	0:42:03		2:06:19	2:28:11	2:51:44
233	2653	Bauer, Thomas (GER)	62	TF Feuerbach	AK M60	2	3:03:40	3:03:48	0:42:16	1:29:37	2:08:09	2:30:10	2:53:26
234	2775	Huppertz, Klaus (GER)	67		AK M65	10	3:03:47	3:07:04	0:42:23	1:29:19	2:08:15	2:30:50	2:53:45
235	1747	Brouwer, Mke (GER)	78	LSF Münster	AK M40	50	3:03:58	3:04:08	0:42:22		2:06:51	2:28:42	2:53:08
236	1224	Endres, Torsten (GER)	81	PV Triathlon TG Witten	AK M40	51	3:04:36	3:07:50	0:42:24	1:28:32	2:05:34	2:27:21	2:53:16
237	344	Heymann, Michael (GER)	79		AK M40	52	3:04:39	3:08:20	0:41:26	1:28:12	2:08:14	2:31:15	2:54:26
238	2632	Fahrion, Stefan (GER)	72	LAV Stadtwerke Tübingen	AK M45	39	3:04:47	3:04:57	0:43:26	1:31:10	2:09:41	2:31:57	2:54:41
239	1882	Couzijn, Erik (NED)	80		AK M40	53	3:04:55	3:08:11	0:42:28	1:29:46	2:08:38	2:31:04	2:54:22
240	2209	Scherzer, Simon (GER)	92		AK M30	39	3:05:02	3:08:20	0:43:08	1:30:48	2:09:59	2:32:26	2:55:15
241	1396	Schropp, Michael (GER)	64	RUNNING Company	AK M65	11	3:05:04	3:08:30	0:43:07	1:31:12	2:10:06	2:32:26	2:55:09
242	2331	Amann, Michael (GER)	64	LG Lohr-Rechtenbach	AK M65	12	3:05:08	3:05:21	0:42:14	1:29:30	2:08:47	2:31:19	2:54:39
243	258	Römhild, Andreas (GER)	72	LG Bremen Nord	AK M60	21	3:05:16	3:05:23	0:42:17	1:30:32	2:09:48	2:32:30	2:55:23
244	1335	Chelmicki, Grzegorz (POL)	73	Lipiec Running Team	AK M45	40	3:05:22	3:08:38	0:42:18	1:28:33	2:06:23	2:28:09	2:52:52
245	2664	Draxler, Manfred (GER)	62	MfV 1881 Ingolstadt	AK M60	3	3:05:26	3:05:34	0:43:27	1:31:21	2:10:04	2:32:32	2:55:08
246	2615	Holt-Kristensen, Lars (DEN)	79		AK M40	54	3:05:28	3:08:50	0:43:11	1:30:54	2:09:40	2:31:58	2:55:07
247	1057	Prigge, Marius (GER)	90	Laktat Intolerant	AK M30	40	3:05:42	3:09:01	0:42:39	1:29:16	2:07:29	2:30:29	2:54:37
248	2432	Denner, Helmut (GER)	67	TSV Kupferzell	AK M65	13	3:05:49	3:06:03	0:43:34	1:31:37	2:10:45	2:33:25	2:55:56
249	1625	Lange, Maik (GER)	73	STV Sörup	AK M45	41	3:06:03	3:06:10	0:40:44	1:29:00	2:09:01	2:31:56	2:55:26
250	1856	König, Jens (GER)	67	Hannover 96	AK M65	14	3:06:08	3:06:15	0:44:16	1:32:55	2:12:02	2:34:02	2:56:09
251	2680	Kerzel, Christian (GER)	65	LSF Oldenburg	AK M65	15	3:06:16	3:06:32	0:41:18	1:27:32	2:05:58	2:28:53	2:53:59
252	1448	Wetzel, Justin (GER)	02	SG Stadtwerke Freising	AK MHK	29	3:06:17	3:06:29	0:42:21	1:29:29	2:08:24	2:31:47	2:55:17
253	2696	Bär, Mario (GER)	72		AK M60	22	3:06:22	3:09:40	0:42:23	1:28:55	2:08:58	2:32:20	2:55:33
254	1622	Eiriksson, Margeir (ISL)	65	HHHC	AK M65	16	3:06:31	3:09:49	0:42:05	1:29:12	2:09:18	2:32:16	2:55:50
255	2723	Lasch, Martin (GER)	85	Auslauferschule Bunert	AK M65	48	3:06:42	3:10:01	0:44:58	1:33:47	2:13:50	2:35:57	2:57:26
256	439	Kortmann, Volker (GER)	69	TuS OBLintorf	AK M60	23	3:06:46	3:06:50	0:43:12	1:30:44	2:10:21	2:32:38	2:56:11
257	2007	Amdt, Johannes (GER)	91	EPE ETH	AK M30	41	3:06:48	3:10:17	0:44:47	1:33:15	2:12:30	2:34:42	2:56:55
258	2157	Christiansen, Per (DEN)	83		AK M65	49	3:06:54	3:10:10	0:42:14	1:29:08	2:09:19	2:32:28	2:55:55
259	1480	Hopf, Ralph (GER)	72	DAV Röttenbach	AK M60	24	3:06:56	3:10:20	0:42:18	1:29:35	2:09:01	2:32:02	2:55:54
260	2585	Renzelhausen, Julian (GER)	93		AK MHK	30	3:07:00	3:10:23	0:44:01	1:32:22	2:11:59	2:34:09	2:56:39
261	1994	Jakobsen, Johnny Kjaer (DEN)	72	Amok Aalborg	AK M60	25	3:07:03	3:10:22	0:44:09	1:33:32	2:13:15	2:35:14	2:57:09
262	2712	Ehret, Benjamin (GER)	87	FC Eggkofen	AK M65	50	3:07:04	3:10:22	0:42:16		2:06:20	2:29:22	2:55:19
263	1430	Ebert, Enrico (GER)	81	SC Denker '95 e.V.	AK M40	55	3:07:29	3:07:40	0:41:08	1:27:13	2:06:17	2:30:21	2:56:08
264	2550	Pisareck, Jens (GER)	78	futureFit Garbsen	AK M40	56	3:07:41	3:10:57	0:42:26	1:29:15	2:08:58	2:32:11	2:56:24
265	253	Arlinghaus, Thomas (GER)	80	LSF Münster	AK M40	57	3:07:47	3:08:05	0:44:23	1:33:07	2:12:41	2:34:54	2:57:41
266	2081	Lahm, Edwin (GER)	66	Hannover 96	AK M65	17	3:07:54	3:08:04	0:43:22	1:31:37	2:10:59	2:33:59	2:57:26
267	1285	Glöge, Jan (GER)	80		AK M40	58	3:07:57	3:11:17	0:42:13	1:28:28	2:06:23	2:30:41	2:55:59
268	667	Bemdt, Martin (GER)	93		AK MHK	31	3:07:57	3:11:20	0:42:06	1:28:54	2:08:05	2:31:46	2:56:58
269	750	Ruhstrat, Steven (USA)	70	MARQUARDT RUNNING	AK M60	26	3:08:01	3:11:19	0:42:32	1:30:34	2:11:19	2:34:22	2:57:41
270	873	Marzog, Bill (GER)	87	Kraetzval e.V.	AK M65	51	3:08:06	3:14:21	0:46:02	1:35:35	2:14:32	2:35:59	2:58:06

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
271	2396	Nyhuis, Elmar (GER)	70	OSC Damme	AK M60	27	3:08:12	3:08:18	0:39:04	1:22:58	2:08:55	2:33:37	2:57:52
272	1690	Zaleckis, Rokas (LTU)	84	Runglorious Bastards	AK M35	52	3:08:35	3:11:59	0:42:15	1:28:34	2:08:44	2:32:24	2:57:29
273	1652	Pikus, Przemek (POL)	78	Lipiec Running Team	AK M40	59	3:08:37	3:11:53	0:43:39	1:32:10	2:11:53	2:34:37	2:57:57
274	2752	Leitritz, Fabian (GER)	82		AK M40	60	3:08:50	3:12:10	0:44:35	1:33:56	2:14:04	2:36:26	2:59:01
275	2181	Lindtner, Jan Niklas (GER)	95		AK MHK	32	3:08:54	3:12:12	0:42:21	1:28:31	2:07:24	2:31:55	2:57:44
276	2095	Czerny, Mirko (GER)	80		AK M40	61	3:08:56	3:12:17	0:42:23	1:29:44	2:08:14	2:32:50	2:57:25
277	2688	Abke, Jörg (GER)	70	SG Strietwald, Aschaffenburg	AK M60	28	3:09:00	3:12:25	0:44:08	1:33:16	2:13:17	2:35:46	2:58:46
278	1105	Wagner, Simon (GER)	82	SV Nordenham	AK M40	62	3:09:06	3:09:24	0:45:06	1:31:34	2:11:23	2:34:58	2:58:33
279	2753	Bielmann, Tim (GER)	80		AK M40	63	3:09:13	3:12:27	0:41:57	1:28:45	2:08:42	2:32:51	2:57:46
280	1937	Schiller, Dominik (GER)	89		AK M30	42	3:09:14	3:12:39	0:45:30	1:35:15	2:14:59	2:37:16	2:59:32
281	2793	Lenz, Jonas (GER)	90	LT Bittermark Dortmund	AK M30	43	3:09:16	3:12:39	0:44:52	1:33:42	2:13:45	2:35:57	2:58:55
282	2449	Lod, Klaus (GER)	79		AK M40	64	3:09:17	3:12:45	0:44:34	1:33:30	2:13:13	2:35:37	2:58:36
283	1412	Borker, Jan (GER)	84	Lauffreff Südlohne	AK M35	53	3:09:17	3:12:51	0:43:58	1:31:46	2:11:44	2:34:41	2:58:16
284	2558	Kirchberg, Andreas (GER)	84	TSV Bokeloh Triathlon	AK M35	54	3:09:23	3:09:34	0:41:26	1:27:02	2:05:57	2:30:59	2:57:31
285	2675	Lange, Ralf (GER)	66	Spiridon Frankfurt	AK M45	42	3:09:29	3:09:43	0:44:48	1:34:31	2:14:42	2:37:05	2:59:22
286	171	Rother, Tom (GER)	84	Siechen+Kriechen statt	AK M35	55	3:09:41	3:13:17	0:45:56	1:36:57	2:15:17	2:37:11	2:59:28
287	1313	Dmitrii, Perevoznik (RUS)	89		AK M30	44	3:09:44	3:13:01	0:42:19	1:28:31	2:07:45	2:31:47	2:58:12
288	342	Rühle, Andreas (GER)	62	VfB Uplengen	AK M60	4	3:09:50	3:10:06	0:44:52	1:34:37	2:14:59	2:37:38	3:00:07
289	353	Garrels, Remo (GER)	76	LG Uplengen	AK M45	43	3:09:50	3:10:06	0:44:52	1:34:37	2:14:59	2:37:38	3:00:07
290	2614	Petris, Sofianos (GRE)	88	Santa Running Team	AK M30	45	3:09:55	3:13:19	0:45:02	1:33:51	2:14:01	2:36:30	2:59:38
291	1423	Franzke, Martin (GER)	72	Fit2Run-Beckum	AK M60	29	3:10:05	3:13:39	0:43:42	1:32:34	2:12:42	2:35:43	2:59:23
292	319	Leichsenring, Tobias (GER)	77	taxandsurf Steuerberatungs	AK M45	44	3:10:15	3:13:55	0:43:28	1:31:43	2:11:47	2:35:11	3:00:06
293	1822	Lauber, Dennis (GER)	88		AK M30	46	3:10:24	3:13:49	0:42:17	1:29:45	2:10:50	2:34:28	2:59:23
294	1392	Schubert, Ingo (GER)	74		AK M45	45	3:10:27	3:13:50	0:43:35	1:32:05	2:12:02	2:35:16	2:59:23
295	983	Schorr, Andi (GER)	66	ALWAYS ULTRA RACING	AK M35	18	3:10:28	3:10:38	0:42:38	1:29:31	2:08:32	2:31:43	2:58:17
296	1962	Gerlach, Christian (GER)	82		AK M40	65	3:10:34	3:13:55	0:41:45	1:28:27	2:07:40	2:31:40	2:58:28
297	1436	Schölzel, Jan (GER)	94	Klaus Enough	AK MHK	33	3:10:43	3:14:06	0:43:34	1:32:00	2:12:19	2:35:16	2:59:19
298	1727	Klein, Andreas (GER)	78	Muzungu Runner	AK M40	66	3:10:53	3:14:16	0:43:50	1:32:29	2:11:52	2:34:45	2:59:32
299	1185	Heitmeyer, Stefan (GER)	77	TV Georgsmarienhütte	AK M45	46	3:10:55	3:11:12	0:42:57	1:31:18	2:11:23	2:34:53	2:59:37
300	1568	Bartel, Sascha (GER)	65	ASV Köln	AK M35	19	3:11:04	3:14:32	0:46:03	1:37:16	2:18:19	2:40:11	3:01:42
301	412	Meinen, Roman (GER)	74		AK M45	47	3:11:08	3:14:21	0:42:25	1:30:10	2:11:02	2:35:09	2:59:52
302	2227	Pütz, Hans-Dieter (GER)	61	TV Refrath	AK M60	5	3:11:23	3:11:35	0:44:27	1:33:12	2:12:46	2:35:16	2:59:42
303	2301	Piepenbreier, Olaf (GER)	71		AK M60	30	3:11:23	3:14:51	0:45:43	1:35:51	2:16:15	2:38:33	3:01:02
304	959	Bertram, Marco (GER)	82	Delligser SC	AK M40	67	3:11:23	3:14:38	0:42:29	1:30:10	2:09:53	2:34:06	3:00:11
305	2247	Kyrios, Sarantos (GRE)	67	Toulas Runners	AK M35	20	3:11:48	3:15:02	0:44:13	1:32:37	2:13:06	2:36:41	3:00:39
306	2208	Petrakis, Ioannis (GRE)	90	Paleochora TRT	AK M30	47	3:11:49	3:15:14	0:45:09	1:34:07	2:14:28	2:37:00	3:00:17
307	2747	Mann, Hugo (GER)	54	TSV Penzberg	AK M35	3	3:11:51	3:11:58	0:43:27	1:32:55	2:14:07	2:37:38	3:01:09
308	2603	Rühlemann, Wolfgang (GER)	57	MfV-Seesen	AK M35	4	3:11:56	3:12:00	0:43:06	1:31:37	2:11:47	2:34:54	2:59:58
309	1936	Agel, Andreas (GER)	85	Lübecker SC	AK M35	56	3:12:06	3:16:09	0:43:52	1:32:32	2:13:08	2:36:53	3:01:02
310	1458	Böttner, Christopher (GER)	91	ASC Göttingen 1846 e.V.	AK M30	48	3:12:13	3:15:37	0:45:24	1:35:16	2:15:48	2:38:32	3:01:57
311	2165	Schmid, Roger (SUI)	82		AK M40	68	3:12:15	3:15:35	0:44:55	1:34:14	2:14:39	2:37:34	3:01:01
312	2403	Fischerich, Robert (GER)	72		AK M60	31	3:12:59	3:16:26	0:45:24	1:35:46	2:16:53	2:39:46	3:02:42
313	1257	Schünke, Kevin (GER)	97		AK MHK	34	3:13:15	3:16:43	0:46:04	1:37:16	2:18:26	2:41:26	3:03:44
314	279	Potreck, Jan (GER)	86	Trionik Multisport GmbH	AK M35	57	3:13:26	3:16:58	0:45:56	1:36:22	2:16:43	2:39:19	3:02:51
315	2557	Cudina, Tomica (CRO)	80		AK M40	69	3:13:36	3:17:05	0:46:07	1:37:33	2:18:43	2:41:07	3:03:38

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
316	2743	Niehus, Alexander (GER)	94		AK MHK	35	3:14:11	3:17:53	0:46:01	1:36:47	2:17:46	2:40:15	3:03:34
317	212	Dobbelaere, Steven (BEL)	85		AK MB5	58	3:14:20	3:17:48	0:46:04	1:37:16	2:18:26	2:41:26	3:04:10
318	161	Bultmann, Jürgen (GER)	61	VCLG Nienburg	AK M60	6	3:14:21	3:14:33	0:45:41	1:36:37	2:17:53	2:40:58	3:03:58
319	2375	Herrgott, Marc (GER)	74		AK M45	48	3:14:23	3:17:51	0:45:23	1:35:00	2:15:45	2:39:20	3:03:19
320	1369	Heinrich, Dennis (GER)	79	Hannover Athletics	AK M40	70	3:14:24	3:14:42	0:46:13	1:37:14	2:18:11	2:41:00	3:04:08
321	1871	Gautsch, Sebastian (GER)	95		AK MHK	36	3:14:24	3:17:55	0:46:08	1:37:13	2:18:23	2:41:23	3:04:11
322	2727	Fridleifsson, Fridleifur (ISL)	70	HHHC	AK M60	32	3:14:25	3:17:52	0:43:58	1:32:03	2:11:55	2:38:14	3:02:56
323	1218	Gill, Stefan (GER)	81	Laufgruppe Göttingen	AK M40	71	3:14:29	3:18:24	0:45:00	1:34:58	2:16:35	2:40:07	3:03:53
324	1978	Lenke, Dusty (GER)	84		AK MB5	59	3:14:30	3:18:02	0:45:36	1:35:59	2:17:33	2:40:40	3:03:55
325	135	Brachs, Daniel (SUI)	76		AK M45	49	3:14:31	3:17:56	0:44:38	1:33:47	2:14:43	2:38:21	3:03:24
326	764	Thomschke, Jan (GER)	82	Delligser SC	AK M40	72	3:14:32	3:17:46	0:42:12	1:29:53	2:11:27	2:35:58	3:03:12
327	1471	Rüther, Sven (GER)	95		AK MHK	37	3:14:41	3:18:49	0:45:24	1:36:35	2:17:56	2:41:49	3:04:36
328	1100	Lindlar, Patrick (GER)	76		AK M45	50	3:14:45	3:18:14	0:45:38	1:36:01	2:17:03	2:40:25	3:04:00
329	2223	Sperlich, David (GER)	88	Team Erdinger Alkoholfrei	AK M30	49	3:14:45	3:18:09	0:45:34	1:36:06	2:17:19	2:40:44	3:04:06
330	1010	Lindlar, Marcell (GER)	75	SC Blau Weiß Osterland	AK M45	51	3:14:45	3:18:14	0:45:38	1:36:01	2:17:03	2:40:25	3:04:00
331	712	Mantel, Jascha (GER)	92	Laufen gegen Leiden e.V.	AK M30	50	3:14:48	3:18:16	0:45:41	1:36:42	2:18:22	2:41:33	3:04:45
332	1494	Ringeisen, Peter (GER)	75	LSG Goldener Grund	AK M45	52	3:14:49	3:14:56	0:41:57	1:30:17	2:12:46	2:37:40	3:03:10
333	2635	Rasmussen, Soren (DEN)	66		AK M65	21	3:14:51	3:15:14	0:44:08	1:32:19	2:11:39	2:34:08	3:00:20
334	2706	Beneke, Andreas (GER)	74	TSV Victoria Linden	AK M45	53	3:14:52	3:18:20	0:45:43	1:35:56	2:17:26	2:40:43	3:04:23
335	349	Kreilkamp, Lukas (GER)	95		AK MHK	38	3:15:00	3:18:38	0:47:59	1:39:35	2:20:32	2:43:31	3:05:43
336	2272	Metz, Richard (GER)	84	LG Uni Lübeck	AK MB5	60	3:15:01	3:18:28	0:46:02	1:37:16	2:18:26	2:41:26	3:04:31
337	2213	Scheve, Dominik (GER)	91		AK M30	51	3:15:02	3:18:28	0:46:08	1:37:18	2:18:28	2:41:28	3:04:31
338	2638	Prenzler, Jörn (GER)	80	Hannover 96 Triathlon	AK M40	73	3:15:06	3:18:35	0:45:57	1:36:58	2:16:54	2:39:31	
339	1599	Hecker, Toni (GER)	83	Ultra Sport Club Marburg	AK MB5	61	3:15:08	3:18:35	0:46:02	1:37:16	2:18:27	2:41:26	3:04:31
340	1341	Ogrizek, Andreas (GER)	89	LGV Marathon Giessen	AK M30	52	3:15:10	3:18:37	0:46:02	1:37:17	2:18:27	2:41:29	3:04:33
341	666	Pleteit, Jürgen (GER)	65	OG Hannover	AK M65	22	3:15:18	3:18:42	0:46:12	1:37:25	2:18:32	2:41:33	3:04:39
342	1823	Löber, Marcel (GER)	78	Laufteam Kassel	AK M40	74	3:15:23	3:15:28	0:44:22	1:33:17	2:14:55	2:39:20	3:04:26
343	2290	Langen, Stefan (GER)	69	TV Georgsmarienhütte	AK M45	54	3:15:42	3:16:00	0:43:42	1:31:18	2:12:42	2:37:25	3:04:19
344	359	Daniel, Falko (GER)	77		AK M45	55	3:15:45	3:19:10	0:47:36	1:39:09	2:20:12	2:43:02	3:05:34
345	2597	Vetter, Albert-Eugen (GER)	54	LT Unterkimach	AK M65	5	3:15:46	3:15:54	0:45:26	1:35:59	2:17:46	2:41:14	3:05:14
346	108	Orlowski, Bernd (GER)	57	LV Oelde	AK M65	6	3:15:49	3:15:54	0:44:08	1:35:42	2:17:17	2:41:04	3:05:03
347	1753	Plage, Sebastian (GER)	87	TV DE Hotteln	AK MB5	62	3:15:49	3:21:02	0:47:06	1:38:03	2:18:07	2:40:46	3:04:56
348	2639	Kettern, Jörg (GER)	68	Hannover Athletics	AK M60	33	3:15:49	3:16:08	0:46:13	1:37:13	2:18:10	2:40:59	3:04:24
349	1715	Pantazopoulos, Panagiotis (GRE)	66	MARATHON CLUB ATHENS	AK M65	23	3:15:50	3:19:31	0:52:09	1:47:51	2:31:34		3:03:40
350	523	Schaper, Lars (GER)	74	MfV Bad Pyrmont	AK M45	56	3:16:08	3:19:37	0:46:08	1:37:26	2:18:50	2:42:06	3:05:47
351	2769	Cornelius, Markus (GER)	73	Anzeiger für Harlingerland	AK M45	57	3:16:09	3:19:28	0:44:59	1:34:28	2:14:44	2:38:49	3:04:39
352	1766	Neuhausen, Jürgen (GER)	63	Recklinghäuser LC	AK M65	24	3:16:10	3:16:21	0:45:41	1:36:17	2:17:49	2:41:18	3:05:19
353	2089	Klausch, Sebastian (GER)	76	TUS Holtenau Kiel	AK M45	58	3:16:11	3:19:51	0:42:03		2:09:58	2:35:24	3:02:49
354	1084	Herke, Steffen (GER)	71	Ultrafriesen e.V.	AK M60	34	3:16:13	3:19:42	0:46:01	1:37:14	2:18:24	2:41:26	3:05:18
355	746	Kemmler, Roman (GER)	81	Turngemeinde in Berlin 1848	AK M40	75	3:16:21	3:16:26	0:45:52	1:36:34	2:18:24	2:42:26	3:06:07
356	2307	Strüber, Bert (GER)	64	LAC Langenhagen	AK M65	25	3:16:25	3:16:59	0:45:02	1:35:23	2:17:09	2:41:01	3:05:44
357	2628	Häckl, Markus (GER)	80		AK M40	76	3:16:31	3:20:00	0:46:05	1:36:58	2:17:36	2:41:01	3:05:14
358	2419	Knisel, Geroald (GER)	57	LAV Stadtwerke Tübingen	AK M65	7	3:16:34	3:16:38	0:45:32	1:35:59	2:17:37	2:41:04	3:05:26
359	518	Bruk, David (CZE)	68	Behshop.cz	AK M60	35	3:16:36	3:20:13	0:46:58	1:38:32	2:20:01	2:43:34	
360	549	Blaabjerg, Claus (DEN)	73	Klub 100 Marathon Danmark	AK M45	59	3:16:41	3:20:16	0:45:53	1:37:08	2:18:17	2:41:21	3:05:17

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
361	958	Kok, Jascha (GER)	87	Hannover Athletics	AK M85	63	3:16:41	3:16:51	0:42:16	1:29:32	2:08:11	2:30:59	3:00:09
362	121	Beszon, Reinhard (GER)	67	Hannover 96	AK M65	26	3:16:43	3:20:24	0:46:41	1:37:54	2:19:45	2:43:29	3:06:26
363	1876	Müller, Clemens (GER)	69	TSV Riedlingen	AK M60	36	3:16:49	3:16:52	0:43:02	1:31:47	2:13:16	2:38:07	3:04:30
364	1525	Da Conceicao, Toni (GER)	73	LSG Goldener Grund	AK M45	60	3:16:52	3:17:08	0:47:05	1:39:31	2:21:20	2:44:34	3:07:11
365	2235	Ivkovic, Kresimir (CRO)	83	Team Erdinger Alkoholfrei	AK M85	64	3:16:57	3:17:02	0:47:04	1:38:14	2:20:26	2:43:27	3:06:41
366	2580	Schacht, Andreas (GER)	63	Hannover 96	AK M65	27	3:16:58	3:17:04	0:44:16	1:33:36	2:15:37	2:40:20	3:05:39
367	2757	Ulbrich, Jens (GER)	73	VfL Bückeburg	AK M45	61	3:16:59	3:20:59	0:46:28	1:38:14	2:20:01	2:42:56	3:06:22
368	209	Ahrens, Sven (GER)	68	LSF Münster	AK M60	37	3:17:17	3:17:35	0:46:14	1:37:15	2:18:49	2:42:04	3:06:09
369	1041	Susemihl-Behaghel, Ingo (GER)	67	ATS Buntentor Bremen	AK M65	28	3:17:27	3:17:40	0:45:20	1:35:49	2:17:39	2:41:31	3:06:11
370	2416	Diedrich, Christian (GER)	58	LAV Stadtwerke Tübingen	AK M60	7	3:17:29	3:17:33	0:45:29	1:35:59	2:17:36	2:41:11	3:06:01
371	2732	Grosser, Alexander (GER)	77	GutsMuths-Rennsteiglaufvere	AK M45	62	3:17:37	3:21:12	0:48:16	1:40:48	2:22:37	2:45:18	3:07:45
372	2430	Salih, Farid (GER)	74		AK M45	63	3:17:44	3:21:37	0:45:38	1:36:49	2:17:59	2:41:01	3:05:38
373	1785	Möbius, Hartmut (GER)	67	Hannover 96 Triathlon	AK M65	29	3:17:55	3:21:30	0:44:40	1:33:35	2:14:40	2:39:27	3:05:29
374	1610	Kehde, Christian (GER)	80	Teuto Runner	AK M40	77	3:18:02	3:21:18	0:44:43	1:35:21	2:18:03	2:42:11	3:06:54
375	265	Hagemann, Stefan (GER)	83		AK M85	65	3:18:13	3:21:34	0:47:45	1:40:41	2:22:37	2:45:42	3:08:11
376	130	Mueller, Tim (GER)	76		AK M45	64	3:18:15	3:18:27	0:45:53	1:38:31	2:21:40	2:44:40	3:07:45
377	1756	Balzer, Frank (GER)	69	VfB Fallersleben	AK M60	38	3:18:16	3:18:30	0:41:49	1:28:59	2:11:54	2:38:59	3:06:48
378	2685	Alheid, Uwe (GER)	69	SV Blau Weiß Dodenhäusen	AK M60	39	3:18:26	3:18:38	0:43:36	1:33:53	2:16:38	2:41:27	3:07:10
379	1325	Kellenberger, Florian (GER)	86		AK M85	66	3:18:34	3:22:20	0:48:20	1:40:26	2:21:29	2:44:35	3:07:47
380	1553	Ootes, Ruud (NED)	77	Pijnenburg	AK M45	65	3:18:34	3:21:50	0:42:21	1:28:31		2:30:24	
381	1082	Cyrol, Thomas (GER)	79	INTEGRALIS-GRUPPE	AK M40	78	3:18:45	3:22:04	0:45:16	1:35:28	2:17:25	2:41:40	3:07:04
382	2456	Jung, Florian (GER)	89	Jungstar Pacemakers	AK M80	53	3:18:51	3:22:44	0:47:09	1:37:54	2:20:41	2:44:34	3:08:14
383	1628	Mechtig-Freund, Tobias (GER)	85		AK M85	67	3:18:51	3:23:26	0:44:00	1:34:12	2:16:22	2:40:22	3:06:21
384	1575	Schrader, Marvin (GER)	88		AK M80	54	3:19:07	3:22:40	0:47:25	1:39:47	2:22:57	2:45:56	3:09:06
385	2150	Brocks, Georg-Friedrich (GER)	69	ESKALATIONSKOMMANDO	AK M60	40	3:19:08	3:22:28	0:45:28	1:36:35	2:18:38	2:42:18	3:07:42
386	162	Mascioli, Marco (ITA)	60		AK M60	8	3:19:09	3:22:46	0:47:29	1:39:32	2:21:23	2:44:52	3:08:28
387	1584	Lenz, Julian (GER)	84		AK M85	68	3:19:14	3:23:34	0:49:55	1:43:08	2:24:21	2:46:45	3:09:10
388	2373	Ostrowski, Yves (GER)	84	TSVE 1890 Bielefeld	AK M85	69	3:19:16	3:22:43	0:45:40	1:36:01	2:17:06	2:40:27	3:05:58
389	1120	Habedank, Thorsten (GER)	73	100 Marathon Club	AK M45	66	3:19:19	3:22:53	0:45:38	1:37:08	2:19:25	2:43:57	3:08:29
390	2423	Fink, Olaf (GER)	69	VfB Fallersleben	AK M60	41	3:19:23	3:19:37	0:45:57	1:37:51	2:20:47	2:44:47	3:09:07
391	2343	Röckle, Silas (GER)	89	Team Erdinger Alkoholfrei	AK M80	55	3:19:32	3:23:05	0:45:22	1:35:46	2:17:35	2:42:05	3:08:02
392	2346	Meiß, Hendrik (GER)	85		AK M85	70	3:19:33	3:19:59	0:47:32	1:39:40	2:21:48	2:45:47	3:09:24
393	1716	Tsilivakos, Ioannis (GRE)	69	MARATHON CLUB ATHENS	AK M60	42	3:19:36	3:23:17	0:49:36	1:41:46	2:23:11	2:46:22	3:09:17
394	1911	Wassmann, Daniel (GER)	87	Laufen gegen Leiden e.V.	AK M85	71	3:19:38	3:22:56	0:42:11	1:32:00	2:15:49	2:42:45	3:09:20
395	1571	Weber, Philipp (GER)	85	SV Nienhagen	AK M85	72	3:19:48	3:20:10	0:46:26	1:37:12	2:18:46	2:42:19	3:07:54
396	1382	Wojdyla, Rafal (POL)	90		AK M80	56	3:19:59	3:23:23	0:44:03	1:32:28	2:14:04	2:40:39	3:08:00
397	2660	Müller, Tino (GER)	80		AK M40	79	3:20:00	3:23:35	0:45:20	1:34:54	2:15:32	2:40:22	3:07:35
398	1402	Zimneck, Clément (GER)	00	SV Roter Stern Hannover	AK MHK	39	3:20:09	3:23:43	0:46:08	1:37:11	2:18:41	2:42:47	3:08:18
399	2379	Lange, Herbert (GER)	68	MTV Nienburg von 1862 e.V.	AK M60	43	3:20:14	3:20:23	0:41:36	1:30:29	2:13:21	2:39:29	3:07:14
400	1139	Dam, Morten (DEN)	88		AK M80	57	3:20:18	3:23:55	0:47:23	1:40:19	2:24:03	2:46:42	3:10:09
401	1378	Saiz Romero, Victor (ESP)	83		AK M85	73	3:20:20	3:24:16	0:47:07	1:38:43	2:21:05	2:45:31	3:09:40
402	1278	He, Jie (GER)	78		AK M40	80	3:20:23	3:25:01	0:45:46	1:36:13	2:17:14	2:40:20	3:07:05
403	2520	Schwenker, Eike (GER)	77	Sparkasse Rotenburg	AK M45	67	3:20:24	3:23:52	0:46:24	1:37:29	2:19:22	2:44:03	3:09:09
404	975	Jasick, Lumír (CZE)	78	Trek 1324	AK M40	81	3:20:27	3:23:54	0:44:41	1:33:46	2:14:57	2:39:40	3:07:46
405	1968	Kölpin, Daniel (GER)	85		AK M85	74	3:20:32	3:23:49	0:42:18	1:28:58	2:10:16	2:38:04	3:07:18

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
406	360	Sievert, Thomas (GER)	70	TV Oppenheim	AK M60	44	3:20:49	3:20:54	0:43:12	1:31:34	2:11:45	2:36:39	3:08:13
407	1993	Beta, Maik (GER)	89	STV Sörup	AK M60	58	3:20:50	3:21:09	0:45:06	1:34:39	2:17:09	2:43:00	3:09:38
408	1134	Lisson, Roger (GER)	76	LC Duisburg	AK M45	68	3:20:53	3:21:01	0:43:53	1:32:47	2:15:37	2:41:11	3:08:52
409	907	Görlich, Karsten (GER)	76		AK M45	69	3:20:54	3:24:37	0:48:19	1:40:49	2:23:09	2:46:40	3:10:13
410	1176	Poppe, Jan Bernd (GER)	01	ATV Albertia Göttingen	AK MHK	40	3:20:57	3:26:18	0:49:25	1:43:39	2:25:20	2:47:58	3:11:07
411	1116	Arica, Mahmut (GER)	73	LSF Münster	AK M45	70	3:21:02	3:21:14	0:42:25	1:29:29	2:08:06	2:41:37	3:10:05
412	2748	Jeske, Andreas (GER)	68		AK M60	45	3:21:13	3:25:00	0:47:07	1:39:51	2:22:51	2:46:56	3:10:30
413	2351	Krüger, Enrico (GER)	81	Deine Mudda Hannover	AK M40	82	3:21:13	3:25:37	0:47:45	1:39:51	2:21:58	2:45:46	3:10:07
414	1151	Nederby Michelsen, Rasmus (DEN)	93		AK MHK	41	3:21:19	3:25:00	0:48:08	1:40:02	2:22:21	2:46:07	3:10:25
415	1616	Scholz, Tim (GER)	85	TuS Jahn Hilfarth	AK M65	75	3:21:21	3:25:00	0:47:24	1:40:08	2:23:10	2:46:33	3:10:08
416	1014	Kokel, Ricky (GER)	77	Dresdner SC 1898	AK M45	71	3:21:24	3:21:36	0:46:59	1:39:08	2:22:07	2:46:11	3:10:38
417	729	Potthoff, Benjamin (GER)	80		AK M40	83	3:21:25	3:24:55	0:46:02	1:37:16	2:18:56	2:43:24	3:09:22
418	950	Lange, Timm (GER)	74		AK M45	72	3:21:26	3:25:05	0:48:25	1:41:16	2:23:43	2:47:18	3:10:58
419	2220	Pöche, Tobias (GER)	78		AK M40	84	3:21:28	3:25:21	0:48:00	1:40:02	2:22:17	2:45:51	3:10:16
420	966	Malena, Nico (GER)	89	TuS Neukölln Berlin Triathlon	AK M60	59	3:21:31	3:25:20	0:48:01	1:40:49	2:23:35	2:47:17	3:10:56
421	2827	Janzen, Arne (GER)	88		AK M60	60	3:21:49	3:27:36	0:46:05	1:38:16	2:20:28	2:44:34	3:10:14
422	2686	Gregersen, Hans-Jürgen (GER)	60	SV Freie Waldorfschule	AK M60	9	3:21:55	3:22:05	0:45:29	1:37:29	2:20:50	2:45:27	3:10:35
423	1950	Priert, Viktor (GER)	89		AK M60	61	3:21:55	3:28:10	0:48:54	1:40:00	2:22:31	2:46:40	3:11:10
424	1605	Hmielosz, Sven (GER)	97		AK MHK	42	3:21:56	3:26:27	0:44:20	1:34:41	2:17:08	2:42:15	3:09:04
425	2370	Barenbrügge, Andreas (GER)	88	SuS Legden	AK M60	62	3:22:01	3:25:37	0:48:30	1:41:02	2:23:15	2:46:57	3:11:09
426	2059	Indestege, Jeroen (BEL)	89		AK M60	63	3:22:08	3:25:44	0:45:57	1:37:07	2:19:59	2:45:17	3:11:19
427	2830	Deicke, Sebastian (GER)	83	SC Marklohe 63	AK M65	76	3:22:12	3:26:39	0:46:07	1:37:33	2:20:27	2:45:32	3:11:11
428	136	Nolte, Florian (GER)	93	TSV Eintracht Wolfshagen	AK MHK	43	3:22:21	3:25:37	0:47:55	1:41:09		2:48:18	3:12:06
429	1608	Buchholz, Bernd (GER)	71	Hannover Athletics	AK M60	46	3:22:25	3:22:42	0:47:30	1:40:43	2:23:14	2:47:01	3:11:41
430	2321	Diepenbrock, Eddi (GER)	97	Northwood Runners e.V.	AK MHK	44	3:22:28	3:26:29	0:48:23	1:41:38	2:24:23	2:47:42	3:11:48
431	1883	Wunsch, Sebastian (GER)	77	MBC Running	AK M45	73	3:22:33	3:23:00	0:45:11	1:35:40	2:18:09	2:43:38	3:10:42
432	2811	Danilovic, Petar (GER)	76		AK M45	74	3:22:34	3:26:04	0:46:24	1:38:08	2:20:49	2:45:31	3:10:49
433	2185	Brauncajs, Tomasz (POL)	74		AK M45	75	3:22:35	3:26:07	0:48:33	1:42:09	2:25:11	2:48:52	3:12:25
434	2257	Reidick, Thomas (GER)	60	PSV Grün-Weiß Kassel	AK M60	10	3:22:41	3:22:47	0:46:30	1:38:57	2:21:41	2:45:50	3:10:54
435	2240	Peoch, David (FRA)	84		AK M65	77	3:22:47	3:27:33	0:48:17	1:41:08	2:23:57	2:47:30	3:12:13
436	2791	Hillebrand, Andreas (GER)	87		AK M65	78	3:22:55	3:27:12	0:49:04	1:41:33	2:24:01	2:47:52	3:12:07
437	2286	Müller, Daniel (GER)	91	Triathlon Salzgitter /Team	AK M60	64	3:22:55	3:26:12	0:49:39	1:44:13	2:26:27	2:50:10	3:12:58
438	2244	Rugenstein, Daniel (GER)	86		AK M65	79	3:22:55	3:28:20	0:46:56	1:37:51	2:19:16	2:43:46	3:10:33
439	1206	Herhold, Mathias (GER)	83		AK M65	80	3:23:08	3:26:33	0:46:10	1:37:21	2:19:52	2:45:09	3:11:18
440	2780	Paul, Torsten (GER)	69	TLV Rangsdorf	AK M60	47	3:23:09	3:26:48	0:47:56	1:41:04	2:23:57	2:48:12	3:12:19
441	343	Schönig, Michael (GER)	97	ABS Team GmbH	AK MHK	45	3:23:20	3:27:07	0:45:54	1:37:19	2:18:24	2:43:25	3:10:48
442	2238	Sender, Wolfram (GER)	66	AC	AK M65	30	3:23:39	3:26:56	0:47:30	1:40:03	2:23:06	2:47:34	3:12:23
443	1208	Yu, Yanfei (CHN)	92		AK M60	65	3:23:42	3:27:01	0:45:12	1:35:44	2:18:55	2:44:49	3:11:40
444	1028	Roth, Jan Hendrik (GER)	88		AK M60	66	3:23:48	3:27:34	0:48:29	1:40:53	2:23:28	2:47:42	3:12:29
445	1102	Felsmann, Axel (GER)	66	LSF Oldenburg	AK M65	31	3:23:49	3:27:34	0:48:07	1:40:58	2:23:56	2:48:07	3:12:20
446	259	Riemer, Jens (GER)	66	Rohfeld Runners	AK M65	32	3:23:52	3:27:28	0:48:11	1:40:40	2:23:51	2:48:07	3:12:42
447	1167	Völkner, Florian (GER)	93		AK MHK	46	3:23:58	3:28:04	0:48:16	1:40:49	2:23:06	2:46:46	3:12:11
448	2374	Reichert, Michael (GER)	83	Spiridon Frankfurt	AK M65	81	3:24:15	3:27:50	0:48:36	1:41:36	2:23:59	2:48:27	3:12:57
449	2252	Evers, Melvin (GER)	04	VfB Fallersleben	AK	1	3:24:17	3:28:57	0:50:39	1:45:53	2:29:06	2:52:25	3:14:40
450	1038	Scharfenberg, Nick (GER)	95		AK MHK	47	3:24:23	3:27:59	0:47:26	1:37:42	2:20:16	2:45:19	3:12:21

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
451	960	Wall, Henrik (GER)	90	Hannover Runners e. V.	AK M80	67	3:24:25	3:28:14	0:49:13	1:43:43	2:26:56	2:51:03	3:14:20
452	435	Damm, Simon (GER)	88	PV Triathlon TG Witten	AK M80	68	3:24:26	3:24:54	0:44:54	1:34:25	2:23:43	2:46:42	3:13:39
452	1995	Holzappel, Thomas (GER)	71	Hildener AT Triathlon	AK M60	48	3:24:26	3:24:47	0:47:17	1:39:38	2:21:41	2:47:14	3:12:46
454	1970	Mathiesen, Allan (DEN)	70		AK M60	49	3:24:34	3:28:16	0:48:52	1:42:02	2:25:02	2:49:00	3:13:29
455	2107	Lindenhahn, Philipp (GER)	90	Tierärztliche Hochschule	AK M80	69	3:24:37	3:30:12	0:47:33	1:42:00	2:25:11	2:49:39	3:13:48
456	382	Klotz, Stefan (GER)	71		AK M60	50	3:24:45	3:28:05	0:47:46	1:40:29	2:23:28	2:47:56	3:13:09
457	2731	Möllendorf, Heiko (GER)	71	Potsdamer Laufclub	AK M60	51	3:24:48	3:28:30	0:48:31	1:42:13	2:25:20	2:49:19	3:13:47
458	1772	Hoepfer, Christian (GER)	73	Südlohner Lauffreife.V	AK M45	76	3:24:53	3:28:28	0:47:20	1:40:16	2:23:12	2:47:42	3:12:52
459	222	Asche, Mike (GER)	76	Hannover Athletics	AK M45	77	3:24:56	3:25:13	0:47:59	1:42:10	2:25:44	2:50:04	3:14:24
460	2337	Karger, Volker (GER)	71	MfV 1846 Gießen	AK M60	52	3:25:09	3:28:22	0:44:12	1:32:55	2:14:54	2:41:24	3:10:51
461	1292	Kruse, Markus (GER)	75	Hunteburg	AK M45	78	3:25:09	3:28:56	0:46:28	1:37:55	2:21:30	2:46:47	3:13:11
462	1878	Hohl, Stefan (GER)	71	TSV Riedlingen	AK M60	53	3:25:11	3:25:26	0:49:03	1:42:52	2:27:00	2:51:22	3:14:56
463	2788	Oelofse, Myles (RSA)	76	Save Orion	AK M45	79	3:25:12	3:28:42	0:46:00	1:37:50	2:20:13	2:45:58	3:12:45
464	2518	Liedtke, Oliver (GER)	66	Sparkasse Minden-Lübbecke	AK M55	33	3:25:17	3:28:57	0:48:03	1:41:15	2:24:40	2:49:04	3:13:54
464	1984	Ziegler, Dennis (GER)	82	Continental	AK M40	85	3:25:17	3:28:48	0:47:56	1:40:33	2:23:37	2:48:22	3:13:53
466	2754	Gottschalk, Simon (GER)	92	Sportverein Dedensen	AK M80	70	3:25:17	3:29:08	0:48:56	1:42:22	2:25:23	2:49:31	3:14:23
467	2047	Tsotras, Achillefs (GRE)	78	Continental	AK M40	86	3:25:18	3:28:44	0:46:00	1:37:15	2:18:25	2:42:35	3:11:32
468	1246	Urbasik, Daniel (POL)	87	LittleUltraRUNster	AK M85	82	3:25:33	3:29:23	0:49:01	1:43:34		2:50:56	3:14:44
469	2821	Ernst, Felix (GER)	89		AK M80	71	3:25:34	3:29:27	0:48:51	1:43:06	2:25:58	2:49:25	3:14:02
470	2475	Ishida, Masafumi (JPN)	74		AK M45	80	3:25:36	3:29:03	0:46:00	1:37:17	2:21:25	2:47:10	3:13:40
471	809	Seef, Peer (GER)	73	Hannover Athletics	AK M45	81	3:25:36	3:25:54	0:46:36	1:37:15	2:19:42	2:45:23	3:12:39
472	2100	Sidorenko, Evgeni (GER)	84		AK M85	83	3:25:37	3:38:56	0:47:01	1:38:53	2:21:57	2:47:15	3:13:33
473	2405	Weishaupt, Christian (GER)	62	Continental	AK M60	11	3:25:38	3:25:43	0:46:09	1:38:02	2:22:04	2:47:34	3:13:54
474	1890	Krumminga, Jens (GER)	84		AK M85	84	3:25:38	3:29:17	0:49:32	1:44:15	2:27:31	2:51:14	3:15:14
475	2568	Kuhn, Sascha (GER)	75		AK M45	82	3:25:40	3:29:27	0:49:03	1:42:23	2:24:34	2:48:51	3:13:32
476	2010	Völlmecke, Christian (GER)	70	LG Oerlinghausen	AK M60	54	3:25:43	3:29:28	0:48:41	1:41:59	2:27:15	2:50:55	3:15:05
477	2219	Matthies, Jonas (GER)	92		AK M80	72	3:26:03	3:29:40	0:49:12	1:43:36	2:26:47	2:51:06	3:15:16
478	1783	Völkering, Karsten (GER)	71	SVE Hiddesdorf	AK M60	55	3:26:03	3:26:16	0:48:13	1:41:48	2:25:28	2:49:59	3:15:09
479	1886	Semmelrogge, Sebastian (GER)	94	Post-SV Tübingen	AK MHK	48	3:26:10	3:29:28	0:49:20	1:44:02	2:27:27	2:51:39	3:15:42
480	627	Busse, Andre (GER)	74	SG Solschen	AK M45	83	3:26:13	3:29:52	0:47:16	1:39:40	2:22:39	2:47:58	3:14:07
481	1177	Perk, Christian (GER)	89	SFN Vechta	AK M80	73	3:26:22	3:30:12	0:47:39	1:39:07	2:21:48	2:46:50	3:13:58
482	1465	Leupold, Tobias (GER)	86		AK M85	85	3:26:22	3:32:05	0:46:06	1:37:43	2:19:59	2:44:59	3:13:15
483	1787	Pröpsting, Marcus (GER)	69	TV Badenstedt	AK M60	56	3:26:25	3:26:47	0:50:10	1:44:29	2:27:20	2:51:29	3:15:37
484	1891	Wölfl, Lukas (GER)	91	LG Hamm	AK M80	74	3:26:49	3:30:20	0:49:29	1:44:06	2:27:09	2:51:10	3:15:56
485	2772	Schneider, Manuel (GER)	95	Continental	AK MHK	49	3:26:53	3:31:08	0:48:45	1:43:16	2:26:27	2:51:24	3:16:02
486	917	Ehmann, Volker (GER)	66	Einbeck	AK M65	34	3:26:53	3:30:10	0:46:08	1:38:56	2:23:00	2:48:43	3:15:00
487	1487	Dreves, Ole (GER)	86		AK M85	86	3:27:04	3:32:19	0:49:50	1:44:17	2:28:18	2:52:28	3:16:32
488	1362	Theiß, Stephan (GER)	78	TV Petterweil	AK M40	87	3:27:05	3:30:39	0:48:30	1:41:20	2:24:04	2:48:39	3:14:56
489	2248	Gurcke, Maurice (GER)	92	LSF Oldenburg	AK M80	75	3:27:11	3:31:54	0:46:39	1:39:14	2:22:39	2:47:39	3:14:24
490	1893	Terbeck, Christoph (GER)	77	LT Union Wessum	AK M45	84	3:27:12	3:30:45	0:49:12	1:42:37	2:26:10	2:50:26	3:15:27
491	699	Henze, Markus (GER)	75	KWS Running Team	AK M45	85	3:27:12	3:31:10	0:48:04	1:40:43	2:23:55	2:48:37	3:14:42
492	2393	Niebel, Frank (GER)	73	LTV Kiel-Ost	AK M45	86	3:27:15	3:30:47	0:48:54	1:41:46	2:25:09	2:50:14	3:15:40
493	1000	Paulat, Marko (GER)	85		AK M85	87	3:27:16	3:30:59	0:50:18	1:45:30	2:29:05	2:52:49	3:16:17
494	1895	Reiser, Bernd (AUT)	69		AK M60	57	3:27:16	3:31:02	0:47:50	1:41:05	2:24:52	2:49:52	3:15:22
495	1782	Clausen, Jürgen (GER)	62	Spiridon Schleswig	AK M60	12	3:27:17	3:27:36	0:49:46	1:44:15	2:27:52	2:52:06	3:16:16

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
496	1117	Straube, Dirk (GER)	74		AK M45	87	3:27:24	3:31:04	0:45:57	1:37:09	2:18:21	2:45:40	3:15:39
497	2522	Weltzien, Marcus (GER)	86	Sparkasse Emsland	AK M35	88	3:27:25	3:31:09	0:48:14	1:40:55	2:23:08	2:47:10	3:14:10
498	2818	Blohme, Thomas (GER)	83	LET'S RUN Bremen	AK M35	89	3:27:29	3:31:09	0:48:25	1:42:17	2:26:18	2:51:05	3:16:07
499	2169	Uhlmann, Markus (GER)	89		AK M30	76	3:27:31	3:31:28	0:48:55	1:42:12	2:25:59	2:50:43	3:15:58
500	805	Hildebrandt, Maximilian (GER)	94		AK MHK	50	3:27:31	3:31:16	0:48:33	1:42:20	2:26:34	2:51:21	3:16:25
501	658	Siebert, Amin (GER)	66	LG Kreis Dachau	AK M35	35	3:27:34	3:27:42	0:48:18	1:42:41	2:26:43	2:51:44	3:16:29
502	2741	Tolksdorf, Kirsten-Ralph (GER)	75		AK M45	88	3:27:35	3:28:01	0:50:15	1:44:24	2:28:14	2:52:40	3:16:36
503	2308	Gütermann, Frank (GER)	57	LAC Langenhagen	AK M35	8	3:27:36	3:27:52	0:49:25	1:43:28	2:27:05	2:51:38	3:16:23
504	1364	Dietrich, Hannes (GER)	93		AK MHK	51	3:27:37	3:31:23	0:47:33	1:38:18	2:19:33	2:44:21	3:15:17
505	2463	Starke, Kai (GER)	71	CEC Sports Team	AK M30	58	3:27:46	3:31:25	0:48:04	1:41:06	2:24:54	2:50:11	3:16:17
506	2016	Lorenzen, Torben (DEN)	78		AK M40	88	3:27:47	3:31:29	0:49:29	1:43:38	2:26:58	2:51:41	3:16:20
507	1940	Grävenstein, Lutz (GER)	69	TuS O8Lintorf	AK M30	59	3:27:55	3:28:00	0:48:00	1:41:15	2:25:31	2:50:34	3:16:20
508	215	Klippenstein, Jakob (GER)	85		AK M35	90	3:27:57	3:31:43	0:47:19	1:40:42	2:23:46	2:50:08	3:16:41
509	2173	Schoo, Heinz (GER)	69	Lauffreunde Emsland e. V.	AK M30	60	3:28:00	3:31:37	0:47:06	1:39:45	2:23:49	2:49:18	3:15:31
510	2164	Uebber, Daniel (GER)	84	EVL-HalbMarathon	AK M35	91	3:28:01	3:31:56	0:49:13	1:43:45	2:27:29	2:52:14	3:17:30
511	443	Lackmann, Amin (GER)	91	Kolibri	AK M30	77	3:28:07	3:31:43	0:47:58	1:41:15	2:24:49	2:49:43	3:16:06
512	1921	Voronov, Andrei (RUS)	83		AK M35	92	3:28:07	3:31:38	0:49:06	1:43:47	2:27:14	2:51:44	3:16:49
513	511	Töle, Dietmar (GER)	85		AK M35	93	3:28:07	3:32:36	0:48:58	1:42:57	2:26:13	2:51:10	3:16:17
514	2489	Jung, Sören (GER)	89	Jungstar Pacemakers	AK M30	78	3:28:08	3:32:01	0:47:11	1:37:55	2:20:41	2:45:23	3:16:06
515	2160	Schmidt, Nick (GER)	80		AK M40	89	3:28:19	3:32:45		1:42:24	2:26:14	2:51:16	3:16:44
516	727	Gorski, Alex (GER)	86	Aminasi.de	AK M35	94	3:28:34	3:34:42	0:48:45	1:43:24	2:27:27	2:52:07	3:17:00
517	2523	Walters, Sebastian (GER)	86	NORD/LB Norddeutsche	AK M35	95	3:28:35	3:41:55	0:50:16	1:45:07	2:28:43	2:53:01	3:17:35
518	1879	Reichelt, Matthias (GER)	71	TSV Riedlingen	AK M30	61	3:28:42	3:28:56	0:47:01	1:40:28	2:24:21	2:50:12	3:17:00
519	769	Dicke, Ulrich (GER)	85		AK M35	96	3:28:45	3:32:25	0:49:29	1:43:57	2:27:07	2:52:02	3:17:19
520	2525	Schmidt, Stephan (GER)	86	Sparkasse Bochum	AK M35	97	3:28:46	3:32:49	0:48:27	1:41:09	2:24:09	2:49:40	3:17:06
521	1230	La Monica, Daniel (GER)	88	TuS Opladen	AK M30	79	3:28:49	3:32:59	0:46:10	1:37:55	2:24:27	2:50:24	3:17:01
522	1678	Israel, Frank (GER)	67	TV Attendorn	AK M35	36	3:28:51	3:29:05	0:47:48	1:41:25	2:24:30	2:49:39	3:16:17
523	2127	Alig, Benjamin (GER)	83	#verunfrankfurt	AK M35	98	3:28:51	3:32:36	0:49:11	1:43:36	2:26:31	2:51:39	3:17:08
524	2017	Westmüller, Jonathan (GER)	87		AK M35	99	3:28:52	3:32:21	0:49:39	1:44:33	2:27:28	2:51:49	3:17:08
525	2789	Dom, Artur (GER)	72	Stadt Goslar	AK M30	62	3:28:53	3:32:29	0:45:59	1:37:38	2:24:46	2:50:33	3:16:53
526	2737	Ziehl, Rüdiger (GER)	77		AK M45	89	3:28:58	3:42:15	0:49:46	1:43:36	2:27:51	2:52:32	3:17:40
527	1291	Mencarini, Marcus (USA)	75		AK M45	90	3:28:58	3:32:49	0:49:09	1:43:41	2:26:55	2:51:51	3:17:27
528	1718	Toft, Carsten (DEN)	74	Taulov Motion, Denmark	AK M45	91	3:28:59	3:33:04	0:49:55	1:44:52	2:29:28	2:53:48	3:18:21
529	2722	Chitka, Jörg (GER)	64	Country Marathon Club /100	AK M35	37	3:29:05	3:32:47	0:49:22	1:43:50	2:27:04	2:52:04	3:17:14
530	2264	Cabanillas Garcia, Francisco (GER)	75	TSV Victoria Linden	AK M45	92	3:29:06	3:32:47	0:49:18	1:43:50		2:51:59	3:16:36
530	2277	Peemöller, Sven (GER)	68	100Marathon Club	AK M30	63	3:29:06	3:32:47		1:43:50	2:27:01	2:51:59	3:17:00
532	1821	Hansen, Michael Bo (DEN)	80	Taulov Motion, Denmark	AK M40	90	3:29:17	3:33:22	0:49:56	1:44:53	2:29:29	2:53:49	3:18:21
533	1166	Mcflynn, Paul (IRL)	91		AK M30	80	3:29:19	3:32:55	0:49:10	1:42:48	2:27:05	2:52:16	3:17:53
534	2061	Pietrzyk, Günther (GER)	70		AK M30	64	3:29:29	3:32:59	0:48:06	1:41:13	2:25:45	2:51:39	3:17:46
535	2109	Schumerk, Lukas (GER)	93	Tierärztliche Hochschule	AK MHK	52	3:29:29	3:35:05	0:47:33	1:42:01	2:25:10	2:50:07	3:16:09
536	1421	Köpke, Marcel (GER)	83		AK M35	100	3:29:33	3:33:22	0:49:40	1:45:23	2:29:48	2:54:53	3:19:39
537	2391	Radünz, Marc (GER)	74		AK M45	93	3:29:36	3:32:57	0:44:39	1:35:52	2:19:44	2:46:31	3:16:38
538	1795	Philippsen, Alex (GER)	78		AK M40	91	3:29:36	3:29:43	0:49:31	1:44:10	2:29:57	2:54:59	3:19:30
539	1952	Rukin, Ilja (GER)	97	VSK OHZ	AK MHK	53	3:29:37	3:29:50	0:37:49	1:22:06	1:59:13	2:24:36	
540	1953	Wagenaar, Jan (GER)	70	AOK Niedersachsen	AK M30	65	3:29:45	3:33:12	0:48:32	1:41:29	2:24:55	2:50:11	3:17:21

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541	2678	Krieg, Daniel (AUT)	94	Ultra Turtles	AK MHK	54	3:29:48	3:33:04	0:44:54	1:37:08	2:23:02	2:49:59	3:17:48
542	2773	Ditges, Thomas (GER)	88		AK M80	81	3:29:56	3:33:51	0:49:01	1:43:25	2:27:23	2:52:38	3:18:29
543	1007	Vincken, Jonas (BEL)	87	MGMF	AK M85	101	3:29:57	3:33:29	0:48:40	1:42:37	2:26:46	2:51:51	3:17:52
544	2087	Nikonenko, Eugen (GER)	79		AK M40	92	3:29:58	3:33:42	0:49:26	1:44:13	2:28:26	2:53:40	3:18:54
545	1336	Ottens, Volker (GER)	80	SV Langen	AK M40	93	3:30:10	3:33:56	0:49:20	1:43:48		2:52:15	3:18:30
546	466	Jansen, Tim (GER)	79	STV Scrup	AK M40	94	3:30:10	3:30:33	0:49:42	1:43:30	2:26:51	2:54:25	3:19:27
547	434	Jung, Josef (GER)	59	TSV Winhöring	AK M60	13	3:30:17	3:30:28	0:48:45	1:42:23	2:26:09	2:51:53	3:18:08
548	644	Gerbens, Franz-Josef (GER)	59	Maschsee-Sharks Hannover	AK M60	14	3:30:21	3:34:03	0:46:56	1:40:05	2:25:49	2:52:05	3:18:46
549	2517	Fesser, Oliver (GER)	65	Sparkasse	AK M65	38	3:30:22	3:33:55	0:49:46	1:44:24	2:28:24	2:53:19	3:18:58
550	1232	Busch, Ferdinand (GER)	97	SV Borussia Leer	AK MHK	55	3:30:24	3:35:18	0:50:52	1:44:21	2:27:58	2:52:49	3:19:01
551	441	Bock, Ronny (GER)	90		AK M80	82	3:30:25	3:33:51	0:46:08	1:37:23	2:25:42	2:52:33	3:18:41
552	1562	Plath, Philipp (GER)	86		AK M85	102	3:30:27	3:34:22	0:47:32	1:41:08	2:25:22	2:51:03	3:18:18
553	1130	Mazdzen, Sven (GER)	87	Stammitsch12	AK M85	103	3:30:30	3:34:42	0:50:55	1:47:00	2:32:10	2:55:39	3:19:47
554	313	Richter, Kevin (GER)	92	MTV Groß Denkte	AK M80	83	3:30:35	3:30:57	0:49:44	1:44:11	2:28:25	2:53:22	3:18:44
555	272	Richter, Mke-Carsten (GER)	64	MTV Groß Denkte	AK M65	39	3:30:36	3:30:57	0:49:42	1:44:11		2:53:22	3:18:45
556	2578	Märxer, Felix (SUI)	92	LG Liechtenstein-Werdenberg	AK M80	84	3:30:42	3:34:12	0:46:52	1:40:17	2:24:35	2:51:07	3:18:51
557	1122	Burmester, Sebastian (GER)	89	MTV Himbergen	AK M80	85	3:30:52	3:34:48	0:49:06	1:43:37	2:26:51	2:51:51	3:18:54
558	322	Thielecke, Frank (GER)	65	LT Diederse /Neubrück	AK M65	40	3:30:52	3:34:26	0:45:57	1:37:46	2:23:23	2:49:38	3:17:28
559	533	Brüske, Steve (GER)	76	TeamHDI	AK M45	94	3:30:56	3:35:12	0:49:13	1:42:05	2:25:54	2:51:27	3:17:56
560	1881	Mentze, Patrick (GER)	87		AK M85	104	3:31:00	3:34:39	0:49:13	1:43:54	2:27:11	2:52:11	3:18:51
561	1632	Rogowski, Collin (GER)	76		AK M45	95	3:31:04	3:35:00	0:49:16	1:43:47	2:28:10	2:53:32	3:19:42
562	670	Julius, Lars (DEN)	68	Hammel GF Løb & Motion	AK M60	66	3:31:07	3:34:44	0:47:23	1:39:43	2:23:39	2:50:04	3:18:09
563	496	Kahle, Yannick (GER)	91	Laufen gegen Leiden e.V	AK M80	86	3:31:18	3:34:55	0:46:50	1:39:22	2:21:08	2:46:21	3:19:06
564	1581	Föhr, Silas (GER)	94	Die	AK MHK	56	3:31:20	3:36:00	0:51:11	1:46:15	2:30:45	2:55:50	3:20:56
565	1045	Heidsiek, René (GER)	90	LT Freya Friedewalde	AK M80	87	3:31:23	3:34:56	0:49:18	1:44:03	2:28:35	2:54:41	3:21:06
566	1446	Glaubitz, Dominik (GER)	91		AK M80	88	3:31:25	3:37:37	0:46:02	1:37:43	2:22:52	2:49:38	3:18:27
567	2186	Borgs, Thorsten (GER)	84		AK M85	105	3:31:34	3:35:15	0:49:19	1:43:51	2:27:05	2:52:24	3:19:29
568	2766	Gramkow, Oliver (GER)	76		AK M45	96	3:31:39	3:35:25	0:49:48	1:44:19	2:28:34	2:53:37	3:19:11
569	386	Spredofsky, Marcus (GER)	73		AK M45	97	3:31:46	3:35:30	0:48:43	1:43:10	2:27:56	2:53:50	3:20:06
570	1087	Witt, Karsten (GER)	76	Running Squad	AK M45	98	3:31:47	3:35:30	0:48:43	1:43:10	2:27:43	2:53:23	3:20:00
571	501	Grebe, Sven (GER)	69	KSV Baunatal	AK M60	67	3:31:51	3:32:05	0:48:36	1:43:52	2:30:03	2:55:29	3:20:27
572	586	May, Christoph (GER)	84		AK M85	106	3:31:55	3:36:53	0:48:21	1:42:34	2:26:42	2:52:50	3:19:43
573	2054	Radke, Matthias (GER)	67	Südlöhner Lauftreff e.V	AK M65	41	3:31:57	3:35:33	0:47:19	1:40:17	2:24:09	2:50:32	3:18:45
574	2102	Bengtzen, René (DEN)	69	Fjordager If	AK M60	68	3:31:59	3:36:20	0:51:31	1:46:20	2:29:41	2:54:12	3:19:59
575	2488	Nitz, Karsten (GER)	66	Delligser SC	AK M65	42	3:32:01	3:32:07	0:44:53	1:37:15	2:22:23	2:49:24	3:20:13
576	2136	Leciejewski, Kai (GER)	72		AK M60	69	3:32:16	3:45:43	0:48:06	1:42:45	2:27:30	2:52:59	3:19:52
577	1592	Weiß, Timo (GER)	80		AK M40	95	3:32:19	3:45:44		1:45:22	2:29:50	2:55:02	3:20:46
578	1509	Christensen, Peter (DEN)	72		AK M60	70	3:32:25	3:37:39	0:49:39	1:45:27	2:30:18	2:55:19	3:20:55
579	787	Mätys, Maik (GER)	72		AK M60	71	3:32:59	3:36:49	0:49:21	1:44:11	2:28:47	2:55:02	3:21:54
580	849	Danger, Frank (GER)	64	100Marathon Club	AK M65	43	3:33:07	3:36:48	0:46:56	1:40:13	2:24:40	2:51:26	3:20:32
581	106	Geske, Lutz (GER)	70	TEA BARNSTORF	AK M60	72	3:33:11	3:38:05	0:52:33	1:49:54	2:34:30	2:58:42	3:22:39
582	112	Nghiem Tri-Duc (VIE)	84	Chay de	AK M85	107	3:33:17	3:36:44	0:46:51	1:39:53	2:26:12	2:52:06	3:20:52
583	1817	Bennett, Marc Dominik (GER)	87	BTSV Eintracht	AK M85	108	3:33:19	3:36:55	0:45:57	1:37:09	2:18:24	2:48:26	3:19:38
584	823	Teipel, Wolfgang (GER)	55	TV Attendorn	AK M65	9	3:33:20	3:33:44	0:48:20	1:42:56	2:28:17	2:54:25	3:21:00
585	591	Grzeganeck, Siegmund (GER)	67	SC Marklohe	AK M65	44	3:33:29	3:36:46	0:48:49	1:44:17	2:28:56	2:55:04	3:21:42

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
586	1780	Zaldivar Baez, Daniel (GER)	84	VfL Brandenburg	AK M85	109	3:33:32	3:37:01	0:48:57	1:43:36	2:27:26	2:53:09	3:20:34
587	1191	Rieken, Jan (GER)	85	Eintracht Börger	AK M85	110	3:33:36	3:37:27		1:43:48	2:27:16	2:53:20	3:21:12
588	351	Witte, Jörg (GER)	75		AK M45	99	3:33:39	3:36:58	0:49:35	1:44:17	2:27:47	2:52:54	3:20:38
589	431	Busse, Andreas (GER)	82		AK M40	96	3:33:42	3:46:57	0:48:01	1:41:10	2:24:06	2:49:13	3:21:27
590	2176	Conrad, Guido (GER)	68		AK M60	73	3:33:46	3:37:33	0:49:16	1:43:47	2:27:01	2:52:32	3:20:25
591	1288	Kömer, Jens (GER)	72	VfR sind Marathon /Team	AK M60	74	3:33:59	3:37:30	0:50:10	1:45:24	2:31:15	2:56:48	3:22:44
592	1181	Schweers, Helge (GER)	63	TuS Eversten	AK M65	45	3:34:00	3:34:19	0:47:27	1:40:18	2:26:02	2:52:55	3:21:01
593	628	Helas, Dietmar (GER)	53	SC	AK M65	10	3:34:04	3:37:47	0:49:08	1:43:51	2:28:15	2:54:22	3:21:27
594	2207	Dorf, Stefan (GER)	93		AK MHK	57	3:34:12	3:37:58	0:51:56	1:49:06	2:33:34	2:58:20	3:23:18
595	789	Freiholz, Dettlef (GER)	57	sportTREND Ultralaufteam	AK M65	11	3:34:13	3:37:41	0:48:23	1:42:17	2:26:15	2:54:14	3:21:22
596	2318	Rost, Sebastian (GER)	81	SG Indersdorf	AK M40	97	3:34:15	3:34:34	0:46:18	1:36:37	2:17:59	2:45:07	3:18:17
597	1502	Basig, Peter (SUI)	83	base-sports.com	AK M85	111	3:34:19	3:38:28	0:51:09	1:46:25	2:30:28	2:56:05	3:22:21
598	1479	Boschmann, Alexander (GER)	81	VfB Gorspen-Vahlsen	AK M40	98	3:34:20	3:38:08	0:49:16	1:44:33	2:32:07	2:56:48	3:22:33
599	808	Elend, Dettlef (GER)	62	TSV Warzen	AK M60	15	3:34:24	3:38:05	0:49:01	1:43:57	2:28:35	2:55:02	3:22:42
600	2729	Kemmah, Arne (GER)	83		AK M85	112	3:34:27	3:40:04	0:47:30	1:41:57	2:25:37	2:52:24	3:21:29
601	2284	Oberhansl, Frank (GER)	67	Lauftreff Schwandorf	AK M65	46	3:34:28	3:37:49	0:50:10	1:45:25	2:30:59	2:56:25	3:22:22
602	1080	Andre, Claudio (POR)	85		AK M85	113	3:34:34	3:38:14	0:49:54	1:44:20	2:28:31	2:54:05	3:21:44
603	1169	Salvado, Mguel (POR)	91		AK M80	89	3:34:36	3:38:16	0:49:54	1:44:20	2:28:30	2:54:08	3:21:51
604	249	Knackstedt, Thomas (GER)	61	Delligser SC	AK M60	16	3:34:42	3:38:05	0:49:14	1:44:43	2:30:52	2:56:59	3:23:16
605	1854	Maywald, Björn (GER)	68	Blexer TB	AK M60	75	3:34:45	3:39:04	0:52:22	1:47:45	2:32:34	2:57:42	3:23:20
606	1979	Greive, Dominik (GER)	93		AK MHK	58	3:34:50	3:40:55	0:53:53	1:52:50	2:35:42	2:59:33	3:23:43
607	1523	Haahr, Morten (DEN)	78		AK M40	99	3:34:52	3:38:42	0:47:40	1:47:55	2:32:52	2:57:28	3:22:55
608	2582	Livanos, Georgios (GRE)	73	Marathon Club	AK M45	100	3:34:55	3:38:40	0:52:19	1:49:08	2:34:53	2:59:42	3:23:55
609	1965	Koolbergen, Jean-Pierre (GER)	87		AK M85	114	3:34:57	3:41:05	0:51:05	1:45:54	2:30:34	2:55:48	3:22:47
610	2596	Schmauch, Georg (GER)	64		AK M65	47	3:34:59	3:39:35	0:51:06	1:47:56	2:33:09	2:58:12	3:23:47
611	2744	Zsoldos, Ferenc (GER)	69	PSV Grün-Weiß Kassel	AK M60	76	3:34:59	3:38:33	0:52:27	1:49:43	2:34:36	2:59:27	3:24:17
612	2380	Hötte, Rainer (GER)	62	VSV-Benthe	AK M60	17	3:35:05	3:35:20	0:49:26	1:43:28	2:27:05	2:52:53	3:22:10
613	718	Grimme, Marc (GER)	88		AK M80	90	3:35:09	3:38:37	0:48:28	1:42:17	2:28:37	2:54:41	3:22:22
614	2798	Hölling, Marc (GER)	77	enjoyyourbike	AK M45	101	3:35:18	3:41:17	0:50:07	1:44:49	2:29:27	2:55:33	3:22:51
615	2298	Lavarde, John (FRA)	80	ECOUCHE	AK M40	100	3:35:19	3:39:39	0:51:49	1:48:34	2:33:48	2:59:06	3:23:58
616	1708	Groschwitz, Mathias (GER)	81		AK M40	101	3:35:25	3:39:47	0:51:29	1:48:20	2:34:09	2:59:42	3:24:23
617	1954	König, Patrick (GER)	83		AK M85	115	3:35:31	3:39:13	0:49:00	1:43:48	2:28:20	2:55:01	3:22:58
618	1818	Schweizer, Peter (GER)	59	FoKuS Selm	AK M60	18	3:35:31	3:39:17	0:49:54	1:45:26	2:30:31	2:56:17	3:23:18
619	1814	Finke, Philipp (GER)	89	ESI-Crew	AK M80	91	3:35:37	3:39:26	0:48:39	1:42:20	2:27:09	2:54:30	3:23:57
620	553	Langner, Matthias (GER)	81	Hannover Runners e. V.	AK M40	102	3:35:37	3:39:28	0:51:35	1:47:45	2:32:58	2:58:31	3:24:15
621	2364	Stautmeister, Tom (GER)	83		AK M85	116	3:35:42	3:40:10	0:48:00	1:41:30	2:26:18	2:52:24	3:21:30
622	1894	Detroz, Arnaud (BEL)	88		AK M80	92	3:35:54	3:40:04	0:51:06	1:47:53	2:33:03	2:58:46	3:24:53
623	1024	Pusch, Sebastian (GER)	89		AK M80	93	3:35:55	3:49:06	0:52:31	1:50:23	2:35:35	3:00:14	3:25:24
624	2784	Köhne, Stefan (GER)	78		AK M40	103	3:35:59	3:40:05	0:52:36	1:50:30	2:34:18	2:59:17	3:24:48
625	1298	Hempel, Sean (GER)	02		AK MHK	59	3:36:02	3:40:17	0:48:48	1:42:57	2:26:33	2:52:52	3:21:45
626	528	Leimböck, Martin (GER)	70		AK M60	77	3:36:03	3:40:02	0:51:27	1:48:20	2:34:30	2:59:57	3:25:12
627	1775	Thein, Johannes (GER)	99	Rudergesellschaft Trier	AK MHK	60	3:36:04	3:40:07	0:49:29	1:44:34	2:30:22	2:56:22	3:23:46
628	2325	Fründt, Hans-Jürgen (GER)	57	LG Elmshorn	AK M65	12	3:36:07	3:36:20	0:49:43	1:45:17	2:30:46	2:56:43	3:23:41
629	1951	Schröder, Jürgen (GER)	71		AK M60	78	3:36:12	3:41:09	0:51:22	1:48:04	2:33:46	2:59:20	3:24:54
630	2477	Schwacke, Heiko (GER)	82		AK M40	104	3:36:14	3:42:35	0:47:16	1:40:23	2:25:00	2:51:47	3:21:36

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Results Men/Women

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
631	748	Kriegeskotte, Ralf (GER)	63	TriCologne	AK M65	48	3:36:15	3:39:38	0:48:33	1:42:23	2:27:06	2:52:49	3:22:49
632	544	Dittmar, Volker (GER)	55	LAC Quelle Fürth	AK M65	13	3:36:18	3:36:29	0:47:21	1:42:09	2:30:09	2:57:43	3:24:46
633	2448	Weiser, Thomas (GER)	66	WSV 21 Wolfenbüttel	AK M65	49	3:36:24	3:40:07	0:49:13	1:43:48	2:27:34	2:54:20	3:23:12
634	1438	Asplund, Magnus (SWE)	79		AK M40	105	3:36:26	3:42:58	0:50:58	1:46:51	2:31:11	2:56:17	3:23:24
635	1706	Jantzen, André (GER)	85	Autogena Stahl GmbH	AK M65	117	3:36:35	3:40:21	0:45:24	1:35:58	2:24:44	2:53:18	3:24:02
636	1391	Klann, Oliver (GER)	96		AK MHK	61	3:36:35	3:43:01	0:51:02	1:46:30	2:30:53	2:55:44	3:23:44
637	2120	Kuzmin, Boris (GER)	87	Continental	AK M65	118	3:36:49	3:40:31	0:49:15	1:43:50	2:28:04	2:56:18	3:24:33
638	1514	Kljajic, Sascha (GER)	83		AK M65	119	3:36:51	3:40:21	0:46:11	1:38:23	2:25:08	2:53:05	3:22:59
639	1631	Henning, Mario (GER)	80	TLV-LT Eichenzell	AK M40	106	3:36:57	3:40:54	0:49:07	1:43:52	2:28:34	2:54:47	3:23:23
640	2138	Köhler, Lukas (GER)	97		AK MHK	62	3:36:59	3:42:33	0:49:30	1:43:50	2:28:26	2:55:00	3:23:32
641	470	Maihs, Tobi (GER)	74	Mischsee-Sharks Hannover	AK M45	102	3:36:59	3:40:36	0:49:09	1:44:17	2:29:42	2:56:23	3:24:10
642	845	Weiner, Alfred (GER)	72	Talanx Team	AK M60	79	3:36:59	3:41:13	0:52:16	1:48:32	2:33:24	2:59:30	3:25:36
643	526	Weiner, Cedric (GER)	02		AK MHK	63	3:37:00	3:41:14	0:52:17	1:48:40	2:34:09	2:59:31	3:25:36
644	774	Krüger, Oliver (GER)	80		AK M40	107	3:37:03	3:42:42	0:53:21	1:49:36	2:34:50	3:00:13	3:25:40
645	2158	Jürgens, Marvin (GER)	94	MTU Maintenance Hannover	AK MHK	64	3:37:07	3:43:44	0:51:56	1:47:35	2:32:29	2:58:07	3:24:57
646	566	Krockner, Björn (GER)	70	SV Grün-Weiß Barterode	AK M60	80	3:37:10	3:40:42	0:49:16	1:44:00	2:28:36	2:56:05	3:24:33
647	2452	Oestmann, Robert (GER)	67	Lauftreff Ganderkesee/Team	AK M65	50	3:37:20	3:41:08	0:48:32	1:42:16	2:27:20	2:54:30	3:23:51
648	2283	Sottek, Georg Christoph (GER)	96		AK MHK	65	3:37:29	3:41:18	0:48:01	1:39:54	2:23:24	2:51:16	3:22:39
649	2746	Bopp, Ralph (GER)	65		AK M65	51	3:37:36	3:41:48	0:50:49	1:47:23	2:33:27	2:59:06	3:25:33
650	1103	Hebenbrock, Tobias (GER)	94		AK MHK	66	3:37:37	3:43:48	0:48:48	1:41:19	2:25:22	2:53:05	3:22:36
651	2673	Ceviz, Nadir (GER)	65	TuS Jahn Lindhorst	AK M65	52	3:37:37	3:37:56	0:45:20	1:35:43	2:20:35	2:48:15	3:21:38
652	2445	Kowalik, Roman (GER)	79		AK M40	108	3:37:39	3:51:16	0:49:12	1:44:21	2:29:31	2:56:09	3:24:24
653	2806	Reers, Stephan (GER)	66	Solo	AK M65	53	3:37:42	3:43:36	0:49:28	1:41:15	2:24:37	2:53:34	3:24:32
654	2820	Regul, Jobst (GER)	74	VGH Versicherungen	AK M45	103	3:37:43	3:41:11	0:49:26	1:43:51	2:27:33	2:54:49	3:24:17
655	1589	Petruschke, Jan (GER)	83		AK M65	120	3:37:47	3:41:47	0:51:20	1:46:46	2:32:53	2:59:32	3:26:23
656	763	Pajak, Maciej (GER)	83	TV Norden	AK M65	121	3:38:10	3:43:05	0:53:14	1:51:25	2:37:08	3:02:19	3:27:22
657	1840	Brüning, Christoph (GER)	93		AK MHK	67	3:38:12	3:43:26	0:52:34	1:49:57	2:35:42	3:01:23	3:26:55
658	1932	Bielefeld, Philipp (GER)	92		AK M60	94	3:38:13	3:43:27	0:52:35	1:49:58		3:01:24	3:26:55
658	554	Tospann, Marco (GER)	85	Team Erdinger Alkoholfrei	AK M65	122	3:38:13	3:41:55	0:49:20	1:43:48	2:28:59	2:56:40	3:24:53
660	2387	Fritsch, Robin (GER)	94		AK MHK	68	3:38:16	3:43:29	0:49:32	1:45:37	2:31:32	2:58:02	3:25:58
661	1072	Urbasik, Mariusz (POL)	68		AK M60	81	3:38:18	3:43:34	0:50:17	1:46:55	2:31:38	2:57:35	3:25:37
662	2774	Lammers, Jonas (GER)	89		AK M60	95	3:38:22	3:44:34	0:51:05	1:47:20	2:33:14	2:59:21	3:26:13
663	1714	Kallimanis, Dimitris (GRE)	68	Marathon Club	AK M60	82	3:38:24	3:42:05	0:46:34	1:40:14	2:28:18	2:57:19	3:26:04
664	784	Boudeweel, Bart (BEL)	90		AK M60	96	3:38:26	3:41:53	0:51:03	1:46:35	2:32:25	2:58:15	3:25:55
665	2076	Rochau, Lothar (GER)	52	LAV Halensia e. V.	AK M70	1	3:38:27	3:38:32	0:48:17	1:43:22	2:29:26	2:56:10	3:24:43
666	1614	Pröve, Reiner (GER)	68		AK M60	83	3:38:38	3:42:33	0:49:13	1:44:02	2:29:28	2:56:51	3:25:35
667	1977	Warnke, Axel Yuta (GER)	88	Continental	AK M60	97	3:38:40	3:43:22	0:50:53	1:47:23	2:33:20	2:58:51	3:26:23
668	2332	Von Palombini, Jobst (GER)	69	VfL Bückeburg	AK M60	84	3:38:43	3:38:51	0:51:02	1:48:17	2:34:32	3:00:25	3:26:55
669	2251	Joubert, Henri (FRA)	74		AK M45	104	3:38:44	3:42:18	0:49:11	1:43:32	2:28:11	2:54:44	3:24:47
670	2677	Vollbrecht, Stephan (GER)	68	MTV Müden/Örtze	AK M60	85	3:38:47	3:39:01	0:47:11	1:40:43	2:26:30	2:54:13	3:24:33
671	2401	Priess, Frank (GER)	66	TSV Bayer Dormagen Tri	AK M65	54	3:38:50	3:42:43	0:50:00	1:45:06	2:30:21	2:57:11	3:26:04
672	1319	Verwichte, Bart (BEL)	74		AK M45	105	3:38:56	3:42:40	0:48:25	1:42:30	2:28:21	2:56:53	3:26:12
673	1418	Hinrichs, Jan-Hendrik (GER)	91		AK M60	98	3:39:11	3:52:30	0:58:34	2:01:58	2:51:22		3:26:54
674	2595	Hoffmann, Lars (GER)	86		AK M65	123	3:39:17	3:43:00	0:49:19	1:43:58	2:30:51	2:58:34	3:26:58
675	988	Meyer, Knut Andreas (NOR)	90		AK M60	99	3:39:21	3:44:13	0:50:06	1:43:12	2:29:46	2:57:41	3:26:55

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
676	1768	Godde, Martin (GER)	64	Recklinghäuser LC	AK M65	55	3:39:27	3:39:39	0:48:37	1:42:22	2:26:10	2:55:05	3:26:32
677	1763	Hartwig, Martin (GER)	65	Recklinghäuser LC	AK M65	56	3:39:41	3:39:54	0:49:25	1:43:56	2:31:32	2:58:32	3:26:26
678	1481	Jedrzejczak, Wojciech (POL)	65		AK M65	57	3:39:44	3:43:21	0:48:41	1:43:53	2:30:59	2:58:37	3:26:59
679	2166	Neuland, Florian (GER)	87	Dextro Energy Sport Team	AK M85	124	3:39:46	3:44:31	0:51:25	1:48:27	2:34:41	3:00:48	3:27:40
680	1958	Kurth, Florens (GER)	94	UniSport Braunschweig	AK MHK	69	3:39:51	3:44:21	0:51:27	1:47:54	2:33:21	2:59:15	3:26:27
681	895	Faubel, Leonhard (GER)	85	TriAs Hildesheim	AK M85	125	3:39:59	3:43:47	0:45:48	1:37:21	2:23:39	2:53:52	3:25:55
682	2721	Robers, Gilbert (GER)	71		AK M60	86	3:39:59	3:43:53	0:49:44	1:44:07	2:30:16	2:58:20	3:26:50
683	1144	Zahn, Peero (GER)	68	run2gether.Austria	AK M60	87	3:40:00	3:43:47	0:49:12	1:44:04	2:30:35	2:58:08	3:27:05
684	2336	Dähne, Frank (GER)	63		AK M65	58	3:40:11	3:43:28	0:48:59	1:43:49	2:29:39	2:57:27	3:26:50
685	2758	Lazarenko, Dima (UKR)	83		AK M85	126	3:40:14	3:44:10	0:52:50	1:50:52	2:36:43	3:02:18	3:27:55
686	1059	Reistel, Björn (GER)	80		AK M40	109	3:40:15	3:53:34	0:49:40	1:45:19	2:31:24	2:57:50	3:26:15
687	2808	Lange, Andreas (GER)	75	Lauffreff Paris	AK M45	106	3:40:19	3:44:05	0:49:44	1:45:57	2:31:34	2:58:09	3:26:35
688	2070	Nørgaard, Søren (DEN)	75		AK M45	107	3:40:20	3:45:54	0:52:49	1:49:50	2:36:13	3:01:58	3:28:36
689	2832	Stark, Sebastian (GER)	83		AK M85	127	3:40:20	3:45:13	0:53:07	1:51:02	2:37:44	3:03:34	3:28:37
690	2831	Rohlfing, Jörg (GER)	67	LG Elmshorn	AK M65	59	3:40:22	3:40:53	0:42:33	1:30:09	2:16:38	2:51:36	3:24:40
691	2126	Kort, Simon (GER)	96	KRH - Klinikum Region	AK MHK	70	3:40:22	3:44:16		1:42:13	2:26:26	2:56:13	3:27:12
692	1182	Hoppe, Dirk (GER)	69	TSV Grasleben	AK M60	88	3:40:26	3:44:09	0:49:28	1:44:40	2:31:32	2:59:08	3:27:47
693	183	Waldhaus, Uwe (GER)	81	SV Werder Bremen	AK M40	110	3:40:40	3:40:53	0:45:20	1:35:49	2:20:40	2:51:55	3:24:58
694	1704	Frank, Hans-Leo (GER)	64	LG Bernkastel-Wittlich	AK M65	60	3:40:42	3:40:49	0:50:56	1:48:16	2:35:25	3:01:59	3:28:50
695	807	Richter, Karsten (GER)	72	Langlinger Roadrunners	AK M60	89	3:40:49	3:45:48	0:52:29	1:50:59	2:37:48	3:03:41	3:29:28
696	1293	Schmerfeld, Luca (GER)	01		AK MHK	71	3:40:56	3:46:19	0:49:12	1:43:37	2:31:18	2:58:51	3:28:30
697	1496	Pugliese, Michele (GER)	49	LC Rapid Dortmund	AK M70	2	3:40:56	3:41:02	0:50:21	1:47:33	2:35:49	3:02:45	3:29:42
698	703	Köstler, Dirk (GER)	70	Laufteam "Überholen Ohne	AK M60	90	3:41:02	3:45:46	0:52:50	1:50:35	2:36:51	3:02:47	3:29:02
699	1333	Nottmeier, Bastian (GER)	82		AK M40	111	3:41:12	3:45:36	0:53:52	1:51:25	2:37:41	3:03:26	3:29:19
700	688	Jäckel, Michael (GER)	66		AK M65	61	3:41:13	3:45:53	0:52:59	1:50:07	2:36:18	3:02:47	3:29:32
701	1497	Joms, Michael (GER)	73		AK M45	108	3:41:14	3:45:04	0:49:11	1:44:06	2:30:28	2:58:02	3:28:13
702	2589	Teyke-Saathoff, Lukas (GER)	94		AK MHK	72	3:41:17	3:45:52	0:51:14	1:47:14	2:33:10	3:01:33	3:29:23
703	2297	Querteux, Franck (FRA)	74	Comité JUMELAGE RANES /	AK M45	109	3:41:20	3:45:40	0:51:49	1:48:35	2:33:52	2:59:45	3:28:19
704	2295	Dominik, René (GER)	90		AK M80	100	3:41:21	3:46:15	0:53:21	1:50:09	2:35:25	3:01:27	3:28:52
705	1125	Engel, Erik (GER)	80		AK M40	112	3:41:24	3:46:28	0:51:46	1:46:20	2:31:07	2:57:52	3:27:43
706	457	Bilinger, Sven-Olaf (GER)	72	Spiridon Schleswig	AK M60	91	3:41:30	3:41:49	0:51:17	1:48:29	2:34:59	3:01:16	3:28:48
707	447	Scheel, Christoph (GER)	86		AK M85	128	3:41:30	3:45:34	0:51:47	1:48:29	2:35:15	3:01:28	3:28:43
708	2750	Schinkewitz, Dennis (GER)	78	Dasseler Sport-Club	AK M40	113	3:41:33	3:45:30	0:51:02	1:47:51	2:33:30	3:00:04	3:28:22
709	2562	Schucht, Andreas (GER)	71	MfV Bad Pyrmont v. 1861	AK M60	92	3:41:39	3:47:02	0:52:29	1:50:34	2:37:16	3:03:32	3:29:44
710	2787	Heinrich, Uwe (GER)	57		AK M65	14	3:41:43	3:45:01	0:51:15	1:47:39	2:34:48	3:02:01	3:29:15
711	1538	Heise, Marcel (GER)	87		AK M85	129	3:41:49	3:55:01	0:51:55	1:48:36	2:33:27	2:59:30	3:28:33
712	2231	Machel, Michael (GER)	70	Team Erdinger Alkoholfrei	AK M60	93	3:41:51	3:45:08	0:51:48	1:49:57	2:36:41	3:03:19	3:30:13
713	2389	Bibow, Felix (GER)	90		AK M80	101	3:42:01	3:49:06	0:55:14	1:54:35	2:39:12	3:03:42	3:29:45
714	2348	Thorens, Christian (GER)	83		AK M85	130	3:42:05	3:46:43	0:49:33	1:44:20	2:30:40	2:58:12	3:28:24
715	187	Riedinger, Gunter (GER)	68	Achilles Local Club	AK M60	94	3:42:06	3:46:09	0:52:32	1:50:49	2:38:19	3:05:01	3:30:49
716	1560	Scharhorst, Bjoern (GER)	78	Hannover 96 Triathlon	AK M40	114	3:42:08	3:46:39	0:50:34	1:46:09	2:32:15	2:59:25	3:28:47
717	1357	Fanslau, Tobias (GER)	67		AK M65	62	3:42:08	3:46:07	0:52:25	1:50:40	2:36:55	3:03:30	3:30:13
718	2103	Glorius, Markus (GER)	87		AK M85	131	3:42:11	3:49:02	0:51:11	1:47:48		3:02:56	3:30:07
719	2491	Kranz, Michael (GER)	70		AK M60	95	3:42:16	3:46:33	0:52:13	1:50:21	2:37:08	3:03:37	3:30:38
720	1635	Winterberg, Dennis (GER)	80	Tus-Jahn-Hilfarth	AK M40	115	3:42:22	3:46:01	0:47:26	1:40:08	2:23:52	2:53:06	3:27:04

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
721	1728	Klemp, Karl (GER)	64	Wilhelmsdorfer Jungen	AK M55	63	3:42:23	3:45:56	0:49:18	1:45:00		2:59:55	3:28:51
722	1186	Müller, Sven (GER)	80	Team Erdinger Alkoholfrei	AK M40	116	3:42:41	3:48:50	0:53:28	1:52:11	2:39:07	3:05:07	3:31:11
723	1642	Zantop, Bernd (GER)	57	LG Oerlinghausen	AK M65	15	3:42:42	3:46:45	0:52:30	1:49:54	2:37:05	3:04:00	3:30:43
724	364	Mönnig, Bernhard (GER)	68	Roadrunners Varrel	AK M60	96	3:42:46	3:47:26	0:51:28	1:48:36		3:03:01	3:30:29
725	2123	Neugebauer, Alfred (GER)	68		AK M60	97	3:42:52	3:43:11	0:49:34	1:43:12	2:29:59	2:57:16	3:28:46
726	1960	Katzberg, Daniel (GER)	83	LG Bünde-Löhne	AK M35	132	3:42:54	3:43:02	0:48:13	1:43:53	2:30:35	2:58:09	3:28:24
727	2515	Bollweg, Stefan (GER)	75	Sparkasse Bielefeld	AK M45	110	3:42:57	3:46:59	0:50:27	1:45:08	2:31:00	2:58:27	3:28:36
728	1138	Byrdal, Lasse (DEN)	86	Blovstrød Løvere	AK M35	133	3:42:58	3:46:35	0:47:24	1:40:20	2:27:11	2:56:29	3:28:11
729	2354	Janssen, Hendrik (GER)	77	Deine Mudda Hannover	AK M45	111	3:43:01	3:47:25	0:51:31	1:48:26	2:36:06	3:03:15	3:30:30
730	2069	Vestergaard, Ebbe Kruse (DEN)	76		AK M45	112	3:43:04	3:47:32	0:52:51	1:50:15	2:36:37	3:03:10	3:30:24
731	2486	Flamm, Frank (GER)	68	Triathlon Salzgitter	AK M60	98	3:43:05	3:46:23	0:51:48	1:49:57	2:36:41	3:03:19	3:31:01
732	945	Özcan, Örsan (GER)	89		AK M30	102	3:43:09	3:49:43	0:50:28	1:47:00	2:34:00	3:01:31	3:30:15
733	304	Albrecht, Martin (GER)	61	Seelze/Velber	AK M60	19	3:43:11	3:46:59	0:52:38	1:50:10	2:37:18	3:03:54	3:30:46
734	1689	Hanfler, Sven (GER)	74		AK M45	113	3:43:22	3:48:28	0:52:54	1:51:09	2:37:57	3:04:27	3:31:20
735	1777	Menkhaus, Björn (GER)	74		AK M45	114	3:43:23	3:47:45	0:52:57	1:51:50	2:38:18	3:03:46	3:30:28
736	2115	Lang, Mark (GER)	97	Tierärztliche Hochschule	AK MHK	73	3:43:25	3:49:03	0:51:44	1:50:05	2:37:29	3:04:08	3:31:13
737	2326	Decker, Michael (GER)	76		AK M45	115	3:43:33	3:49:05	0:52:48	1:51:16	2:38:58	3:04:58	3:31:18
738	604	Krebbler, Jens (GER)	74	TSV Bösingfeld	AK M45	116	3:43:40	3:49:02	0:53:00	1:49:58	2:37:02	3:04:15	3:31:19
739	1593	Duensing, Michael (GER)	72		AK M60	99	3:43:50	3:47:38	0:53:11	1:51:07	2:38:56	3:05:43	3:32:19
740	1172	Milde, Christoph (GER)	81		AK M40	117	3:43:50	3:48:10	0:54:30	1:52:12	2:38:43	3:04:30	3:31:37
741	1604	Kröger, Christian (GER)	76	Steinheim	AK M45	117	3:43:57	3:48:36	0:52:39	1:50:59	2:38:28	3:05:07	3:32:38
742	2742	Heeger, Peter (GER)	61	100 Marathon Club	AK M60	20	3:44:01	3:47:58	0:51:28	1:49:15	2:36:27	3:03:17	3:31:13
743	2075	Zimmer, Steffen (GER)	69		AK M60	100	3:44:06	3:48:24	0:52:51	1:51:03	2:38:48	3:05:17	3:32:22
744	2287	Van Middendorp, Tom (NED)	97		AK MHK	74	3:44:08	3:50:09	0:53:02	1:52:13	2:40:08	3:06:30	3:32:29
745	1724	Petersen, Florian (GER)	81	Laufgruppe Sorsum	AK M40	118	3:44:11	3:48:39	0:53:01	1:51:26	2:38:39	3:05:13	3:32:06
746	2063	Mbog, Kai (GER)	69	Feuerwehr Meyenfeld	AK M60	101	3:44:12	3:49:02	0:51:43	1:48:35	2:35:47	3:03:01	3:31:32
747	2057	Klein, Peter (GER)	70	Feuerwehr Meyenfeld	AK M60	102	3:44:12	3:49:02	0:51:43	1:48:35	2:35:47	3:03:01	3:31:32
748	1737	Wegmeyer, Mlka (GER)	98	Continental	AK MHK	75	3:44:13	3:49:30	0:53:02	1:51:56	2:39:17	3:05:27	3:32:21
749	2226	Haschen, Jürgen (GER)	62	100 Marathon Club	AK M60	21	3:44:20	3:47:46	0:49:41	1:45:13	2:31:41	3:00:44	3:30:35
750	1507	Evers, Kenneth (DEN)	85		AK M35	134	3:44:20	3:49:11	0:50:54	1:47:12	2:35:24	3:03:55	3:32:01
751	2480	Kern, Stephan (GER)	80	GC Ravensberger Land	AK M40	119	3:44:22	3:49:28	0:50:46	1:47:52	2:35:25	3:03:16	3:32:24
752	2513	Galandi, Andreas (GER)	65	Deutscher Sparkassen- und	AK M55	64	3:44:27	3:47:42	0:49:29	1:44:32	2:33:53	3:02:52	3:31:59
753	2254	Lüttge, Andreas (GER)	75	TVG Hattorf	AK M45	118	3:44:37	3:48:51	0:52:23	1:49:07	2:35:23	3:02:41	3:31:59
754	1860	Franken, Peter (GER)	69	LG Olympia Dortmund	AK M60	103	3:44:40	3:48:33	0:47:57	1:40:31	2:25:51	2:54:01	3:28:20
755	1411	Van Kempen, Melvin (NED)	94		AK MHK	76	3:44:44	3:49:41	0:53:48	1:52:52	2:41:18	3:07:34	3:33:11
756	1450	Schley, Marco (GER)	87	Südlöhner Lauftreff e.V	AK M35	135	3:44:46	3:48:21	0:52:24	1:50:27	2:37:54	3:04:23	3:32:36
757	188	Scherft, Timo (GER)	76	TSV Victoria Linden	AK M45	119	3:44:47	3:49:06	0:53:02	1:51:59	2:38:47	3:05:26	3:32:32
758	502	Burchard, Udo (GER)	66	ASV Ihlpohl	AK M55	65	3:44:47	3:48:18	0:48:22	1:41:17	2:27:02	2:56:00	3:28:25
759	2072	Post, Christian (GER)	88		AK M30	103	3:44:49	3:49:03	0:48:44	1:43:25	2:29:09	2:57:53	3:30:03
760	829	Schaab, Dieter (GER)	73	Lokomotive Aurburg	AK M45	120	3:44:51	3:48:53	0:51:16	1:49:30	2:37:33	3:04:33	3:31:38
761	105	Lamprecht, Stephan (GER)	65	LT Laufsport Andreas	AK M55	66	3:44:52	3:48:40	0:49:17	1:44:14	2:32:26	3:01:56	3:31:09
762	560	Beck, Mario (GER)	74		AK M45	121	3:44:53	3:48:46	0:51:12	1:48:09	2:34:07	3:02:00	3:32:20
763	924	Schulz, Wolfgang (GER)	68	100 Marathon Club	AK M60	104	3:44:55	3:48:44	0:51:41	1:50:48	2:38:42	3:05:47	3:32:52
764	1870	Jilg, Alfred (GER)	66	TV Hessisch Lichtenau	AK M55	67	3:44:57	3:49:14	0:54:07	1:53:10	2:40:34	3:06:57	3:33:23
765	741	Reinlein, Lothar (GER)	68	Franken Sport Team	AK M60	105	3:44:58	3:48:58	0:50:43	1:46:53	2:34:21	3:02:01	3:31:50

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
766	1983	Mannsfield, Lucien (GER)	99		AK MHK	77	3:45:03	3:49:27	0:53:01	1:51:31	2:38:45	3:05:16	3:32:38
767	2779	Jakubowski, Bent (GER)	80	VHV Versicherungen	AK M40	120	3:45:07	3:49:26	0:53:08	1:51:59	2:40:09	3:06:32	3:33:11
768	2385	Linderkamp, Thomas (GER)	70	SSV Pennigsehl	AK M60	106	3:45:12	3:51:48	0:53:09	1:51:50	2:39:28	3:06:12	3:33:09
769	2704	Fischer, Thorben (GER)	90		AK M30	104	3:45:14	3:50:05	0:51:04	1:48:04	2:35:08	3:03:13	3:32:10
770	1394	Dußler, Christian (GER)	87		AK M35	136	3:45:14	3:51:18	0:55:37	1:55:01	2:42:27	3:08:42	3:34:28
771	1077	Pietersma, Edwin (NED)	72	Stap Vooruit	AK M60	107	3:45:17	3:51:06	0:52:28	1:50:31	2:38:01	3:04:52	3:32:42
772	1070	Buschermöhle, Florian (GER)	78	TuS Eversten	AK M40	121	3:45:19	3:45:37	0:53:10	1:51:34	2:39:23	3:06:17	3:33:07
773	587	Nielsen, Ole (DEN)	57	Borup Løebekklub	AK M65	16	3:45:22	3:49:48	0:53:21	1:50:58	2:37:56	3:04:53	3:32:37
774	2335	Schumacher, Rolf (GER)	73	TSV IPPENER	AK M45	122	3:45:24	3:49:27	0:52:10	1:49:45		3:04:04	3:32:53
775	1420	Floren, Thorsten (GER)	75		AK M45	123	3:45:27	3:50:07	0:52:39	1:50:59	2:38:25	3:04:56	3:32:38
776	2496	Lüthke, Daniel (GER)	91		AK M30	105	3:45:28	3:50:20	0:51:55	1:48:34	2:35:03	3:03:55	3:33:09
777	1029	Guheneuf, Jean (FRA)	97		AK MHK	78	3:45:29	3:49:16	0:49:25	1:43:24	2:27:13	2:57:44	3:33:04
778	1679	Kimse, Stephan (GER)	80	VfL Brandenburg	AK M40	122	3:45:29	3:49:45	0:52:56	1:51:25	2:38:52	3:05:33	3:33:05
779	1097	Zeinert, Marcus (GER)	66	VfR Wilsche-Neubokel	AK M65	68	3:45:31	3:49:19	0:49:17	1:45:38	2:33:57	3:03:05	3:32:53
780	2292	Maragkoudakis, Stylianos (GRE)	78	Rafina Runners	AK M40	123	3:45:51	3:50:00	0:53:45	1:53:16	2:41:10	3:07:59	3:34:29
781	2170	Heinemann, Dirk (GER)	78		AK M40	124	3:45:54	3:53:18	0:52:01	1:50:13	2:38:07	3:05:25	3:33:31
782	2703	Knaus, Viktor (GER)	78	Continental	AK M40	125	3:46:06	3:51:19	0:53:39	1:52:27	2:39:48	3:06:00	3:33:26
783	478	Von Alm, Johannes (GER)	81		AK M40	126	3:46:45	3:50:32	0:49:43	1:44:53	2:31:06	2:59:01	3:31:55
784	1253	Grimm, Mathias (GER)	72	VfB Brunsbüttel	AK M60	108	3:46:48	3:51:15	0:52:57	1:51:05	2:38:41	3:05:18	3:33:10
785	151	Wechmann, Martin (GER)	75		AK M45	124	3:46:53	3:50:45	0:53:02	1:51:31	2:39:23	3:06:51	3:34:45
786	1990	Fischer Von Mollard, Jonathan	96	Continental	AK MHK	79	3:46:56	3:51:47	0:52:57	1:51:13	2:38:18	3:05:31	3:34:27
787	1541	Völsing, Jan (GER)	83	TuS Hasede	AK M35	137	3:46:57	3:51:39	0:47:42	1:41:13	2:28:17	3:04:56	3:32:26
788	786	Eichhorn, Michel (GER)	71	Racebooker Bremen	AK M60	109	3:47:02	3:51:00	0:50:41	1:52:42	2:37:39	3:05:34	3:33:51
789	1600	Haubold, Marcel (GER)	89	ARTIVA ATHLETIX	AK M30	106	3:47:05	3:51:40	0:52:53	1:51:43	2:39:20	3:06:16	3:34:12
790	2549	Jensen, Andreas G. (DEN)	55	Blovstrød Løverne	AK M65	17	3:47:06	3:50:56	0:51:18	1:49:18	2:38:01	3:06:03	3:34:31
791	2493	Tinnitus (F.), Captain (Guy) (LUX)	73	Team Erdinger Athletofrei	AK M45	125	3:47:08	3:51:00	0:51:10	1:49:14	2:37:36	3:05:50	3:33:43
792	1240	Triefenbach, Tim (GER)	93		AK MHK	80	3:47:09	3:51:04	0:54:06	1:52:57	2:40:55	3:07:59	3:35:55
793	2490	Großmann, Uwe (GER)	65	Garbsener SC	AK M65	69	3:47:09	3:51:35	0:52:10	1:49:33	2:37:20	3:05:15	3:34:09
794	892	Spengemann, Jan (GER)	91		AK M30	107	3:47:11	3:50:49	0:46:48	1:39:36	2:25:57	2:56:33	3:30:49
795	603	Blissenbach, Dirk (GER)	74	Hannover Runners e. V.	AK M45	126	3:47:14	3:51:04	0:48:52	1:42:34	2:30:50	3:01:34	3:33:35
796	1207	Yasrebi-Soppa, Philipp (GER)	93		AK MHK	81	3:47:22	3:53:32	0:47:30	1:43:51	2:31:38	3:00:27	3:32:59
797	459	Heese, Timo (GER)	72	Spvg. Niedersachsen	AK M60	110	3:47:35	3:52:38	0:51:44	1:49:51	2:37:38	3:05:09	3:34:31
798	1243	Lamster, Dennis (GER)	83		AK M35	138	3:47:37	3:51:31	0:53:27	1:51:03	2:38:25	3:05:04	3:34:44
799	2561	Schröer, Mario (GER)	76		AK M45	127	3:47:37	3:50:53	0:44:57	1:37:25	2:24:32	2:55:34	3:31:59
800	620	Ledain, Grégoire (FRA)	72		AK M60	111	3:47:42	3:51:33	0:52:33	1:50:45	2:37:55	3:05:31	3:34:05
801	846	Siemes, Carsten (GER)	91	Athletik Waldhiefel	AK M30	108	3:47:44	3:51:29	0:49:16	1:43:54	2:37:24	3:05:36	3:34:21
802	2455	Hertel, Norman (GER)	83		AK M35	139	3:47:46	3:51:02	0:42:14	1:28:31	2:06:36	2:34:22	3:26:30
803	1723	Mblitor, Sven (GER)	68	Wilhelmsdorfer Jungen	AK M60	112	3:47:46	3:51:19	0:49:18	1:45:00	2:31:44	3:01:01	3:33:18
804	2046	Bartsch, Lorenz-Alexander (GER)	94		AK MHK	82	3:47:49	3:51:55	0:52:32	1:50:52	2:38:00	3:05:13	3:34:53
805	475	Giebert, Guido (GER)	70		AK M60	113	3:47:57	3:53:19	0:52:08	1:50:53	2:38:48	3:05:57	3:34:23
806	1237	Klein, Patrick (GER)	89	SV Aegir 09 Triathlon	AK M30	109	3:48:02	3:51:41	0:51:23	1:49:12	2:36:06	3:04:03	3:33:42
807	2824	Kemnitz, Kai (GER)	88		AK M30	110	3:48:05	3:53:20	0:51:47	1:48:45	2:36:24	3:04:57	3:34:53
808	2323	Piochat, Matthias (GER)	75	VfL Börsen	AK M45	128	3:48:06	3:52:10	0:51:06	1:47:49	2:35:24	3:04:29	3:34:59
809	611	Potthoff, Andreas (GER)	68		AK M60	114	3:48:08	3:51:41	0:54:31	1:53:20	2:40:49	3:08:02	3:35:41
810	2629	Ahrens, Wolfgang (GER)	46	LC Aichach	AK M75	1	3:48:10	3:48:14	0:53:02	1:53:31	2:42:25	3:09:40	3:36:16

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
811	2768	Hedderich, Timo (GER)	80		AK M40	127	3:48:24	3:52:29	0:52:36	1:50:32	2:37:28	3:05:28	3:34:56
812	955	Nehring, Lasse (GER)	80		AK M40	128	3:48:24	3:55:06	0:53:26	1:52:57	2:40:30	3:07:38	3:35:42
813	1555	Laabs, André (GER)	88	TUS Holtenau Kiel	AK M30	111	3:48:24	3:53:37	0:53:16	1:53:01	2:40:56	3:08:31	3:36:15
814	1735	Schwarz, Maik (GER)	86		AK M35	140	3:48:25	3:52:36	0:53:23	1:51:50	2:39:42	3:07:20	3:35:56
815	1279	Kreft, Florian (GER)	88		AK M30	112	3:48:25	3:54:50	0:52:53	1:51:43	2:40:10	3:06:46	3:35:37
816	1781	Windmann, Sven (GER)	77	Fahrdorf	AK M45	129	3:48:26	3:52:48	0:53:08	1:51:56	2:40:17	3:07:45	3:36:25
817	1672	Schramm, Marko (GER)	70	TSV Lemke	AK M30	115	3:48:32	3:53:27	0:52:48	1:52:09	2:41:16	3:08:26	3:36:06
818	2093	Plier, Andreas (GER)	64	LAV Halensia e. V.	AK M35	70	3:48:35	3:48:41	0:48:22	1:43:22	2:29:26	2:56:11	3:31:01
819	440	Delfs, Hinrich (GER)	74	LTV Kiel-Ost	AK M45	130	3:48:47	3:53:38	0:53:24	1:52:37		3:07:53	3:35:59
820	317	Sternheimer, Matthias (GER)	88		AK M30	113	3:48:48	3:56:06	0:54:12	1:53:59	2:42:28	3:10:11	3:37:28
821	2613	Mbss, Tobias (GER)	87		AK M35	141	3:48:50	3:54:55		1:53:24	2:41:34	3:08:50	3:36:33
822	1427	Riedel, Stefan (GER)	62	SV Freie Waldorfschule	AK M30	22	3:48:52	3:49:15	0:52:21	1:50:56	2:39:14	3:07:03	3:35:43
823	185	Silberbach, René (GER)	75	Bäckerei Silberbach	AK M45	131	3:48:53	3:53:54	0:53:20	1:51:37	2:39:03	3:06:25	3:36:26
824	2077	Schanz, Frank (GER)	80		AK M40	129	3:48:55	3:54:40		1:52:00	2:38:57	3:06:11	3:35:28
825	1159	Hermann, Heiko (GER)	71	@running_input	AK M30	116	3:49:05	3:52:57	0:52:54	1:53:47	2:41:03	3:08:17	3:36:45
826	277	Brunke, Sascha (GER)	77		AK M45	132	3:49:20	3:53:56	0:53:13	1:52:10	2:40:20	3:07:14	3:36:02
827	1477	Zukerman, Shai (ISR)	77		AK M45	133	3:49:24	3:53:19	0:53:17	1:51:30	2:38:18	3:05:51	3:36:03
828	1297	Januszewski, Uwe (GER)	78	TB Wilferdingen	AK M40	130	3:49:24	3:53:09	0:50:49	1:47:13	2:36:57	3:06:25	3:36:15
829	328	Nebeker, Franck (FRA)	68		AK M30	117	3:49:26	3:53:24	0:50:50	1:47:45	2:35:44	3:04:29	3:34:16
829	1404	Marten, René (GER)	71	TG Werste	AK M30	117	3:49:26	3:49:40	0:49:04	1:47:19	2:37:19	3:06:46	3:36:26
831	2450	Von Frajer, Tobias (GER)	76		AK M45	134	3:49:26	3:54:22	0:55:08	1:56:50	2:44:02	3:10:53	3:37:41
832	1813	Rühling, Markus (GER)	68	TV Hessisch Lichtenau	AK M30	119	3:49:28	3:53:44	0:53:31	1:53:10	2:41:42	3:09:07	3:36:57
833	1872	Klink, Richard (GER)	91		AK M30	114	3:49:34	4:02:48	0:52:22	1:50:41	2:38:21	3:06:11	3:36:01
834	1733	Mervitz, Ole (GER)	98		AK MHK	83	3:49:37	3:53:17	0:45:28	1:37:22	2:25:09	2:58:31	3:34:12
835	1435	Dietz, Andy (GER)	74	House Dietz	AK M45	135	3:49:42	3:54:01	0:53:10	1:51:59	2:40:24	3:08:19	3:37:00
836	2720	Werz, Markus (SUI)	72	BECOME OUTSTANDING	AK M30	120	3:49:43	3:56:02	0:53:25	1:51:16	2:39:21	3:06:31	3:36:00
837	2315	Werz-Heine, Tobias (GER)	00	Continental	AK MHK	84	3:49:43	3:56:02	0:53:22	1:51:16	2:39:22	3:06:31	3:36:00
838	1559	Heuermann, Björn (GER)	78	LG Großefehn	AK M40	131	3:49:45	3:54:13	0:51:27	1:48:22	2:36:02	3:04:20	3:34:55
839	206	Zanjani, Hadi (GER)	67	Running School of Hannover	AK M35	71	3:49:45	3:53:02	0:45:16	1:38:12	2:29:19	3:00:22	3:34:17
840	1740	Stösser, Kai (GER)	79	1. FC Köln	AK M40	132	3:49:46	3:54:21	0:54:12	1:54:18	2:43:31	3:11:14	3:38:40
841	622	Höft, Lemart (GER)	00		AK MHK	85	3:49:46	3:53:29	0:49:16	1:44:40	2:32:50	3:01:01	3:35:23
842	793	Schmidt-Beneke, Nico (GER)	91		AK M30	115	3:49:52	3:55:56	0:56:16	1:56:41	2:45:25	3:12:00	3:38:44
843	1062	Krückeberg, Christian (GER)	62	vereinslos	AK M30	23	3:49:53	3:54:50	0:52:40	1:51:11	2:38:46	3:05:53	3:36:14
844	2526	Urban, Jörg (GER)	67	Sparkasse Hannover	AK M35	72	3:49:56	3:54:04	0:54:57	1:55:41	2:44:40	3:11:42	3:38:25
845	2425	Urban, Udo (GER)	70	Körting Hannover GmbH	AK M30	121	3:49:57	3:54:04	0:54:58	1:55:42	2:44:38	3:11:42	3:38:25
846	2570	Ketter, Marc (GER)	86	Happy Sunday Morning	AK M35	142	3:49:57	3:53:52	0:48:42	1:43:35	2:27:12	3:00:51	3:35:14
847	2563	Sarakun, Marc (GER)	84	Happy Sunday Morning	AK M35	143	3:49:58	3:53:53	0:48:43	1:43:35	2:27:13	3:00:51	3:35:15
848	2041	Baars, Nico (GER)	84	Continental	AK M35	144	3:49:58	3:54:16	0:53:38	1:52:26	2:40:05	3:08:11	3:37:12
849	2317	Herrmann, Gauthier (FRA)	75		AK M45	136	3:49:59	3:54:05	0:52:14	1:51:14	2:39:36	3:07:05	3:35:48
850	762	Zachau, Axel (GER)	74	Athletik Waldhiesel	AK M45	137	3:49:59	3:50:09	0:51:15	1:49:07	2:38:08	3:07:12	3:36:50
851	427	Voigt, Marcel (GER)	87	Trimago eV	AK M35	145	3:50:02	3:53:58	0:52:37	1:50:55		3:05:14	3:35:28
852	1210	Bunte, Kevin (GER)	88		AK M30	116	3:50:05	3:57:10	0:55:14	1:54:35	2:42:47	3:09:54	3:37:54
853	1754	Bohnhorst, Steffen (GER)	89	TuS Hellwege	AK M30	117	3:50:07	3:55:39	0:54:24	1:55:05	2:43:53	3:10:59	3:37:49
854	1386	Jasker, Lutz (GER)	66		AK M35	73	3:50:08	3:53:59	0:50:39	1:47:26	2:35:32	3:04:43	3:35:33
855	614	Quarck, Ulrich (GER)	64	Marine Glücksburg	AK M35	74	3:50:08	3:54:09	0:54:18	1:54:04	2:42:00	3:09:25	3:37:28

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
856	1751	Kraus, Michael (GER)	67		AK M65	75	3:50:11	3:57:42	0:51:36	1:49:41	2:38:20	3:07:07	3:36:41
857	571	Groß, Florian (GER)	79		AK M40	133	3:50:11	3:56:49	0:56:52	1:57:09	2:44:24	3:11:11	3:38:49
858	1096	Brehe, Michael (GER)	60	FC Bayern München	AK M60	24	3:50:13	3:54:13	0:53:31	1:52:27	2:42:10	3:10:40	3:38:34
859	2319	Weißhuber, Lars (GER)	96		AK MHK	86	3:50:15	4:03:34	0:55:42	1:56:46	2:46:04	3:13:03	3:39:25
860	2341	Knudsen, John (DEN)	69		AK M60	122	3:50:19	3:55:10	0:54:38	1:55:57	2:45:12	3:12:00	3:38:44
861	1345	Zutz, Lars (GER)	71	Daverdener Runners	AK M60	123	3:50:24	3:54:15	0:50:30	1:47:24	2:36:03	3:05:28	3:36:01
862	536	Neugebauer, Lars (GER)	84	Artiva Athletix Team	AK M65	146	3:50:35	3:54:45	0:53:10	1:52:11	2:41:38	3:10:23	3:38:28
863	852	Seelinger, Berthold (GER)	56	LT Unterkimach	AK M65	18	3:50:39	3:50:48	0:54:03	1:55:47	2:42:58	3:09:38	3:37:28
864	2410	Ahlers, Arian (GER)	99	Ahlers-Heinel-RacingTeam	AK MHK	87	3:50:40	3:56:04	0:53:20	1:53:02	2:42:03	3:09:45	3:38:13
865	153	Tunbrägel, Peter (GER)	71		AK M60	124	3:50:42	3:57:24	0:53:12	1:51:35	2:40:02	3:08:09	3:36:52
866	1519	Wuttke, Patrick (GER)	67	Deister Meister	AK M65	76	3:50:44	3:54:43	0:54:35	1:54:00	2:42:13	3:09:43	3:37:58
867	2829	Di Paterniano, Manuel (GER)	95	Lage Lippe	AK MHK	88	3:50:45	3:55:37	0:54:35	1:55:43	2:44:54	3:12:28	3:39:23
868	2052	Nikolaiczky, Andre (GER)	72	Bad Münde	AK M60	125	3:50:45	3:55:37	0:54:37	1:55:44	2:44:54	3:12:28	3:39:23
869	1685	Emmer, Till (GER)	82	Continental	AK M40	134	3:50:48	3:55:09	0:53:11	1:51:53	2:40:09	3:08:00	3:37:41
870	1415	Sternhues, Philipp (GER)	86		AK M65	147	3:50:59	4:04:13	0:53:20	1:53:40	2:42:22	3:10:04	3:38:18
871	1442	Kærgaard, Ryan (DEN)	82	Muldvarpen intertainments	AK M40	135	3:51:02	3:54:59	0:51:17	1:49:37	2:39:33	3:09:07	3:38:20
872	2422	Thienke, Diego (GER)	66		AK M65	77	3:51:05	3:55:14	0:52:32	1:51:24	2:39:31	3:07:57	3:37:38
873	2472	Bock, Timon (GER)	91	MV Stüde	AK M60	118	3:51:08	3:55:46	0:54:01	1:53:22	2:42:17	3:10:12	3:38:34
874	1645	Sommer, Sebastian (GER)	88	Schulisch Arbeitsbühnen	AK M60	119	3:51:09	4:04:21	0:52:34	1:50:24	2:35:39	3:03:54	3:37:12
875	1912	Dullau, Eckhard (GER)	56		AK M65	19	3:51:12	3:54:48	0:52:40	1:52:41	2:41:54	3:10:05	3:38:21
876	268	Joppe, Holger (GER)	66	Symrise AG	AK M65	78	3:51:20	3:54:58	0:51:37	1:51:07	2:39:33	3:07:49	3:37:04
877	2763	Bennecke, Tim (GER)	80		AK M40	136	3:51:23	3:56:11	0:53:55	1:52:33	2:41:48	3:09:15	3:38:44
878	2141	Vollmer, Matthias (GER)	84	Hamburg Greeter	AK M65	148	3:51:25	3:55:53	0:53:07	1:52:08	2:40:31	3:08:50	3:37:51
879	303	Balitzki, Sebastian (GER)	84	OstseeRunner	AK M65	149	3:51:29	3:55:36	0:49:30	1:45:33	2:34:02	3:03:16	3:36:32
880	1281	Liebetrau, Wilko (GER)	77	TRAUCO Gruppe	AK M45	138	3:51:35	3:55:49	0:53:22	1:52:58	2:40:36	3:08:38	3:38:07
881	1752	Scheibler, Gregor (GER)	66	Sport Trend Braunschweig	AK M65	79	3:51:39	3:56:18	0:52:57	1:52:30	2:39:39	3:06:51	3:37:59
882	1653	Schuricht, Volker (GER)	67		AK M65	80	3:51:42	3:55:21	0:47:48	1:43:07	2:33:03	3:04:06	3:37:19
883	1607	Culp, Philipp (GER)	97	SC Bodenfelde	AK MHK	89	3:51:46	3:57:28	0:53:03	1:51:01	2:39:21	3:07:37	3:37:31
884	957	Mynek, Jonas (GER)	84		AK M65	150	3:51:49	3:56:53	0:54:19	1:54:54	2:43:08	3:10:06	3:38:22
885	1344	Stahmer, Bernd (GER)	74	TSV Bargteheide	AK M45	139	3:51:50	3:56:37	0:51:43	1:49:47	2:37:40	3:06:12	3:37:14
886	300	Eylers, Dirk (GER)	76	Racebooker	AK M45	140	3:51:55	3:55:53	0:50:45	1:49:08	2:39:06	3:09:19	3:38:38
887	152	Bording, Johannes (DEN)	72	Tauvo Motion	AK M60	126	3:51:58	3:56:32	0:54:40	1:55:48	2:44:40	3:12:03	3:39:29
888	1848	Mehe, Felix (GER)	96		AK MHK	90	3:52:01	3:56:38		1:56:10	2:45:12	3:12:51	3:39:57
889	307	Vogt, Florian (GER)	87		AK M65	151	3:52:02	3:56:12	0:55:41	1:54:17	2:43:40	3:11:43	3:40:03
890	747	Gericke, Timo (GER)	82		AK M40	137	3:52:08	3:56:18	0:54:41	1:53:18	2:41:30	3:09:41	3:38:42
891	1459	Laue, Carsten (GER)	69	Hannover Runners e. V.	AK M60	127	3:52:10	3:56:48	0:54:30	1:54:54	2:44:06	3:11:46	3:39:48
892	2228	Hellrung, Heiko (GER)	65		AK M65	81	3:52:13	3:56:51	0:52:48	1:51:17	2:39:48	3:09:35	3:38:54
893	1093	Knittler, Jan (GER)	95		AK MHK	91	3:52:16	3:57:09	0:53:48	1:52:05	2:40:46	3:08:46	3:39:13
894	1825	Savala, Tizian (GER)	91		AK M60	120	3:52:21	3:56:50	0:51:02	1:49:00	2:38:37	3:07:21	3:38:47
895	1349	Kozira, Alex (GER)	71		AK M60	128	3:52:23	3:52:40	0:50:44	1:50:28	2:40:11	3:09:30	3:39:18
896	1908	König, Daniel (GER)	76		AK M45	141	3:52:24	3:58:57	0:53:43	1:53:29	2:41:52	3:10:08	3:39:15
897	2042	Lukac-Zuscin, Karl (GER)	58	LC Michelstadt	AK M60	25	3:52:25	3:56:19	0:52:57	1:52:02	2:39:49	3:07:55	3:38:02
898	1702	Stahl, Fred (GER)	51	LG Neumünster	AK M70	3	3:52:32	3:52:41	0:49:47	1:45:20	2:31:19	3:02:02	3:37:17
899	732	Evers, Karsten (GER)	71		AK M60	129	3:52:35	3:57:15	0:53:03	1:51:36	2:40:11	3:09:09	3:38:59
900	1330	Heynen, Tobias (GER)	81	Lauffreß Haldern	AK M40	138	3:52:40	3:57:02	0:53:10	1:52:29	2:41:50	3:10:28	3:40:20

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
901	2288	Mylovas, Spyridon (GRE)	71	Rafina Runners	AK M60	130	3:52:40	3:56:49	0:53:20	1:51:12	2:38:58	3:06:44	3:37:39
902	1276	Kollhorst, Hinnerk (GER)	95	TuS Wasserstraße	AK MHK	92	3:52:42	3:56:39	0:52:17	1:49:08	2:35:46	3:03:46	3:38:24
903	2255	Schwert, Sascha (GER)	87	Dextro Energy Sport Team	AK M65	152	3:52:42	3:57:02	0:53:06	1:51:57	2:40:03	3:08:30	3:38:06
904	2005	Kühling, Johannes (GER)	98		AK MHK	93	3:52:44	3:57:05	0:53:32	1:52:26	2:40:33	3:08:51	3:39:17
905	1640	Geßner, Michael (GER)	77		AK M45	142	3:52:45	3:56:40	0:55:15	1:55:32	2:45:12	3:12:47	3:40:33
906	2350	Bieler, Mcha (GER)	78	100Marathon Club	AK M40	139	3:52:59	3:58:29	0:52:47	1:52:28	2:42:02	3:10:48	3:40:09
907	1713	Jerke, Maik (GER)	81		AK M40	140	3:53:01	3:59:06	0:52:31	1:50:38	2:38:20	3:08:00	3:39:03
908	2661	Kouloumentas, Ilias (GRE)	72		AK M60	131	3:53:04	3:58:03	0:54:02	1:54:07	2:43:15	3:11:25	3:40:44
909	1076	Engelhardt, Michael (GER)	91		AK M60	121	3:53:04	3:57:08	0:55:22	1:56:42	2:45:56	3:13:41	3:41:22
910	1546	Enck, Stefan (GER)	79	Südlöhner Lauftreff e.V	AK M40	141	3:53:11	3:58:12	0:46:40	1:38:49	2:24:13	3:02:09	3:39:34
911	2708	Grillot, Jonathan (USA)	85	Continental	AK M65	153	3:53:11	3:57:29	0:53:39	1:52:26	2:41:45	3:12:12	3:41:02
912	2733	Jankowski, Eckhard (GER)	66	Augathonis Hannover	AK M65	82	3:53:13	3:58:22	0:54:40	1:54:03	2:41:23	3:09:03	3:38:56
913	910	Ahrend, André (GER)	66	SLS Leinebagger Hannover	AK M65	83	3:53:26	3:57:01	0:52:10	1:51:42	2:40:56	3:09:46	3:40:04
914	2600	Ribbing, Michael (GER)	69		AK M60	132	3:53:31	3:57:57	0:54:16	1:54:58	2:45:17	3:13:39	3:41:33
915	283	Höllmann, Stefan (GER)	72	SV Olympia Uelsen	AK M60	133	3:53:34	3:58:23	0:54:30	1:56:08	2:44:58	3:12:29	3:40:17
916	2786	Bialaschewitz, Lars (GER)	72	Continental	AK M60	134	3:53:36	3:58:15	0:54:04	1:54:51	2:44:46	3:12:55	3:41:05
917	2592	Dello, Ward (BEL)	67		AK M65	84	3:53:36	3:58:05	0:55:36	1:54:45	2:42:19	3:10:12	3:39:57
918	168	Sasse, Michael (GER)	60	TSV Obergeis	AK M60	26	3:53:37	3:57:22	0:57:32	1:58:24	2:46:42	3:13:52	3:41:09
919	668	Dähne, Joachim (GER)	75	Lauftreff TB Stöcken	AK M45	143	3:53:44	3:57:44	0:51:02	1:49:15	2:38:50	3:06:12	3:38:49
920	2026	Atasoy, Savas (GER)	91		AK M60	122	3:53:46	4:07:05	0:53:11	1:51:36	2:41:15	3:10:13	3:40:25
921	2113	Campbell, Ronan (IRL)	85	Continental	AK M65	154	3:53:49	3:57:38	0:52:55	1:51:59	2:41:12	3:10:45	3:40:20
922	354	Hesse, Sascha (GER)	86		AK M65	155	3:53:57	3:58:48	0:52:42	1:52:36	2:41:02	3:09:18	3:40:41
923	1734	Schmettkamp, Axel (GER)	69		AK M60	135	3:53:58	3:58:52	0:51:58	1:51:00	2:41:36	3:11:09	3:40:47
924	1858	Jakobs, Hans-Joachim (GER)	67		AK M65	85	3:54:03	3:57:47	0:52:35	1:51:34	2:39:38	3:08:12	3:39:04
925	1107	Huizinga, Bas (NED)	75		AK M45	144	3:54:05	3:58:16	0:53:21	1:52:27	2:41:21	3:10:03	3:40:33
926	2361	Schmuck, Andrew (GER)	71	Laufwerk Hamburg	AK M60	136	3:54:08	3:58:24	0:52:31	1:50:44		3:09:16	3:39:43
927	2362	Schlenhoff, Maarten (GER)	73	Laufwerk Hamburg	AK M45	145	3:54:08	3:58:24	0:52:35	1:50:44	2:40:24	3:09:16	3:39:42
928	2474	Bartsch, Jürgen (GER)	61	Delligser SC	AK M60	27	3:54:15	3:57:38	0:51:12	1:49:23	2:38:40	3:08:33	3:39:53
929	779	Seitz, Alexander (GER)	70		AK M60	137	3:54:16	4:00:30	0:53:28	1:54:01	2:43:10	3:11:22	3:40:37
930	2500	Hartbrecht, Frank (GER)	64	Harz-Gebirgslauf	AK M65	86	3:54:16	3:54:37	0:51:01	1:49:16	2:38:32	3:08:11	3:39:47
931	2190	Schindler, Thorsten (GER)	68	LC Auensee Leipzig	AK M60	138	3:54:22	3:54:37	0:53:07	1:51:38	2:42:06	3:11:57	3:41:51
932	2684	Nielsen, Peter (DEN)	71		AK M60	139	3:54:28	3:58:52	0:53:04	1:51:18	2:40:26	3:09:27	3:40:12
933	2033	Tözel, Peter (GER)	65	Fette Kette	AK M65	87	3:54:31	3:59:21	0:52:38	1:51:03	2:38:33	3:07:39	3:39:16
934	1843	Banjavcic, Zlatko (CRO)	71	TB Bortfeld E.V.	AK M60	140	3:54:33	3:58:18	0:51:40	1:46:50	2:34:33	3:04:54	3:38:11
935	2591	Barg, Holger (GER)	71	TeamERDINGER	AK M60	141	3:54:34	3:59:24	0:54:14	1:54:13	2:43:43	3:12:08	3:41:39
936	306	Luttikhuisen, Bernard (NED)	82		AK M40	142	3:54:37	3:57:53	0:52:02	1:52:00	2:41:22	3:10:07	3:41:19
937	1315	Marquardt, Jürgen (GER)	63		AK M65	88	3:54:38	3:59:44	0:54:50	1:54:46	2:43:51	3:11:29	3:40:38
938	347	Meulebrouck, Nicolas (BEL)	91	BailRun	AK M60	123	3:54:39	4:00:40	0:52:07	1:50:14	2:38:10	3:07:16	3:40:46
939	194	Mai, Christian (GER)	65	SV Haldern Lauftreff	AK M65	89	3:54:40	3:59:02	0:53:10	1:52:29	2:41:51	3:11:03	3:41:08
940	1469	Vogel, Julian (GER)	91		AK M60	124	3:54:46	3:59:59	0:53:15	1:53:01	2:40:56	3:08:34	3:40:11
941	2355	Köhler, Björn (GER)	88	beVegt.de	AK M60	125	3:54:50	3:59:55	0:55:05	1:56:04	2:46:22	3:14:09	3:42:18
942	2762	Mull, Patric (GER)	81		AK M40	143	3:54:52	3:59:11	0:52:58	1:52:25	2:41:39	3:10:35	3:40:51
943	197	Gebauer, Jan (GER)	74	Hannover 96	AK M45	146	3:54:53	3:55:10	0:49:57	1:47:26	2:35:33	3:04:45	3:39:07
944	584	Nierig, Jean (GER)	74		AK M45	147	3:54:57	4:01:05	0:50:12	1:51:28	2:40:07	3:09:28	3:40:28
945	936	Poth, Julian (GER)	95		AK MHK	94	3:54:59	4:02:03		1:50:03		3:11:00	3:41:34

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946	937	Krull, Thomas (GER)	93	TSV Wettmar	AK MHK	95	3:55:00	4:02:03	0:52:09	1:50:03	2:39:53	3:11:00	3:41:40
947	613	Tinz, Oliver (GER)	80		AK M40	144	3:55:03	3:59:02	0:53:40	1:52:23	2:42:28	3:11:07	3:40:56
948	1238	Van Noppen, Dries (BEL)	91		AK M30	126	3:55:04	3:59:51	0:49:53	1:44:23	2:34:08	3:04:01	3:39:54
949	1201	Van Der Steege, Arjan (NED)	78	SV Langen	AK M40	145	3:55:09	3:58:57	0:49:18	1:43:45	2:28:21	3:01:29	3:40:41
950	1424	Gebauer, Bernd (GER)	78	TSV Brunsen	AK M40	146	3:55:10	3:58:38	0:55:02	1:56:05	2:45:37	3:13:49	3:42:57
951	2551	Erdmann, Olaf (GER)	76	Sparkasse Dortmund	AK M45	148	3:55:11	4:00:01	0:54:37	1:56:00		3:14:31	3:42:52
952	113	Sandomier, Stefan (GER)	83	JF-Ihloferfehn	AK M35	156	3:55:12	3:59:10	0:53:35	1:52:55	2:43:07	3:12:22	3:42:21
953	1408	Flehmer, Marcel (GER)	72		AK M60	142	3:55:16	3:59:09	0:54:21	1:54:24	2:44:01	3:11:49	3:41:07
954	1897	Freutel, Adrian (GER)	93	LTV Obereichsfeld e. V.	AK MHK	96	3:55:19	4:03:33	0:51:57	1:48:28	2:36:05	3:05:52	3:41:31
955	2140	Axø, Morten (DEN)	69	Taulov Motion	AK M60	143	3:55:20	3:59:53	0:54:39	1:55:48	2:44:45	3:12:18	3:41:27
956	2406	Buchterkirche, Klaus (GER)	62	LSF Münster	AK M60	28	3:55:25	3:59:09	0:53:05	1:53:02	2:42:47	3:11:56	3:41:50
957	859	Ranters, Gerold (GER)	70	Möllenpadloapers Laar SV	AK M60	144	3:55:31	4:00:12	0:55:30	1:56:23	2:46:39	3:14:32	3:42:41
958	267	Schmidt, Rene (GER)	73		AK M45	149	3:55:32	4:00:42	0:52:43	1:51:09	2:41:46	3:11:12	3:41:16
959	2437	Kröger-Mülder, Thomas (GER)	62	LG Elmshorn	AK M60	29	3:55:33	3:55:53	0:54:45	1:55:31	2:43:22	3:11:23	3:40:53
960	2199	Schneider, Andreas (GER)	61		AK M60	30	3:55:35	3:59:51		1:57:35	2:46:22	3:13:50	3:42:05
961	1251	Wilke, Marcel (GER)	93		AK MHK	97	3:55:35	4:03:54	0:53:11	1:51:37	2:41:15	3:10:13	3:41:22
962	656	Thüroff, Holger (GER)	60	IfL Frankenwald	AK M60	31	3:55:38	3:59:34	0:49:15	1:44:15	2:30:36	2:59:25	3:36:26
963	1755	Bittner, Jens (GER)	75		AK M45	150	3:55:40	4:01:11	0:54:23	1:55:05	2:43:54	3:10:59	3:40:31
964	2800	Janßen, Michael (GER)	80	Run4All	AK M40	147	3:55:41	4:00:23	0:52:22	1:50:40	2:38:43	3:09:25	3:42:11
965	1989	Evers, Karl-Heinz (GER)	67	LF SFN Vechta	AK M65	90	3:55:41	3:59:24	0:49:18	1:45:44	2:33:53	3:04:12	3:41:31
966	2114	Luhr, Lars (GER)	98	Tierärztliche Hochschule	AK MHK	98	3:55:41	4:01:18	0:52:34	1:50:44	2:40:33	3:10:17	3:42:03
967	2765	Chmielewski, Roland (GER)	66	Triathlon Team Ratingen	AK M65	91	3:55:41	3:59:31	0:55:02	1:56:28	2:46:25	3:14:40	3:42:59
968	1586	Hougaard, Klaus (DEN)	57	Taulov Motion	AK M65	20	3:55:46	4:00:20	0:54:39	1:55:49	2:44:50	3:12:57	3:43:10
969	1744	Bonnemann, Dettlef (GER)	67	Team pilgerwagennomade.de	AK M65	92	3:55:50	4:01:09	0:57:03	1:58:43	2:48:29	3:16:14	3:43:35
970	2359	Pedersen, Lars Simon (DEN)	69	Fjordager IF Motion	AK M60	145	3:55:51	4:00:47	0:55:06	1:56:15	2:46:30	3:14:23	3:43:01
971	1769	Dreimann, Stefan (GER)	69	Adler-Langlauf Bottrop	AK M60	146	3:55:53	3:59:40	0:52:30	1:50:14		3:09:10	3:41:25
972	2626	Quernheim, Jens (GER)	69	TVE Rösche e.V.	AK M60	147	3:55:57	3:59:39	0:53:08	1:52:11	2:40:51	3:10:13	3:42:13
973	2339	Choynowski, Christof (GER)	64		AK M65	93	3:55:58	4:00:03	0:53:33	1:52:24	2:43:17	3:12:52	3:42:56
974	2724	Tuschen, Maik (GER)	79		AK M40	148	3:55:59	3:59:52	0:49:18	1:45:09	2:35:29	3:06:55	3:40:47
975	989	Schönfeld, Fabian (GER)	98		AK MHK	99	3:56:03	3:59:34	0:47:55	1:41:31	2:31:35	3:06:10	3:41:20
976	671	Hofmeier, Christian (GER)	80	VfB Gorspen-Vahlsen	AK M40	149	3:56:05	3:59:53	0:49:17	1:44:30	2:35:28	3:08:34	3:42:16
977	2633	Bertelsen, Stig (GER)	61		AK M60	32	3:56:09	4:00:42	0:54:40	1:55:49	2:44:44	3:12:07	3:42:00
978	1597	Wolff, Gerhard (GER)	73	Envipro	AK M45	151	3:56:12	4:01:08	0:55:02	1:54:37	2:43:30	3:11:44	3:41:58
979	2230	Wolf, Norbert (GER)	55	Dalles Kicker	AK M65	21	3:56:17	3:56:28	0:48:51	1:46:52	2:36:24	3:07:30	3:40:49
980	138	Tramp, Jan (GER)	90		AK M30	127	3:56:20	4:01:37	0:53:59	1:53:29	2:43:15	3:12:04	3:42:36
981	1433	Frank, Dirk Hermann (GER)	67	Hannover 96 Triathlon	AK M65	94	3:56:20	4:01:03	0:53:32	1:53:47	2:43:35	3:11:45	3:42:47
982	1503	Ludwig, Jens (GER)	71	LGO Bochum	AK M60	148	3:56:26	4:00:17	0:53:53	1:54:16	2:44:57	3:14:06	3:43:30
983	2099	Tzigkos, Fotios (GRE)	59		AK M60	33	3:56:26	4:01:11	0:54:33	1:56:03	2:45:48	3:13:55	3:43:00
984	2024	Siebert, Dominik (GER)	91		AK M30	128	3:56:27	4:01:27	0:54:14	1:55:31	2:45:54	3:14:29	3:43:33
985	2718	Chemov, Oleksandr (GER)	88		AK M30	129	3:56:31	4:01:35	0:54:31	1:55:01	2:43:58	3:12:41	3:42:52
986	2104	Müller, Paul (GER)	52	VfL Tegel Berlin	AK M70	4	3:56:31	3:56:42	0:51:44	1:50:32	2:41:25	3:10:53	3:42:06
987	2320	Tebaay, Theodor (GER)	86	SG Stern Bremen	AK M35	157	3:56:36	4:02:10	0:51:46	1:50:20	2:38:36	3:08:30	3:42:56
988	2755	Meyer, Niels (GER)	74	MfV Müden/Örtze	AK M45	152	3:56:44	4:00:58	0:51:37	1:49:03	2:36:42	3:06:40	3:41:13
989	2541	Van Der Werff, Richard (NED)	71	Loopgroep Bedum	AK M60	149	3:56:51	4:01:40	0:53:51	1:53:15	2:42:11	3:11:38	3:42:11
990	791	Snijder, Thom (NED)	70	Loopgroep Bedum	AK M60	150	3:56:51	4:01:40	0:53:53	1:53:14	2:42:13	3:11:41	3:42:14

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
991	1328	Ahlers, Hermann (GER)	63	SV Langen	AK M65	95	3:56:58	4:00:49	0:53:36	1:51:14	2:39:22	3:09:46	3:43:05
992	1078	Rätz, Oliver (GER)	94		AK MHK	100	3:57:02	4:02:12		1:48:26		3:10:55	3:44:45
993	119	Ploier, Oliver (GER)	73	Hannover 96	AK M45	153	3:57:04	4:01:12	0:54:32	1:55:05	2:45:34	3:14:30	3:44:16
994	2328	Goltze, Christian (GER)	96	Sparda-Bank Hannover eG	AK MHK	101	3:57:05	4:02:34	0:52:51	1:50:49	2:38:18	3:07:04	3:41:19
995	1228	Michels, Lars (GER)	97		AK MHK	102	3:57:06	4:10:24	0:55:50	1:56:59	2:46:34	3:13:53	3:42:56
996	100	Seebode, Jan (GER)	72	Schaumburger	AK M60	151	3:57:13	4:02:22	0:55:42	1:57:42	2:46:54	3:14:54	3:43:57
997	1847	Fieser, Dennis (GER)	89		AK M80	130	3:57:15	4:01:27	0:50:49	1:47:27	2:36:20	3:09:29	3:42:42
998	2619	Hartert, Patrick (GER)	71	Continental	AK M60	152	3:57:19	4:01:59	0:53:47	1:53:35	2:43:19	3:12:14	3:43:26
999	2294	Schmitt, Holger (GER)	68	SG Sparkasse Aachen	AK M60	153	3:57:22	4:01:56	0:53:51	1:53:22	2:43:29	3:13:19	3:43:18
1000	754	Ludwikowski, Philipp (GER)	88		AK M80	131	3:57:27	4:04:02	0:51:38	1:49:32	2:40:06	3:10:28	3:42:33
1001	2058	Thomas, Frank (GER)	67	TSVE 1890 Bielefeld	AK M65	96	3:57:30	4:01:01	0:54:17	1:55:12	2:44:43	3:14:03	3:44:06
1002	2065	Landwehr, Matthias (GER)	70	LC Solbad Ravensberg e.V.	AK M60	154	3:57:30	4:01:01	0:54:16	1:55:12	2:44:38	3:14:03	3:44:07
1003	1160	Fauter, Gregor (GER)	85		AK M85	158	3:57:35	4:11:00	0:57:24	2:02:48	2:50:28	3:17:54	3:45:36
1004	1069	Müller, Frank (GER)	64	sportTREND Ultralaufteam	AK M65	97	3:57:37	3:58:00	0:55:54	1:55:50	2:45:13	3:14:29	3:44:22
1005	1475	Schröder, Manuel (GER)	87	Flügelfuß	AK M85	159	3:57:40	4:02:26	0:54:55	1:57:09	2:47:35	3:15:48	3:44:29
1006	1428	De Boer, Jurgen (NED)	99		AK MHK	103	3:57:41	4:01:12	0:49:34	1:44:38	2:33:31	3:07:49	3:42:10
1007	1543	Rugen, Elias (GBR)	96		AK MHK	104	3:57:43	4:02:27	0:54:31	1:55:45	2:46:49	3:15:05	3:45:03
1008	941	Rohde, Dennis (GER)	86		AK M85	160	3:57:45	4:02:51	0:55:11	1:58:02	2:48:13	3:16:18	3:44:41
1009	1533	Kulbarz, Boris (GER)	69		AK M60	155	3:57:49	4:02:31	0:54:36	1:55:53	2:45:57	3:14:38	3:44:02
1010	2388	Qual, Andreas (GER)	75	Continental	AK M45	154	3:57:52	4:01:57	0:55:42	1:57:41	2:48:11	3:16:49	3:45:18
1011	2177	Brünel, Stefan (GER)	70	Post-SV Holzminden	AK M60	156	3:57:54	3:58:14	0:52:26	1:47:10	2:46:00	3:20:51	3:46:53
1012	1175	Lau, Konrad (GER)	96	ATV Albertia Göttingen	AK MHK	105	3:57:56	4:03:17	0:49:28	1:43:40	2:32:15	3:04:00	3:40:45
1013	558	Rajzer, Markus (GER)	70	Läufer mit Herz	AK M60	157	3:57:56	3:58:26	0:48:27	1:42:41	2:38:57	3:10:42	3:44:34
1014	2390	Jeschak, Patrick (GER)	86	SF Ennetal	AK M85	161	3:57:58	4:02:01	0:55:02	1:55:46	2:45:01	3:14:03	3:44:33
1015	1119	Lühdorff, Alexander (GER)	66		AK M65	98	3:57:59	4:02:14	0:55:24	1:56:50	2:48:17	3:17:12	3:45:47
1016	1055	Danielski, Henri (GER)	83		AK M85	162	3:57:59	4:03:06	0:56:06	1:57:44	2:47:50	3:16:14	3:44:56
1017	1395	Böhler, Matti (GER)	97		AK MHK	106	3:58:01	4:04:52	0:59:01	2:01:09	2:52:38	3:20:43	3:46:23
1018	2442	Köller, Aljoscha (GER)	77		AK M45	155	3:58:03	4:01:36	0:47:09	1:43:24	2:33:43	3:05:40	3:43:54
1019	2825	Kaufhold, Michael (GER)	98	RGF Lehrte/Sehnde	AK MHK	107	3:58:04	4:02:19	0:52:24	1:50:14	2:44:56	3:15:45	3:45:15
1020	1047	Lueke, Christoph (GER)	74		AK M45	156	3:58:08	4:02:11	0:55:52	1:57:57	2:48:09	3:16:22	3:44:59
1021	1264	Laga, Kenneth (GER)	95		AK MHK	108	3:58:11	4:11:28	0:55:53	1:56:59	2:46:37	3:14:00	3:44:36
1022	1666	Gaus, Sebastian (GER)	97	Continental	AK MHK	109	3:58:12	4:03:16	0:54:26	1:56:59	2:47:36	3:15:58	3:45:11
1023	736	Stemmler, Frank (GER)	85		AK M85	163	3:58:16	4:02:42	0:55:17	1:56:40	2:46:56	3:15:29	3:45:05
1024	2508	Postels, Jan (GER)	69	Gastanmeldung	AK M60	158	3:58:17	3:58:34	0:53:35	1:54:53	2:45:20	3:15:05	3:45:10
1025	1976	Cassel, Cord (GER)	65	ASC Göttingen 1846 e.V.	AK M65	99	3:58:17	4:02:52	0:52:52	1:52:24	2:43:29	3:14:45	3:45:38
1025	1109	Pannen, Friedemann (GER)	63		AK M65	99	3:58:17	4:04:17	0:57:15	1:59:29	2:49:29	3:17:29	3:45:31
1027	923	Delventhal, York (GER)	78		AK M40	150	3:58:18	4:02:10		1:52:57	2:41:42	3:10:47	3:44:14
1028	2008	Rave, Stephan (GER)	63	Südlöhner Lauftreff e.V.	AK M65	101	3:58:18	4:01:53	0:52:24	1:50:26	2:39:23	3:10:33	3:43:59
1029	531	Friedrichs, Marco (GER)	82		AK M40	151	3:58:19	4:02:26	0:53:34	1:52:32	2:41:56	3:12:18	3:44:01
1030	2189	Stiefel, Norman (GER)	82	BSG Sparkasse Lüdenscheld	AK M40	152	3:58:19	4:03:59	0:53:57	1:56:29	2:47:18	3:15:52	3:45:01
1031	2801	Muhm, Maximilian (GER)	90	ARTIVA ATX LÄUFT FÜR	AK M80	132	3:58:24	4:02:32	0:55:17	1:56:16	2:45:39	3:14:10	3:44:27
1032	311	Prokoph-Schwabe, Thore (GER)	78		AK M40	153	3:58:30	4:02:20	0:53:13	1:52:37	2:41:55	3:11:53	3:44:00
1033	824	Cui, Jianfeng (GER)	78	China-Sport	AK M40	154	3:58:30	4:01:49	0:55:55	1:55:58	2:45:03	3:14:26	3:45:08
1034	926	Tappe, Sascha (GER)	81	adidas Runners Hamburg	AK M40	155	3:58:31	4:04:01	0:55:26	1:56:14	2:46:25	3:15:21	3:45:12
1035	1658	Ziegenmeyer, Henning (GER)	78	Continental	AK M40	156	3:58:31	4:03:16	0:54:27	1:57:08	2:47:33	3:15:45	3:45:02

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1086	2266	Joppien, Niels (GER)	77	Dimpfelmoser Racing Team	AK M45	157	3:58.31	4:03.16	0:54.37	1:57:09	2:47:38	3:15:57	3:45:10
1087	2566	Kahde, Jörg (GER)	64	ZF Hannover	AK M65	102	3:58.31	4:03.16	0:55:00	1:57:10	2:47:33	3:15:46	3:45:08
1088	2192	Mbritz, Alexander (GER)	79		AK M40	157	3:58.32	4:03.25	0:54:24	1:56:44	2:44:56	3:13:08	3:44:00
1089	1289	Kahlich, Joseph (GER)	89	Northwood Runners	AK M80	133	3:58.34	4:02.39	0:54:14	1:54:52	2:45:27	3:14:01	3:43:34
1090	2777	Witte, Sebastian (GER)	97		AK MHK	110	3:58.36	4:03.40	0:53:10	1:52:44	2:43:38	3:15:05	3:45:05
1091	1073	Frilling, Hendrik (GER)	72	LtGnadenlos	AK M60	159	3:58.38	4:03.21	0:53:29	1:52:25	2:40:46	3:10:30	3:43:44
1092	1476	Gahre, Florian (GER)	77		AK M45	158	3:58.40	4:04.54	0:57:13	1:58:17	2:48:33	3:16:58	3:45:56
1093	1491	Kerkemeyer, Martin (GER)	89	Trainingsbiester Wadersloh	AK M80	134	3:58.40	4:02.57	0:53:11	1:51:51	2:41:35	3:11:38	3:44:40
1094	583	Freitag, Florian (GER)	84		AK M85	164	3:58.43	4:03.12	0:53:09	1:51:52	2:41:49	3:11:43	3:44:02
1095	1549	Sturm, Sascha (GER)	86		AK M85	165	3:58.44	4:03.42	0:57:40	2:00:53	2:51:11	3:19:28	3:46:53
1096	462	Barnewold, Klaus (GER)	61	VT Rinteln	AK M60	34	3:58.44	4:03.56	0:52:21	1:51:19	2:42:30	3:12:45	3:44:17
1097	1034	Kasperek, Tim (GER)	90		AK M80	135	3:58.46	4:02.24	0:56:04	1:58:26	2:48:57	3:17:16	3:46:08
1098	922	Jänen, Ingo (GER)	89	SV Langen	AK M80	136	3:58.46	4:02.24	0:56:02	1:58:26	2:48:57	3:17:16	3:46:08
1099	1179	Maes, Geert (BEL)	65		AK M65	103	3:58.46	4:02.56	0:54:29	1:56:57	2:47:44	3:15:39	3:45:04
1100	759	Wendland, Nils (GER)	78	Heesseler SV	AK M40	158	3:58.47	4:02.06	0:45:47	1:41:01	2:32:33	3:07:49	3:42:51
1101	1316	Marquardt, Lukas (GER)	97		AK MHK	111	3:58.48	4:03.54	0:54:51	1:54:46	2:43:53	3:12:59	3:44:52
1102	1736	Bolten, Hannes (GER)	80		AK M40	159	3:58.50	4:04:07	0:55:01	1:57:06	2:46:39	3:16:00	3:45:41
1103	1229	Fecke, Marcus (GER)	80		AK M40	160	3:58.56	4:03.12	0:53:07	1:49:14	2:37:09	3:06:36	3:42:11
1104	233	Kunrow, Thomas (GER)	66	SCC Berlin	AK M65	104	3:58.58	3:59.18	0:54:49	1:55:38	2:45:20	3:14:48	3:46:04
1105	1192	Fehsenfeld, Jonas (GER)	94		AK MHK	112	3:58.59	4:05.25	0:53:25	1:52:52	2:43:56	3:15:03	3:45:31
1106	682	Sieg, Volker (GER)	70	Volkssport Aken/Elbe	AK M60	160	3:59.00	4:04:03	0:54:32	1:56:47	2:46:11	3:15:26	3:45:16
1107	2216	Bendiks, Andreas (GER)	64	TSV Burgdorf /OG Hannover	AK M65	105	3:59.02	3:59.17	0:53:02	1:53:22	2:44:25	3:12:25	3:46:21
1108	980	Mustafa, Visar (GER)	85		AK M85	166	3:59.04	4:05.23		1:56:36	2:46:22	3:15:28	3:45:30
1109	1263	Abisev, Aleksei (EST)	83		AK M85	167	3:59.05	4:04:02	0:54:13	1:55:33	2:46:24	3:15:30	3:45:08
1110	432	Frank, Andreas (GER)	69		AK M60	161	3:59.08	4:04:00	0:53:55	1:54:13	2:44:54	3:14:38	3:45:12
1111	2593	Madsen, Michael (DEN)	85		AK M85	168	3:59.09	4:03:30	0:53:02	1:52:15	2:42:44	3:12:40	3:44:30
1112	1090	Blume, Julian (GER)	89		AK M80	137	3:59.09	4:03:14	0:53:02	1:52:17		3:11:59	3:44:41
1113	1974	Heinrich, Torsten (GER)	69	TVG Hattorf	AK M60	162	3:59.19	4:04:07	0:54:32	1:56:01	2:46:23	3:15:34	3:45:09
1114	1540	Hillmann, Arnd (GER)	68		AK M60	163	3:59.19	4:03:38	0:55:25	1:57:08	2:48:03	3:16:22	3:45:57
1115	1180	Willer, Felix (GER)	96		AK MHK	113	3:59.20	4:02:58	0:53:28	1:54:54	2:46:14	3:16:18	3:46:11
1116	1522	Von Loh, Linus Valentin (GER)	93		AK MHK	114	3:59.20	4:03:10	0:49:19	1:44:12	2:29:18	3:03:22	3:37:21
1117	606	Henke, Michael (GER)	70	Hannover 96 Fit & Kids	AK M60	164	3:59.21	4:12:40	0:55:03	1:58:11	2:49:20	3:18:01	3:47:03
1118	1478	Schröder, Sören (GER)	72		AK M60	165	3:59.23	4:03:32	0:55:27	1:57:38	2:47:26	3:15:58	3:45:49
1119	1132	Beillevert, Antoine (FRA)	96		AK MHK	115	3:59.28	4:03:15	0:54:47	1:50:29	2:39:16	3:10:39	3:45:09
1120	540	Gonzalez, Antonio (USA)	72		AK M60	166	3:59.28	4:04:05	0:56:33	1:59:37	2:49:57	3:17:38	3:46:31
1121	2454	Kalt, Thomas (GER)	61		AK M60	35	3:59.32	4:03:36	0:51:45	1:50:28		3:13:34	3:45:53
1122	1731	Grünwald, Frank (GER)	63	Härichen läuft	AK M65	106	3:59.34	4:04:15	0:54:53	1:56:14	2:46:26	3:15:42	3:46:16
1123	2497	Kuchinka, Stefan (GER)	69	DJK Pressath	AK M60	167	3:59.34	4:04:35	0:57:24	1:59:31	2:49:34	3:17:51	3:46:33
1124	1794	Hildebrand, Markus (GER)	93		AK MHK	116	3:59.44	4:04:35	0:53:22	1:52:22	2:42:03	3:11:53	3:45:05
1125	2487	Janecki, Ralf (GER)	66		AK M65	107	3:59.45	4:04:58	0:55:44	1:58:24	2:48:54	3:17:52	3:46:59
1126	2409	Ahrens, Christoph (GER)	89		AK M80	138	3:59.48	4:04:50	0:56:30	1:59:23	2:49:17	3:17:38	3:46:45
1127	1673	Sprotte, Thorsten (GER)	64	pingpank running	AK M65	108	3:59.53	4:06:38	0:57:25	1:59:23	2:49:20	3:18:01	3:47:15
1128	2503	Holzappel, Ulf (GER)	71	Sparkasse MagdeBurg	AK M60	168	3:59.56	4:04:32	0:53:36	1:52:25	2:41:34	3:13:14	3:46:51
1129	2504	Weinert, Torsten (GER)	75	Sparkasse MagdeBurg	AK M45	159	3:59.56	4:04:32	0:53:37	1:52:26	2:41:34	3:13:15	3:46:52
1130	1705	Leuring, René (DEN)	73	Valbyløberne	AK M45	160	4:00:00	4:04:07	0:56:23	1:58:39	2:50:37	3:19:29	3:48:10

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1081	1582	Trapphagen, Hannes (GER)	00	Die	AK MHK	117	4:00:00	4:06:22	0:57:52	2:00:13	2:50:25	3:18:49	3:47:34
1082	1308	Höhmnn, Björn (GER)	72		AK M60	169	4:00:05	4:04:54	0:54:22	1:56:55	2:45:51	3:14:46	3:46:52
1083	2440	Larsen, Steen (DEN)	66		AK M65	109	4:00:09	4:04:56	0:52:14	1:51:31	2:44:03	3:14:11	3:45:41
1084	2810	Wedel, Frank (GER)	68		AK M60	170	4:00:13	4:04:59	0:54:28	1:56:03	2:46:37	3:16:01	3:46:02
1085	717	Schaper, André (GER)	88		AK M80	139	4:00:26	4:05:21	0:58:28	1:59:14	2:49:04	3:16:30	3:46:52
1086	1075	Bukenberger, Niklas (GER)	98		AK MHK	118	4:00:29	4:05:29	0:56:40	1:58:55	2:49:25	3:18:31	3:48:38
1087	2646	Mchalska, Timo (GER)	79	Hannover 96 Leichtathletik	AK M40	161	4:00:32	4:06:53	0:56:38	1:59:33	2:49:56	3:18:36	3:47:45
1088	1710	Platte, Kai (GER)	85	VKW-Running	AK M85	169	4:00:34	4:13:47	0:53:27	1:52:19	2:43:08	3:14:37	3:46:50
1089	934	Ölscher, Sven (GER)	92		AK M80	140	4:00:37	4:06:45	0:50:16	1:46:24	2:36:22	3:09:34	3:45:09
1090	1270	Hedler, Marc (GER)	88		AK M80	141	4:00:38	4:08:41	0:55:25	1:56:57	2:48:21	3:17:56	3:48:04
1091	674	Gruber, Jonas (GER)	93	Braunschweig Hash House	AK MHK	119	4:00:39	4:00:39	0:52:20				3:46:44
1092	2105	Schulze Vasthoff, Frank (GER)	73	SuS Legden	AK M45	161	4:00:40	4:05:41	0:54:56	1:56:42	2:47:07	3:15:42	3:46:02
1093	1613	Axmann, Daniel (GER)	97		AK MHK	120	4:00:50	4:06:48	1:01:45	2:06:13	2:54:28	3:19:47	3:47:35
1094	2137	Otto, Tobias (GER)	74		AK M45	162	4:00:57	4:05:51	0:54:11	1:54:47	2:45:23	3:15:18	3:46:40
1095	1410	Regter, Reinier (NED)	69		AK M60	171	4:01:03	4:06:00	0:55:17	1:54:29	2:46:14	3:15:44	3:47:07
1096	484	Othmer, Andreas (GER)	72		AK M60	172	4:01:04	4:05:10	0:55:53	1:58:07	2:48:47	3:17:09	3:46:51
1097	2151	Steingröver, Ralf (GER)	73	TV Georgsmarienhütte	AK M45	163	4:01:11	4:01:33	0:55:25	1:57:29	2:48:26	3:18:18	3:48:06
1098	2329	Meyer, Sebastian (GER)	82		AK M40	162	4:01:11	4:06:57	0:54:11	1:55:19	2:45:43	3:15:08	3:46:37
1099	2285	Zippies, Günter (GER)	70	Team Erdinger Alkoholfrei	AK M60	173	4:01:12	4:06:54	0:59:43	2:04:59	2:52:49	3:20:29	3:48:37
1100	1745	Kütling, Frederik (GER)	83	Skatrunde HDF	AK M85	170	4:01:14	4:06:08	0:54:58	1:57:58	2:49:50	3:18:55	3:48:09
1101	2110	Lenke, Andreas (GER)	82		AK M40	163	4:01:22	4:06:40	0:59:10	2:03:01	2:54:39	3:22:20	3:49:23
1102	1867	Lichau, Holger (GER)	67		AK M65	110	4:01:26	4:07:26	0:56:11	1:57:35	2:48:02	3:17:30	3:47:51
1103	951	Unverferth, Dominic (GER)	85	United Runners of Pfalz	AK M85	171	4:01:34	4:06:42	0:54:40	1:56:47	2:48:56	3:18:47	3:50:34
1104	2438	Liebig, Marten (GER)	04		AK	2	4:01:36	4:14:50	0:57:19	1:58:19		3:20:03	3:49:49
1105	1171	Schubach, Michael (GER)	81		AK M40	164	4:01:43	4:01:43		1:59:52	2:49:09	3:18:35	3:48:46
1106	1892	Michael, Ulrich (GER)	79		AK M40	165	4:01:51	4:05:10	0:56:00	1:58:17	2:48:48	3:17:44	3:47:48
1107	1903	Lazowski, Georg (GER)	48	SuS OBERADEN	AK M70	5	4:01:58	4:02:05	0:56:29	2:00:05	2:50:51	3:19:37	3:48:43
1108	2577	Kieu, Minh Phong (GER)	94		AK MHK	121	4:01:59	4:15:14	0:54:00	1:54:40	2:48:19	3:18:18	3:48:55
1109	1743	Weinreich, Felix (GER)	90		AK M80	142	4:02:11	4:08:47		1:55:49	2:45:56	3:17:14	3:48:14
1110	1346	Becher, Stefan (GER)	87	HRC Hannover 1912	AK M85	172	4:02:17	4:07:15	0:56:37	1:59:07	2:49:41	3:18:33	3:48:41
1111	948	Schon, Andreas (GER)	66		AK M65	111	4:02:19	4:06:25	0:53:47	1:55:04	2:47:05	3:17:19	3:48:04
1112	383	Kopp, Dieter (GER)	49	Lüttringhauser TV	AK M70	6	4:02:24	4:02:30	0:51:51	1:49:48	2:46:48	3:20:20	3:49:37
1113	1918	Unger, Nico (GER)	69		AK M60	174	4:02:25	4:06:21	0:52:44	1:52:32	2:43:18	3:15:24	3:47:26
1114	254	Thole, Alexander (GER)	94		AK MHK	122	4:02:28	4:07:11	0:55:12	1:57:05	2:47:50	3:17:13	3:48:43
1115	2408	Galle, Ralf (GER)	69		AK M60	175	4:02:38	4:07:09	0:54:46	1:55:17		3:18:00	3:49:00
1116	1337	Fatunz, Nerses (GER)	85		AK M85	173	4:02:41	4:08:57	0:58:05	2:02:02	2:53:08	3:21:39	3:50:58
1117	878	Skowronnek, Olaf (GER)	73	TG Ennigloh 1887	AK M45	164	4:02:44	4:07:43	0:56:05	1:58:08		3:17:16	3:48:27
1118	320	Filla, Felix (GER)	93		AK MHK	123	4:02:44	4:06:59	0:56:10	1:58:56	2:49:42	3:19:22	3:49:13
1119	1214	Grienitz, Stefan (GER)	81	Tri Familia	AK M40	166	4:02:45	4:07:35	0:55:02	1:58:02	2:49:53	3:18:59	3:48:39
1120	2564	Kampik, Christopher (GER)	97		AK MHK	124	4:02:53	4:09:09	0:51:20	1:47:46	2:38:25	3:16:03	3:49:32
1121	2826	Dittmar, Roberto (GER)	87		AK M85	174	4:02:56	4:16:21	0:56:33	1:59:30		3:19:02	3:48:50
1122	1332	Gutierrez, Oscar (MEX)	76	VfB Fallersleben	AK M45	165	4:02:57	4:07:05	0:50:45	1:48:50	2:39:22	3:12:20	3:48:36
1123	2334	Griebenow, Thomas (GER)	92		AK M80	143	4:02:58	4:07:44	0:56:39	1:58:52	2:48:11	3:16:40	3:48:59
1124	2478	Denker, Henning (GER)	81	Team Loyft	AK M40	167	4:03:21	4:08:15	0:51:39	1:49:08	2:44:46	3:17:21	3:49:46
1125	2196	Kollotzek, Christian (GER)	87	Hannover Runners e. V.	AK M85	175	4:03:21	4:08:00	0:56:08	1:58:58	2:49:19	3:17:45	3:49:04

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1126	1273	Raubaum, Felix (GER)	94		AK MHK	125	4:03:28	4:10:11	0:52:32	1:50:08	2:41:30	3:15:16	3:47:13
1127	2214	Herrmann, Thoralf (GER)	67	TSV Friedland 1814 e.V.	AK M65	112	4:03:28	4:08:33	0:58:21	2:00:16	2:50:43	3:19:30	3:50:01
1128	1726	Stallworthy, Jack (GER)	90	Berlin Social Runners	AK M80	144	4:03:32	4:09:01	0:57:01	1:59:41	2:51:41	3:20:45	3:50:41
1129	1343	Henzen, Jens (GER)	73	Lauffreunde Emsland e. V.	AK M45	166	4:03:36	4:07:34	0:56:24	1:59:18	2:50:45	3:20:46	3:50:26
1130	1580	Münn, Enrico (GER)	79		AK M40	168	4:03:41	4:08:29	0:58:03	2:00:34	2:52:20	3:21:22	3:51:06
1131	1786	Wolff, Roland (GER)	86		AK M85	176	4:03:46	4:08:59	0:55:21	1:56:43	2:47:35	3:17:41	3:49:36
1132	1561	Stange, Axel (GER)	71	Lauftraining.com	AK M60	176	4:03:48	4:17:00	0:54:24	1:57:03	2:48:31	3:17:58	3:49:23
1133	2011	Cighi, Razvan (ROU)	70	Continental	AK M60	177	4:03:56	4:07:54	0:54:27	1:54:33	2:45:16	3:16:11	3:49:32
1134	401	Grommel, Carsten (GER)	78	TSV Concordia	AK M40	169	4:04:04	4:08:31	0:54:38	1:56:19	2:47:30	3:17:37	3:49:36
1135	1198	Hansen, Brian Oster (DEN)	80	Aarhus 1900	AK M40	170	4:04:13	4:08:00	0:53:56	1:56:00	2:47:22	3:17:42	3:50:08
1136	2572	Storck, Alexander (GER)	71		AK M60	178	4:04:19	4:09:37	0:57:09	2:00:34	2:52:17	3:21:10	3:51:16
1137	1692	Öhm, Martin (GER)	80	RSC Göttingen E.V.	AK M40	171	4:04:19	4:10:21	0:55:46	1:56:53	2:47:13	3:17:08	3:49:19
1138	1110	Kolsch, Kevin (GER)	94	Hannover Grizzlies	AK MHK	126	4:04:28	4:11:12	0:55:04	2:00:25	2:52:30	3:21:26	3:51:05
1139	1133	Hölger, Tim (GER)	83	Savate Mörburg	AK M85	177	4:04:33	4:08:58	0:56:39	1:59:34	2:51:37	3:21:06	3:51:11
1140	1760	Wemke, Constantin (GER)	88		AK M80	145	4:04:47	4:10:57	0:53:43	1:52:41	2:42:41	3:14:19	3:47:55
1141	1374	Schreiber, Markus (GER)	65		AK M65	113	4:04:50	4:09:09	0:56:21	1:58:34	2:49:16	3:18:59	3:50:47
1142	2324	Messerschmidt, Michael (GER)	62	Delligser SC	AK M60	36	4:04:58	4:09:26	0:51:44	1:49:56	2:39:30	3:11:21	3:47:51
1143	1797	Hellhammer, Hendrik (GER)	91	Deutscher Ruder-Club von	AK M80	146	4:05:04	4:09:17	0:54:33	1:54:49	2:45:45	3:16:23	3:49:57
1144	777	Kemah, Michael (GER)	64		AK M65	114	4:05:06	4:10:26	0:58:14	2:01:58	2:53:17	3:22:04	3:51:27
1145	1709	Bauer, Andreas (GER)	77		AK M45	167	4:05:06	4:10:00	0:58:01	1:59:36	2:49:57	3:18:27	3:50:08
1146	1413	Lixenfeld, Harald (GER)	64	TUS Holle Grasdorf	AK M65	115	4:05:11	4:10:33	0:58:59	2:03:59	2:54:38	3:23:34	3:52:36
1147	504	Zander-Rau, Thomas (GER)	79	Laufelite	AK M40	172	4:05:18	4:11:26	0:59:08	2:02:30	2:53:44	3:23:25	3:52:36
1148	1388	Allbrecht, Matthias (GER)	80		AK M40	173	4:05:22	4:10:21	0:56:49	1:58:57	2:51:02	3:21:07	3:51:48
1149	2097	Gerkens, Ulf (GER)	64	Ulf läuft	AK M65	116	4:05:32	4:10:44	0:57:20	1:59:57	2:51:43	3:21:00	3:51:30
1150	1675	Lopez, Victor (MEX)	88		AK M80	147	4:05:36	4:09:41	0:51:42	1:48:11	2:35:20	3:05:28	3:51:05
1151	1827	Koerfer, Alexander (GER)	89		AK M80	148	4:05:40	4:09:17	0:58:30	2:08:36	3:01:42	3:28:21	3:54:40
1152	1804	Fragge, Jörg (GER)	74	Lt.Gnadenlos	AK M45	168	4:05:43	4:10:27	0:53:30	1:52:25	2:42:15	3:15:06	3:48:16
1153	460	Luber, Anton (GER)	65	BSG N-ERGIE Nürnberg	AK M65	117	4:05:50	4:11:31	0:57:03	1:58:55	2:49:17	3:18:39	3:51:11
1154	2567	Von Der Ahé, Heiko (GER)	72	Shinsplinters	AK M60	179	4:05:50	4:11:31	0:57:03	1:58:55		3:18:39	3:51:11
1155	1899	Stenzel, Mark (GER)	72		AK M60	180	4:06:11	4:11:53	0:59:43	2:04:59	2:52:43	3:19:47	3:49:45
1156	2790	Ratzmer, Andreas (GER)	65		AK M65	118	4:06:14	4:12:43	1:00:15	2:04:03	2:56:30	3:25:28	3:54:05
1157	1980	Rvacev, Jaroslav (GER)	75	Wölfen SC Braunschweig	AK M45	169	4:06:15	4:11:53	0:58:27	2:00:30	2:51:31	3:21:09	3:52:45
1158	621	Junk, Thomas (BEL)	86		AK M85	178	4:06:24	4:10:12	0:58:39	2:01:16	2:53:11	3:22:07	3:52:10
1159	2509	Reichling, Tobias (GER)	79	Landesbank	AK M40	174	4:06:25	4:11:15	0:54:31	1:56:00	2:46:06	3:16:53	3:50:35
1160	1035	Zarebski, Konrad (POL)	81	PKO Bank Polski	AK M40	175	4:06:39	4:11:11		1:55:56	2:47:46	3:18:34	3:51:49
1161	2202	Laux, Andreas (GER)	64	run slp	AK M65	119	4:06:45	4:12:28	0:54:49	1:55:44	2:46:36	3:18:05	3:50:30
1162	1060	Stolz, Tobias (GER)	95		AK MHK	127	4:06:53	4:11:20	0:50:36	1:48:48	2:42:33	3:18:00	3:50:28
1163	788	Plöger, Thomas (GER)	76	Mttwochsrunde	AK M45	170	4:07:01	4:11:09	0:54:11	1:55:18	2:47:57	3:20:49	3:52:54
1164	2701	Koepke, Rainer (GER)	59	Team Erdinger Alkoholfrei	AK M60	37	4:07:10	4:11:06	0:53:10	1:54:26	2:47:48	3:19:09	3:52:21
1165	2809	Dörr, Erno (GER)	99		AK MHK	128	4:07:20	4:20:32	0:53:28	1:54:47	2:47:20	3:18:58	3:52:45
1166	2462	Hachenberg, Jens (GER)	88		AK M80	149	4:07:20	4:20:37	1:02:57	2:13:09	3:01:51	3:28:08	3:55:28
1167	1955	Trunsch, Marvin (GER)	90		AK M80	150	4:07:26	4:11:48	0:53:01	1:51:30	2:43:27	3:17:03	3:51:06
1168	2182	Regenthal, Dieter (GER)	60	LG Fulda	AK M60	38	4:07:28	4:07:51	0:55:24	1:57:43	2:51:05	3:21:32	3:52:51
1169	1282	Stoletski, Till (GER)	72		AK M60	181	4:07:29	4:11:32	0:53:34	1:52:19	2:43:45	3:16:22	3:51:17
1170	920	Tannfeld, Marcel (GER)	87		AK M85	179	4:07:32	4:14:22		1:56:47	2:47:28	3:17:50	3:52:31

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1171	1283	Mende, Timo (GER)	73	TRT Remdingen	AK M45	171	4:07:36	4:11:21	0:48:55	1:41:34	2:28:25	3:06:14	3:48:51
1172	199	Cordes, Andreas (GER)	67	Road Runner Hannover	AK M65	120	4:07:42	4:12:33	0:55:21	1:57:44	2:49:04	3:19:53	3:53:02
1173	2073	Mbtaev, Ever (GER)	82		AK M40	176	4:07:44	4:07:49	0:52:28	1:50:40	2:38:47	3:12:16	3:50:17
1174	2819	Bashlavy, Anton (GER)	91		AK M30	151	4:07:59	4:11:49	0:55:27	1:57:37	2:51:21	3:22:00	3:53:44
1175	1868	Mlenk, Sebastian (GER)	84		AK M35	180	4:08:02	4:13:11	0:54:51	1:55:12	2:46:40	3:18:47	3:51:48
1176	2544	Talaska, Karsten (GER)	82		AK M40	177	4:08:05	4:12:12	0:55:55	1:58:59	2:51:38	3:22:08	3:53:52
1177	2040	De Moor, Victor (BEL)	97		AK MHK	129	4:08:11	4:11:57		1:44:40	2:37:19	3:10:11	3:48:58
1178	2602	Helweg, Stephan (GER)	90		AK M30	152	4:08:15	4:13:22	0:54:58	1:57:58	2:48:53	3:18:32	3:52:55
1179	1058	Wiedekind, Jakob (GER)	92		AK M30	153	4:08:19	4:14:24	0:54:03	1:54:54	2:47:16	3:18:58	3:53:08
1180	1830	Harmeyer, Lars (GER)	94		AK MHK	130	4:08:24	4:14:58	0:52:14	1:50:22	2:40:11	3:14:33	3:53:10
1181	2218	Thüs, Hendrik (GER)	88		AK M30	154	4:08:38	4:13:17	0:55:46	1:58:37	2:50:13	3:21:46	3:54:45
1182	2833	Eswein, Juri (GER)	63		AK M65	121	4:08:39	4:13:52	0:58:17	2:05:04	2:57:48	3:26:50	3:55:35
1183	285	Muß, Heiko (GER)	58		AK M60	39	4:08:42	4:12:21	0:50:38	1:48:43	2:43:32	3:18:08	3:54:29
1184	619	Klatte, Henner (GER)	76	Großdubrau	AK M45	172	4:08:42	4:12:29	0:53:39	1:52:32	2:42:53	3:17:37	3:53:00
1185	1887	Lenz, Kai-Hendrik (GER)	97	TKJ Sarstedt	AK MHK	131	4:09:11	4:13:57	0:53:51	1:54:06	2:45:06	3:16:37	3:52:26
1186	1321	Popken, Denis (GER)	73	Rosengarten Runner	AK M45	173	4:09:14	4:13:42	0:54:52	1:56:36	2:48:06	3:18:15	3:52:53
1187	1838	Rühl, Andreas (GER)	82		AK M40	178	4:09:19	4:14:46	0:58:50	2:03:07	2:55:48	3:25:28	3:56:36
1188	315	Hümpel, Alexander (GER)	70	TV Bürstadt	AK M60	182	4:09:21	4:14:48	0:56:07	1:58:53	2:50:46	3:21:54	3:54:40
1189	2781	Runde, Mario (GER)	74		AK M45	174	4:09:29	4:13:51	0:55:23	1:57:38	2:51:13	3:22:51	3:55:34
1190	2760	Demykin, Sergej (GER)	64	LT Bittermark Dortmund	AK M65	122	4:09:31	4:13:34	0:58:19	2:03:52	2:56:17	3:26:13	3:56:03
1191	1948	Horn, Mirco (GER)	77	SV Nienhagen	AK M45	175	4:09:32	4:13:31	0:48:53	1:46:42	2:44:44	3:22:24	3:54:47
1192	2122	Hahne, Thomas (GER)	70	Hannover Runners e. V. /	AK M60	183	4:09:36	4:14:26	0:52:44	1:52:21	2:44:02	3:16:18	3:52:37
1193	1759	Sauer, André (GER)	74		AK M45	176	4:09:41	4:22:59	0:58:02	2:02:27	2:56:03	3:26:09	3:55:08
1194	2738	Hasenjäger, Michael (GER)	79	TAusbZLw	AK M40	179	4:09:45	4:15:06	0:58:00	2:02:10		3:24:26	3:55:53
1195	1515	Schüring, Lars (GER)	88		AK M30	155	4:09:46	4:14:17	0:56:49	1:59:19	2:51:20	3:22:40	3:55:40
1196	1566	Wallat, Karsten (GER)	69		AK M60	184	4:09:52	4:14:22	0:55:26	1:56:41	2:48:00	3:21:52	3:55:16
1197	2062	Malcowski, Peter (GER)	67	Kahle Laufteam	AK M65	123	4:09:58	4:15:17	0:57:29	1:59:22	2:53:32	3:23:50	3:55:34
1198	146	Williams, Colin (GBR)	64	Watford Joggers	AK M65	124	4:10:08	4:14:38	0:54:47	1:56:59	2:50:31	3:21:40	3:53:46
1199	1750	Schulze, Marc (GER)	71	LT Petershagen	AK M60	185	4:10:09	4:15:05	0:55:41	1:58:00	2:50:50	3:23:11	3:55:52
1200	2471	Pielsticker, Walter (GER)	56	TuS Bothfeld	AK M65	22	4:10:14	4:13:52	0:58:09	2:01:50	2:54:33	3:24:34	3:55:41
1201	2736	Londa, Felix (GER)	82		AK M40	180	4:10:16	4:16:33	0:51:59	1:51:34	2:43:54	3:16:03	3:53:04
1202	1094	Lückhoff, Bernd (GER)	57	TC 1986 Breitscheid	AK M65	23	4:10:16	4:15:24	0:55:08	1:55:40	2:46:24	3:17:52	3:54:54
1203	2476	Jakobi, Andreas (GER)	68		AK M60	186	4:10:22	4:14:49	0:55:41	1:59:47	2:53:50	3:24:44	3:56:12
1204	124	Ludwig, Klaus (GER)	60	Remnsocken Altmittweida	AK M60	40	4:10:23	4:15:02	0:55:22	1:58:42	2:51:34	3:22:39	3:55:48
1205	2620	Kaczmarek, David (GER)	73	Hannover Runners e. V.	AK M45	177	4:10:25	4:14:25	0:54:27	1:55:02	2:45:42	3:17:07	3:53:26
1206	2377	Hirte, Valentin (GER)	01		AK MHK	132	4:10:29	4:23:51	0:57:09	2:00:49	2:52:58	3:23:04	3:55:32
1207	1819	Michaelis, Olli (GER)	72	Meddys LWT Koblenz +TEA	AK M60	187	4:10:33	4:18:04	1:00:27	2:05:32	2:57:36	3:27:21	3:57:34
1208	2019	Hoja, Timo (GER)	80		AK M40	181	4:10:34	4:15:57	0:57:14	1:59:47	2:51:50	3:23:18	3:55:45
1209	1542	Lenke, Marvin (GER)	88		AK M30	156	4:10:41	4:17:16	0:58:24	2:02:55	2:56:15	3:25:50	3:56:07
1210	2128	Ogrady, Geoff (GBR)	63	RUNNYMEDE RUNNERS	AK M65	125	4:10:48	4:15:05	0:55:07	1:57:21	2:51:41	3:23:14	3:55:41
1211	1904	Fiege, Wolf-Dieter (GER)	67		AK M65	126	4:10:49	4:15:02	0:57:24	1:59:23	2:50:22	3:19:57	3:54:17
1212	506	Rometsch, Tony (GER)	92		AK M30	157	4:10:51	4:15:05	0:48:46	1:41:31	2:35:35	3:15:24	3:52:08
1213	1792	Schnetzke, Markus (GER)	68	TuS Niedermöhren	AK M60	188	4:10:53	4:11:10	0:47:44	1:43:49	2:35:53	3:07:39	3:43:43
1214	1451	Jager, Alex (NED)	61	Groningen Atletiek	AK M60	41	4:10:54	4:14:48	0:53:38	1:56:40	2:53:01	3:23:41	3:56:22
1215	1384	Herter, Jens (GER)	66		AK M65	127	4:11:09	4:24:25	0:57:08	2:01:08	2:54:16	3:25:11	3:57:09

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1216	262	Meyer Zu Westrup, Marius (GER)	94	SV Eintracht Neuenkirchen	AK MHK	133	4:11:15	4:16:21	0:59:31	2:04:04	2:56:15	3:25:56	3:57:23
1217	1200	Jürß, Dominik (GER)	87		AK M85	181	4:11:22	4:24:47	0:53:24	1:54:39	2:47:06	3:22:18	3:57:21
1218	1483	Bott, Thomas (GER)	68	Active Sportshop Herford	AK M60	189	4:11:24	4:17:43		2:04:06	2:57:32	3:26:24	3:57:30
1219	1299	Bolz, Christoph (GER)	69	Pingpark Running Projects	AK M60	190	4:11:25	4:18:10		1:57:48	2:49:34	3:20:23	3:55:35
1220	967	De Pryck, Tom (GER)	90		AK M80	158	4:11:37	4:17:39	0:58:10	2:03:05	2:56:13	3:27:26	3:58:53
1221	2106	Schultze, Pascal (GER)	82	BSG Sparkasse Südholstein	AK M40	182	4:11:42	4:18:18	0:59:11	2:03:17	2:54:31	3:25:02	3:57:14
1222	1670	Leff, Matthias (GER)	72		AK M60	191	4:11:43	4:17:48	0:52:42	1:54:38		3:22:56	3:56:44
1223	1532	Meyer, Timo (GER)	80	MTV Aurich Triathlon	AK M40	183	4:11:49	4:16:01	0:56:06	1:58:15	2:49:27	3:19:11	3:53:57
1224	510	Seifert, Martin (GER)	82	Laufkombinat Weetzen	AK M40	184	4:11:55	4:19:23	0:57:25	2:00:52	2:53:35	3:24:27	3:56:27
1225	1531	Butschbach, Thorben (GER)	74	The Finisher!	AK M45	178	4:11:57	4:18:00	0:57:40	2:01:06	2:53:45	3:24:51	3:57:13
1226	2828	Scheve, Timo (GER)	94		AK MHK	134	4:12:00	4:16:41	0:54:00	1:54:31	2:45:11	3:15:56	3:49:06
1227	2187	Rump, Elmar (GER)	75	Team Erdinger Alkoholfrei	AK M45	179	4:12:05	4:17:07	0:54:32	1:55:46	2:46:31	3:21:02	3:56:30
1228	1913	Klass, Julian (GER)	90	TSV Grasleben	AK M80	159	4:12:18	4:16:41	0:53:05	1:51:56	2:47:08	3:19:55	3:56:48
1229	1863	Weise, Svend (GER)	60	Postschwimmverein Leipzig	AK M60	42	4:12:27	4:17:30	0:58:17	2:04:04	2:57:24	3:28:32	3:59:12
1230	1618	Henke, Kevin (GER)	92	ExxonMobil	AK M80	160	4:12:28	4:16:05	0:49:26	1:45:22	2:36:11	3:10:35	3:52:29
1231	1930	Rohner, Christoph (GER)	67	Delbrück läuft	AK M65	128	4:12:35	4:17:59	0:57:16	1:59:47	2:51:50	3:24:38	3:57:35
1232	543	Feist, Carsten (GER)	70	Triathlon Team Braunschweig	AK M60	192	4:12:40	4:16:04	0:49:45	1:46:04	2:39:47	3:14:26	3:54:25
1233	2125	Geisler, Stefan (GER)	69	Cognizant Mobility	AK M60	193	4:12:42	4:16:55	0:53:31	1:53:57	2:45:04	3:17:38	3:55:42
1234	2314	Gring, Hendrik (GER)	98	MTU Maintenance Hannover	AK MHK	135	4:12:44	4:19:23	0:46:56	1:38:32	2:24:54	2:59:09	3:48:52
1235	594	Jansen, Marcus (GER)	78		AK M40	185	4:12:55	4:17:14	0:56:16	2:01:04	2:53:40	3:25:16	3:57:56
1236	116	Wrede, Thomas (GER)	60	Schützenverein	AK M60	43	4:12:59	4:18:06	0:57:59	2:02:29	2:56:01	3:27:26	3:59:46
1237	370	Bürger, Jens (GER)	74		AK M45	180	4:13:05	4:19:18	0:54:29	1:55:40	2:54:24	3:27:49	
1238	1215	Jahn, Steffen (GER)	66	Dresden	AK M65	129	4:13:05	4:18:37	0:57:07	2:00:17	2:53:17	3:24:46	3:58:17
1239	1520	Puder, Tobias (GER)	85		AK M85	182	4:13:07	4:19:10	0:57:52	2:01:06	2:53:30	3:24:21	3:58:25
1240	2289	Rinke, Kolja (GER)	74	Göttinger Hausverwaltung	AK M45	181	4:13:10	4:17:11	0:55:29	1:57:00	2:48:08	3:19:49	3:54:05
1241	1501	Schulz, Heiko (GER)	74	Crottendorf/Erz.	AK M45	182	4:13:11	4:19:43	1:02:03	2:07:11	3:01:07	3:30:23	3:59:37
1242	2399	Rößger, Felix (GER)	89		AK M80	161	4:13:21	4:19:24	0:55:31	1:57:49	2:52:23	3:24:45	3:59:05
1243	1862	Wedeler, Marcel (GER)	93		AK MHK	136	4:13:23	4:19:28	0:53:56	1:56:32	2:48:40	3:21:41	3:56:29
1244	2051	Schilling, Michael (GER)	61	Continental	AK M60	44	4:13:32	4:18:23	0:59:21	2:06:07	3:00:15	3:30:20	4:00:32
1245	290	Hornberger, Thorsten (GER)	65		AK M65	130	4:13:43	4:17:40	0:53:20	1:52:10	2:47:43	3:20:30	3:56:15
1246	1844	Schmidt, Holger (GER)	74	Sennheiser Running Team	AK M45	183	4:13:47	4:19:06	0:58:09	2:04:45	2:58:51	3:29:03	3:59:49
1247	2210	Weichgrebe, Thorben (GER)	77	LC Marathon Rotenburg	AK M45	184	4:13:50	4:19:02	0:57:13	2:03:32	2:58:11	3:28:49	3:59:55
1248	2714	Seyffert, Stefan (GER)	64	Team Erdinger Alkoholfrei	AK M65	131	4:13:51	4:14:03	0:58:15	2:03:58	2:57:17	3:27:01	3:58:41
1249	1812	Kohfeld, Marcus (GER)	81		AK M40	186	4:13:56	4:18:45	0:58:24	2:00:37	2:52:11	3:23:56	3:58:58
1250	2617	Altmann, Luca (GER)	88		AK M80	162	4:13:59	4:20:39	0:59:00	2:04:21	2:59:46	3:30:45	4:00:40
1251	726	Bruhn, Helge (GER)	88	OCR Heidesprinter	AK M80	163	4:14:00	4:18:25	0:50:27	1:50:57	2:46:02	3:22:03	3:59:19
1252	1681	Johann, Walter K. (GER)	45	LAV Stadtwerke Tübingen	AK M75	2	4:14:05	4:14:21	0:55:28	1:59:52	2:55:55	3:26:58	3:59:19
1253	2542	Pöhls, Jonas (GER)	95		AK MHK	137	4:14:07	4:19:00	0:54:25	1:55:48	2:48:20	3:20:14	3:58:16
1254	1189	Wilde, Alex (GER)	92		AK M80	164	4:14:12	4:19:48	0:56:30	1:58:30	2:51:05	3:23:11	3:59:26
1255	369	Stargardt, Maximilian (GER)	94		AK MHK	138	4:14:20	4:19:03	0:55:12	1:57:05	2:52:08	3:25:31	3:59:26
1256	530	Martinez Moreno, Eduardo (ESP)	78		AK M40	187	4:14:21	4:18:38	0:52:37	1:51:28	2:41:17	3:17:30	3:55:33
1257	575	Thiele, Joachim (GER)	62	FC St. Pauli Marathon	AK M60	45	4:14:22	4:18:50	0:55:01	1:56:25	2:49:41	3:22:54	3:58:41
1258	2590	Manthei, Ralph (GER)	63		AK M65	132	4:14:23	4:18:49	0:55:02	1:57:18	2:52:02	3:25:16	3:59:24
1259	241	Seitz, Dirk (GER)	68	TSV Arholzen	AK M60	194	4:14:24	4:18:55	0:55:41	1:58:19	2:52:02	3:24:06	3:59:08
1260	1659	Neuber, Julian (GER)	81		AK M40	188	4:14:26	4:18:50	0:53:02	1:54:14	2:49:02	3:22:52	3:58:23

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1261	1009	Meyer, Matthias (GER)	87		AK M85	183	4:14:26	4:18:47	0:54:48	1:51:11	2:40:36	3:15:34	3:57:31
1262	2043	Meyn, Heiko (GER)	74		AK M45	185	4:14:27	4:19:43	1:00:02	2:06:11	3:00:23	3:30:37	4:00:59
1263	2282	Witte, Lars (GER)	70	VfR Wilsche-Neubokel	AK M60	195	4:14:30	4:19:47	0:59:50	2:06:04	2:59:53	3:30:07	4:00:51
1264	134	Freise, Andreas (GER)	68	Team Erdinger Alkoholfrei	AK M60	196	4:14:30	4:19:48	0:59:50	2:06:14	2:59:54	3:30:08	4:00:53
1265	2398	Rassamasow Alexander (GER)	76		AK M45	186	4:14:31	4:21:16	1:00:09	2:04:04	2:57:05	3:27:52	4:00:10
1266	1609	Restel, Daniel (GER)	87		AK M85	184	4:14:32	4:21:15	0:58:16	2:03:59	2:58:08	3:28:37	4:00:23
1267	2265	Freise, Andreas (GER)	68	VfR Wilsche-Neubokel	AK M60	197	4:14:33	4:19:50	0:59:48	2:06:03	2:59:54	3:30:07	4:00:51
1268	2015	Krebs, Tristan (GER)	76		AK M45	187	4:14:37	4:21:59	0:56:32	1:56:28	2:49:01	3:22:05	3:58:23
1269	204	Reusch, Nico (GER)	76	Spiridon Schleswig	AK M45	188	4:14:42	4:19:27	0:56:26	1:59:21	2:51:54	3:24:39	4:01:25
1270	1145	Wolf, Karsten (GER)	73	Skiclub Offenbach	AK M45	189	4:14:53	4:19:54	0:54:15	1:54:47	2:45:08	3:17:12	3:55:41
1271	1168	Rückebeil, Martin (GER)	78	FC Bennigsen	AK M40	189	4:14:53	4:21:31	0:57:29	2:00:00	2:54:51	3:28:23	4:00:28
1272	2434	Kloth-Henkel, Gerhard (GER)	59	LT Hämelerwald	AK M60	46	4:15:03	4:18:37	0:54:19	1:56:55	2:49:26	3:21:43	3:58:37
1273	2162	Krejca, Mjimir (CZE)	69	Continental	AK M60	198	4:15:13	4:18:32	0:49:04	1:50:42	2:45:51	3:20:22	3:58:26
1274	1545	Batz, Marius (GER)	94		AK MHK	139	4:15:14	4:21:16	0:58:11	2:03:06	2:56:11	3:27:27	3:59:51
1275	1729	Heinrich, Tobias (GER)	77	Continental	AK M45	190	4:15:16	4:19:57	0:54:13	1:56:21	2:50:17	3:22:48	3:59:12
1276	2565	Schenk, Matthias (GER)	68		AK M60	199	4:15:18	4:19:45	0:57:19	2:02:06	2:56:50	3:28:26	4:01:43
1277	2376	Löhr, Stefan (GER)	70	LT Hertha Buschhoven	AK M60	200	4:15:22	4:20:15	0:54:44	1:57:02	2:52:09	3:25:13	3:59:43
1278	2060	Berkmann, Thomas (GER)	68	Autohaus KAHLE	AK M60	201	4:15:31	4:20:50	0:59:53	2:06:02	2:59:57	3:30:35	4:01:39
1279	1626	Bliznyuk, Ivan (GER)	93		AK MHK	140	4:15:40	4:20:38	0:54:12	1:56:32	2:46:25	3:25:53	4:00:50
1280	2605	Kunze, Jörg (GER)	77		AK M45	191	4:15:46	4:19:46	0:59:03	2:05:13	3:00:36	3:31:15	4:00:50
1281	1574	Koster, Bert (NED)	67	HAC'63	AK M65	133	4:15:51	4:21:18	0:59:37	2:06:08	3:00:44	3:30:26	4:01:53
1282	2021	Schlagowski, Jan (GER)	83		AK M85	185	4:15:55	4:20:46	0:55:07	1:57:18	2:50:21	3:23:21	4:01:08
1283	118	Fern, Dan (DEN)	67	Viborg Atletik & Motion/	AK M65	134	4:16:00	4:21:09	0:59:08	2:05:12	2:58:17	3:28:06	4:01:44
1284	2587	Reiter, Thomas (GER)	62	LT Hemsbach	AK M60	47	4:16:20	4:21:29	0:57:11	2:00:27	2:56:15	3:27:36	4:01:50
1285	914	Toetzke, Falko (GER)	71	ATS Cuxhaven	AK M60	202	4:16:48	4:17:13	0:48:23	1:44:10	2:42:02	3:19:04	3:57:12
1286	956	Reuter, Stefan (GER)	67		AK M65	135	4:16:51	4:21:38	0:59:30	2:05:06	2:59:56	3:31:06	4:03:30
1287	487	Wolbert, Jens (GER)	83	Möllenpadloppers Laar	AK M85	186	4:16:52	4:22:23	0:59:38	2:05:16	2:59:18	3:30:01	4:02:06
1288	2573	Schatunowski, Andreas (GER)	92		AK M80	165	4:16:59	4:23:41	0:52:20	1:56:35	2:53:12	3:25:30	4:01:27
1289	555	Wegener, Ulrich (GER)	59	SV Viktoria Woltwiesche	AK M60	48	4:17:04	4:20:59	0:56:48	2:01:22	2:57:23	3:29:58	4:02:41
1290	552	Del Rosario Y Ruiz, Nicolas (GER)	01		AK MHK	141	4:17:16	4:22:28	0:58:26	2:03:41	2:57:58	3:30:03	4:03:44
1291	720	Bock, Justus (GER)	98		AK MHK	142	4:17:16	4:23:34	1:04:33	2:12:36	3:06:39	3:35:12	4:04:35
1292	493	Hinz, Kajo (GER)	00		AK MHK	143	4:17:19	4:23:36	1:04:33	2:12:36		3:35:11	4:04:35
1293	2676	Gerlach, Uwe (GER)	64		AK M65	136	4:17:29	4:22:55	1:01:29	2:08:34	3:03:08	3:33:35	4:03:57
1294	1068	Marszalek, Markus (GER)	68	SuS Oberaden	AK M60	203	4:17:31	4:22:23		1:50:46	2:38:51	3:12:40	3:50:59
1295	2055	Görllich, Frank (GER)	71		AK M60	204	4:17:34	4:21:45	0:53:14	1:52:36	2:46:32	3:23:36	4:01:04
1296	2441	Lassen, Søren Christian (DEN)	54		AK M65	24	4:17:35	4:22:21	0:54:28	1:56:23	2:51:46	3:26:05	4:01:52
1297	626	Busboom Wilfried (GER)	71	Fortuna Logabirum	AK M60	205	4:17:40	4:23:37	1:01:00	2:07:37		3:32:04	4:03:15
1298	1462	Sitoh, Torsten (GER)	73		AK M45	192	4:17:42	4:22:38	0:55:35	1:56:55	2:47:44	3:23:11	4:00:34
1299	1205	Lautsch, Martin (GER)	90		AK M80	166	4:17:44	4:31:03		1:55:46	2:48:38	3:20:59	4:03:00
1300	2201	Bonde, Mads (DEN)	68	Fjordager Løbeklub	AK M60	206	4:17:56	4:22:51	0:56:44	2:01:42	2:57:16	3:29:37	4:03:16
1301	2049	Hakmann, Rasmus Storm (DEN)	87		AK M85	187	4:17:56	4:22:33	0:55:37	1:58:24	2:52:08	3:26:11	4:01:49
1302	1805	Stroobant, Simon (BEL)	90		AK M80	167	4:18:10	4:23:35	1:01:41	2:09:42	3:03:16	3:33:06	4:04:15
1303	2707	Borchert, Marcel (GER)	91	SG Bomlitz-Lönseide e.V.	AK M80	168	4:18:15	4:24:05	0:51:10	1:50:02	2:42:42	3:15:33	3:58:53
1304	943	Fries, Marc (GER)	78		AK M40	190	4:18:15	4:24:40	1:01:30	2:08:17	3:02:34	3:32:50	4:03:55
1305	2183	Melich, Patrick Lucas (GER)	91	Team Erdinger Alkoholfrei	AK M80	169	4:18:16	4:23:41	0:58:34	2:03:41	2:56:58	3:28:24	4:01:56

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1306	366	Herken, Klaus-Joachim (GER)	67	SLS Leinebagger e. V.	AK M55	137	4:18:17	4:24:06	0:56:02	1:58:05	2:49:33	3:21:08	3:59:33
1307	2795	Mairka, Wolfram (GER)	71	A3Druck Henningsdorf	AK M60	207	4:18:19	4:23:20	1:01:29	2:10:06	3:05:02	3:35:27	4:05:45
1308	2499	Glosch, Manuel (GER)	76	Die Butterstullen	AK M45	193	4:18:25	4:22:51	0:53:11	1:52:50	2:47:55	3:21:56	4:01:30
1309	2655	Hiegemann, Gerhard (GER)	64	Die Rennsemeln	AK M65	138	4:18:37	4:23:03	1:00:42	2:08:39	3:03:37	3:34:18	4:04:55
1310	1634	Raymann, Kjell (GER)	93		AK MHK	144	4:18:40	4:23:40	0:54:45	1:57:14	2:51:20	3:23:59	4:01:15
1311	827	Tery, James (GBR)	73	Wellingbrough & district	AK M45	194	4:18:42	4:24:49	0:53:12	1:55:31	2:46:27	3:20:29	4:00:58
1312	1528	Friedrich, Armin (GER)	65	SKV Sandhofen	AK M65	139	4:18:52	4:24:19	0:59:53	2:07:12	3:02:30	3:33:46	4:05:09
1313	580	Mckley, Thomas (GER)	72		AK M60	208	4:18:57	4:22:41	0:50:08	1:55:20	2:49:53	3:24:54	4:02:23
1314	2311	Raffel, Wolf-Ulrich (GER)	75	Lichtenrader Löwen	AK M45	195	4:19:04	4:23:19	0:59:03	2:05:24	3:00:28	3:31:39	4:04:39
1315	2421	Brüssow, Norbert (GER)	65		AK M65	140	4:19:17	4:24:13	0:56:21	2:00:22	2:56:45	3:28:57	4:02:56
1316	2420	Brandt, Patrick (GER)	83		AK M65	188	4:19:17	4:24:14	0:56:21	2:00:21	2:56:43	3:28:57	4:02:56
1317	1425	Stroer, Ingo (GER)	71		AK M60	209	4:19:32	4:23:43	0:55:10	1:56:37	2:51:23	3:25:53	4:04:10
1318	2608	Rosal, Jörg (GER)	65		AK M65	141	4:19:45	4:23:52	0:55:32	1:58:29	2:52:00	3:23:32	4:02:31
1319	2598	Langhorst, Thomas (GER)	66	ATS Buntentor Bremen	AK M65	142	4:19:45	4:23:39	0:50:42	1:48:31	2:40:02	3:19:37	4:01:05
1320	705	Piplat, Steffen (GER)	88		AK M60	170	4:19:50	4:25:32	0:59:37	2:06:28	3:01:43	3:33:18	4:04:57
1321	2327	Lessing, Matthias (GER)	98		AK MHK	145	4:20:00	4:25:28	0:59:49	2:06:45	3:02:14	3:34:00	4:06:02
1322	616	Bismayer, Marco (GER)	79		AK M40	191	4:20:05	4:26:05	0:59:08	2:05:21	2:59:14	3:30:28	4:04:18
1323	2482	Weirauch, Ralf (GER)	62	Lauffreiff Salzgitter	AK M60	49	4:20:08	4:24:51	0:56:31	1:59:44	2:53:39	3:26:35	4:02:08
1324	2241	Heitfeldt, Ulrich (GER)	57	100Marathon Club	AK M65	25	4:20:13	4:24:15	0:58:38	2:05:08	3:00:49	3:32:19	4:05:20
1325	1155	Hildebrandt, Lars (GER)	72		AK M60	210	4:20:17	4:24:40	0:52:39	1:53:27	2:52:22	3:28:13	4:04:57
1326	1056	Kahmann, Oliver (GER)	82	Werkabend	AK M40	192	4:20:33	4:27:34	0:59:10	2:04:05	2:57:19	3:28:31	4:04:35
1327	868	August, Dieter (GER)	60	Fortuna Logabirum	AK M60	50	4:20:40	4:26:21	1:01:17	2:08:49	3:05:39	3:36:32	4:07:01
1328	1375	Mücke, Rene (GER)	95		AK MHK	146	4:20:50	4:26:17	0:56:06	1:58:35	2:55:09	3:30:49	4:06:19
1329	1065	May, Philippe (BEL)	72		AK M60	211	4:20:53	4:25:03	0:54:28	1:56:58	2:52:50	3:27:10	4:04:12
1330	301	Deekens, Gemant (NED)	72	FullFitt Meeden	AK M60	212	4:21:14	4:25:03	0:54:51	1:55:17	2:55:12	3:30:53	4:05:32
1331	663	Strohbach, Kai (GER)	73		AK M45	196	4:21:16	4:27:20	0:52:44	1:51:19	2:43:23	3:18:20	4:00:55
1332	1426	Von Daacke, Gerrit (GER)	91		AK M60	171	4:21:23	4:34:41		1:59:38	2:55:03	3:29:12	4:05:51
1333	1668	Müller, Nils (GER)	91	MTV Seesen	AK M60	172	4:21:29	4:25:53	0:51:22	1:48:33	2:41:19	3:19:27	4:01:41
1334	1906	Kretzer, Sebastian (GER)	93		AK MHK	147	4:21:30	4:27:36	0:53:52	1:58:16	2:59:04	3:33:22	4:07:45
1335	346	Delienne, Simon (BEL)	90		AK M60	173	4:21:33	4:27:36	0:55:07	1:55:59	2:49:09	3:26:13	4:04:31
1336	1284	Enderwitz, Christian (GER)	75		AK M45	197	4:21:43	4:45:25	0:57:32	2:07:45	3:02:13	3:32:29	4:06:00
1337	2652	Schmetz, Jakob (GER)	02		AK MHK	148	4:21:49	4:35:03	0:54:23	1:56:07	2:52:02	3:32:20	4:06:29
1338	1834	Bolte, Michael (GER)	58	MTV Kronberg	AK M60	51	4:21:52	4:26:04	0:59:26	2:06:43	3:02:38	3:35:04	4:07:42
1339	2604	Brandt, Florian (GER)	80		AK M40	193	4:22:00	4:26:29	0:55:05	1:56:34	2:51:14	3:27:00	4:04:25
1340	122	Nagel, Heinz (GER)	57		AK M65	26	4:22:02	4:29:00	1:02:43	2:09:17	3:04:12	3:36:36	4:08:30
1341	2782	Hinrichs, Reemt (GER)	86		AK M65	189	4:22:13	4:27:23	0:51:39	1:51:59	2:46:43	3:25:42	4:04:25
1342	218	Schmoll, Guido (GER)	72		AK M60	213	4:22:14	4:28:09	0:57:36	2:04:58	3:01:12	3:34:29	4:07:18
1343	424	Graeber, Jürgen (GER)	47	SuS Oberaden	AK M75	3	4:22:16	4:22:24	0:54:03	1:57:06	2:54:58	3:27:35	4:03:22
1344	911	Schlachta, Michael (GER)	61	Sparkasse Hannover	AK M60	52	4:22:26	4:26:55	0:58:26	2:04:24	3:00:45	3:33:48	4:07:36
1345	1015	Bella, Bernd (GER)	88		AK M60	174	4:22:30	4:30:28	0:58:39	2:02:28	2:55:32	3:28:29	4:07:02
1346	476	Bullmann, Alwin (GER)	67	SV Jembke	AK M65	143	4:22:35	4:27:46	1:01:50	2:09:31	3:04:12	3:35:01	4:07:30
1347	314	Weber, Reik (GER)	60	SV Nienhagen	AK M60	53	4:22:40	4:23:05	0:59:01	2:05:56	3:03:11	3:36:28	4:08:41
1348	1767	Quanz, Thilo (GER)	68	QuFi	AK M60	214	4:22:44	4:28:38	0:59:55	2:07:07	3:02:11	3:33:51	4:07:11
1349	2197	Kunze, Mke (GER)	69	Freunde der Stoppuhr Leipzig	AK M60	215	4:22:52	4:27:57	0:58:36	2:03:22	2:58:36	3:33:47	4:07:36
1350	1771	Struckmeier, Armin (GER)	65	TSV Pattensen v. 1890	AK M65	144	4:22:53	4:27:49	0:56:04	1:58:27	2:52:29	3:28:29	4:07:11

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1351	782	Lehmann, Sören (GER)	94		AK MHK	149	4:23:09	4:28:45	0:59:35	2:04:28	3:00:02	3:32:38	4:07:06
1352	1063	Gemm, Karsten (GER)	61		AK M60	54	4:23:15	4:28:41	1:02:08	2:11:53	3:07:19	3:37:03	4:08:25
1353	871	Kunkel, Benjamin (GER)	84	SC Marklohe 63	AK M35	190	4:23:16	4:28:08	1:00:09	2:06:05	3:00:08	3:31:24	4:06:53
1354	261	Hammann, Detlef (GER)	65	Ultrafriesen e.V./TEA	AK M65	145	4:23:17	4:28:45	1:02:05	2:11:35	3:07:28	3:38:34	4:09:37
1355	2092	Geiß, Christian (GER)	63	Asendorf	AK M65	146	4:23:21	4:28:34	0:54:08	1:57:46	2:53:51	3:30:33	4:06:56
1356	977	Kettig, Tim (GER)	96		AK MHK	150	4:23:23	4:29:37	0:55:45	1:58:59	2:54:55	3:30:12	4:06:50
1357	1564	Kustosz, Wojciech (POL)	71		AK M60	216	4:23:24	4:28:40	0:59:52	2:06:50	3:00:12	3:31:53	4:07:01
1358	2018	Schulze, Henrik (GER)	87		AK M35	191	4:23:36	4:28:46	0:57:43	2:00:41	2:53:20	3:28:06	4:05:44
1359	1859	Lenz, Marco (GER)	70		AK M60	217	4:23:44	4:29:51	0:58:40	2:04:24	2:58:53	3:30:24	4:06:09
1360	2693	Niebauer, Frank (GER)	80		AK M40	194	4:23:49	4:30:26	1:03:18	2:11:06	3:05:28	3:35:27	4:08:05
1361	414	Walter, Reinhold (GER)	56	LT Unterkimach	AK M65	27	4:23:52	4:24:02	0:55:47	2:00:33	2:56:09	3:29:56	4:07:21
1362	2634	Werner, Ralf (GER)	59	ASV Köln Team 42	AK M60	55	4:24:00	4:29:31	1:01:39	2:09:21	3:06:45	3:37:49	4:09:58
1363	1482	Karrer, Martin (GER)	63	Marathon Team Ketsch	AK M65	147	4:24:04	4:28:37	0:57:59	2:03:24	2:58:32	3:31:16	4:07:11
1364	2656	Dorr, Andre (GER)	73	Team Erdinger Alkoholfrei	AK M45	198	4:24:10	4:28:15	0:53:45	1:56:58	2:54:19	3:31:01	4:08:58
1365	2785	Jagemann, Heinz (GER)	59	MRRRC München	AK M60	56	4:24:18	4:29:19	1:00:03	2:07:06	3:02:49	3:34:52	4:09:08
1366	180	Friedrichs, Wolfgang (GER)	64	TV Norden /Ultrafriesen	AK M65	148	4:24:21	4:29:54	1:01:28	2:10:49	3:07:52	3:39:11	4:10:04
1367	1923	Reents, Carsten (GER)	69	Blexer TB	AK M60	218	4:24:27	4:28:46	0:57:11	2:02:56	2:58:26	3:32:26	4:07:53
1368	2816	Jungclaus, Frank (GER)	69	100 Marathon Club	AK M60	219	4:24:32	4:29:47	0:59:41	2:07:52	3:05:55	3:38:19	4:10:15
1369	214	Neumann, Stefan (GER)	72		AK M60	220	4:24:33	4:30:10	1:00:30	2:07:39	3:03:21	3:35:32	4:09:17
1370	1866	Brauch, Matthias (GER)	68		AK M60	221	4:24:34	4:30:00	1:03:10	2:11:54	3:08:06	3:39:45	4:11:27
1371	1900	Bunten, Ralf (GER)	74	SV Brake Lauffeuer	AK M45	199	4:24:35	4:29:41		1:58:22	2:53:15	3:28:50	4:06:38
1372	2180	Roland, Sebastian (GER)	86		AK M35	192	4:24:42	4:29:42	0:52:53	1:51:50	2:46:30	3:23:02	4:06:24
1373	1874	Cunow, Torsten (GER)	67	Sauna Team Boddentherme	AK M65	149	4:24:45	4:30:42	0:57:02	2:02:35	2:58:49	3:31:57	4:08:37
1374	1342	Badenski, Stephen (GBR)	63		AK M65	150	4:24:45	4:29:55	0:55:53	1:56:54	2:49:48	3:26:04	4:05:35
1375	2088	Mertens, Joachim (GER)	61	LG Ultralauf	AK M60	57	4:24:46	4:30:37	1:01:26	2:07:24	3:03:10	3:35:40	4:10:05
1376	1352	Klammer, Wolfgang (ITA)	81		AK M40	195	4:24:53	4:29:19	0:57:26	2:01:27	2:56:18	3:33:32	4:08:13
1377	282	Rexforth, Frank (GER)	59		AK M60	58	4:24:59	4:30:02	1:00:07	2:06:38	3:02:25	3:34:57	4:09:57
1378	107	Perpeet, Stephan (GER)	64	GutsMuths-Rennsteiglaufvere	AK M65	151	4:25:04	4:29:54	1:00:55	2:09:26	3:05:42	3:37:34	4:10:21
1379	1667	Mueller, David (GER)	75		AK M45	200	4:25:10	4:29:15	0:50:55	1:47:49	2:42:25	3:20:59	4:10:30
1380	1277	Valkema, Andree (GER)	75		AK M45	201	4:25:13	4:30:36	1:02:06	2:11:31	3:08:07	3:39:39	4:11:45
1381	1829	Walter, Thomas (GER)	84	TSV Grombühl	AK M35	193	4:25:18	4:30:41	1:01:39	2:11:54	3:08:08	3:40:26	4:12:12
1382	2400	Mannsfield, Waldemar (GER)	64		AK M65	152	4:25:25	4:29:49		2:04:05	3:00:20	3:32:52	4:07:59
1383	1405	Bentz, Patrick (FRA)	76	VSV 77 Laufgruppe Borna	AK M45	202	4:25:33	4:29:05	0:49:12	1:53:20	2:48:52	3:23:21	4:07:05
1384	2431	Gentile, Cosmo (ITA)	50		AK M70	7	4:25:35	4:29:31	0:55:33	1:58:46	2:59:56	3:35:57	4:11:10
1385	2601	Richter, Michael (GER)	56	Laufclub BlueLiner	AK M65	28	4:25:41	4:26:02	0:56:00	2:00:22	2:58:35	3:33:30	4:11:07
1386	1991	Grimpe, Martin (GER)	61	friendly snails	AK M60	59	4:25:55	4:31:25	1:02:37	2:11:36	3:07:32	3:39:16	4:11:36
1387	783	Unger, Andreas (GER)	64	Team Erdinger Alkoholfrei	AK M65	153	4:26:18	4:31:26	1:00:13	2:05:48	2:59:36	3:32:07	4:10:09
1388	2260	Mertens, Stefan (GER)	77	TuSpo Mengerlinghausen	AK M45	203	4:26:36	4:33:52	1:03:40	2:12:19	3:09:23	3:41:00	4:12:49
1389	652	Deinhardt, Stephen (GER)	70		AK M60	222	4:26:49	4:31:56	0:53:53	1:55:59	2:51:13	3:27:29	4:07:56
1390	2498	Weber, Heiko (GER)	75	Crazymassafacka /TEA	AK M45	204	4:27:01	4:32:42	0:59:48	2:05:22	3:01:31	3:34:09	4:10:03
1391	2232	Kühne, Martin (GER)	68	Team Erdinger	AK M60	223	4:27:05	4:32:31	1:01:59	2:10:38	3:06:46	3:38:47	4:11:45
1392	842	Eggers, Gerd (GER)	62	TSV Lenke	AK M60	60	4:27:06	4:31:09	0:51:45	1:52:36	2:48:18	3:25:05	4:11:23
1393	2233	Kugel, Dirk (GER)	59	MV Stüde	AK M60	61	4:27:07	4:31:45	1:01:37	2:11:07	3:07:59	3:39:41	4:12:03
1394	990	Kossyk, Bernd (GER)	66		AK M65	154	4:27:20	4:32:59	1:02:03	2:11:43	3:07:56	3:39:33	4:12:17
1395	1296	Steinkamp, Franz (GER)	67	Lauffreiw SW Osterfeine	AK M65	155	4:27:20	4:33:46	1:01:06	2:08:27	3:04:21	3:38:15	4:11:56

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1396	1348	Brune-Suszka, Andre (GER)	75	SW Osterfeine	AK M45	205	4:27:20	4:33:46	1:03:29	2:08:27	3:04:21	3:38:10	4:11:56
1397	1917	Walter, Niels (GER)	77		AK M45	206	4:27:22	4:33:28	0:55:46	1:58:10	2:56:05	3:33:37	4:10:20
1398	2096	Genrich, Florian (GER)	80	Dasseler SC	AK M40	196	4:27:34	4:31:13	0:59:46	2:08:21	3:04:06	3:36:50	4:11:31
1399	896	Nika, David (GER)	92	Arena Taekwondo Verein e.V.	AK M30	175	4:27:49	4:32:57	1:02:23	2:09:43	3:05:24	3:38:21	4:12:44
1400	891	Thomsen, Axel (GER)	77	TV Norden	AK M45	207	4:27:50	4:32:24	0:53:11	1:53:40	2:53:43	3:31:57	4:10:40
1401	962	Herold, Christoph (GER)	90		AK M30	176	4:27:51	4:33:05	0:56:39	1:58:20	2:51:16	3:29:58	4:09:58
1402	721	Nykamp, Berthold (GER)	46	LC Nordhorn	AK M75	4	4:28:13	4:28:30	0:56:23	2:00:52	2:59:01	3:35:40	4:11:51
1403	472	Lietz, Ralf (GER)	61	Laufsport Frisia Goldenstedt /	AK M60	62	4:28:18	4:33:46	1:02:17	2:12:45	3:08:18	3:39:54	4:12:48
1404	2215	Liebert, Frank (GER)	68		AK M60	224	4:28:19	4:33:51	1:01:28	2:10:53	3:08:07	3:40:19	4:13:31
1405	2275	Lautenbach, Frank (GER)	68	Hannover 96	AK M60	225	4:28:22	4:33:48	1:02:05	2:11:54	3:08:10	3:39:46	4:12:30
1406	2268	Dembeck, Ralf (GER)	70	Ultafriesen e. V. / TEA	AK M60	226	4:28:23	4:33:48	1:02:07	2:13:53	3:08:10	3:39:46	4:12:30
1407	2045	Szpejalowski, Tomasz (POL)	76		AK M45	208	4:28:35	4:33:46	0:58:45	2:03:59	2:57:55	3:30:05	4:11:07
1408	650	Weiß, Timo (GER)	75		AK M45	209	4:28:44	4:33:11	0:53:20	1:55:41	2:51:31	3:28:30	4:09:12
1409	2815	Heymann, Dietmund (GER)	51	Elvisrun	AK M70	8	4:28:50	4:33:51	0:59:04	2:06:34	3:02:39	3:35:04	4:11:48
1410	2761	Stücker, Tobias (GER)	79	#harztrailverbindet	AK M40	197	4:29:00	4:33:17	0:49:54	1:48:40	2:53:31	3:32:08	4:14:06
1411	2461	Zittlau, Werner (GER)	51	TSV 1906 Cappel	AK M70	9	4:29:00	4:29:13	0:51:32	1:53:38	2:54:54	3:33:38	4:12:49
1412	1824	Self, Randall (USA)	57		AK M65	29	4:29:00	4:33:03	0:58:36	2:04:15	3:01:41	3:35:48	4:12:13
1413	1943	Zhang, Haiquan (GER)	63		AK M65	156	4:29:17	4:35:00	0:59:31	2:06:39	3:03:20	3:36:51	4:12:54
1414	752	Lange, Dominik (GER)	92		AK M30	177	4:29:19	4:34:49	1:01:52	2:10:39	3:05:51	3:39:04	4:13:10
1415	2429	Steiner, Daniel (SUI)	61	marathon4you.de	AK M60	63	4:29:28	4:36:01	0:59:34	2:04:55	3:06:59	3:40:50	4:14:47
1416	1880	Blank, Fabian (GER)	95		AK MHK	151	4:29:31	4:36:36	1:00:20	2:07:44	3:04:37	3:37:51	4:13:22
1417	292	Kein, Michael (GER)	64		AK M65	157	4:29:40	4:33:44	0:53:27	1:55:25	2:57:06	3:33:40	4:14:43
1418	2451	Kossin, Markus (GER)	66	Flattland Runners	AK M65	158	4:29:54	4:35:01	1:02:17	2:11:44	3:07:35	3:38:27	4:12:57
1419	916	Janssen, Karsten (GER)	81	SV Hage	AK M40	198	4:30:04	4:36:41	1:03:20	2:11:06	3:05:44	3:37:47	4:13:26
1420	324	Tylla, Vinzent (GER)	67	VfL Herzlake	AK M65	159	4:30:06	4:34:00	0:53:40	1:56:58	2:55:12	3:32:26	4:14:19
1421	223	Knudsen, Malte (GER)	95	MfU Maintenance Hannover	AK MHK	152	4:30:09	4:35:32	0:59:21	2:06:39	3:04:12	3:39:46	4:15:47
1422	2395	Schiemzik, Bruno (GER)	51		AK M70	10	4:30:16	4:34:59	1:00:06	2:06:57	3:04:09	3:38:25	4:14:34
1423	1258	Pongs, Rudolf (GER)	54	Marathon-Team Ketsch	AK M65	30	4:31:04	4:35:37	1:02:41	2:12:20	3:06:56	3:40:06	4:14:26
1424	2713	Bendig, Uwe-Heinz (GER)	69	Team Erdinger Alkoholfrei	AK M60	227	4:31:12	4:36:36	1:01:08	2:10:23	3:08:39	3:41:58	4:16:46
1425	2473	Kröncke, Jan (GER)	79		AK M40	199	4:31:13	4:37:03	0:58:29	2:05:32	3:06:26	3:40:48	4:15:16
1426	1677	Reckmann, Thomas (GER)	70	LG Burg Wiedenbrück	AK M60	228	4:31:23	4:36:30	1:03:01	2:14:00	3:12:04	3:44:43	4:17:09
1427	1268	Kampen, Martin (GER)	65	SV Langen	AK M65	160	4:31:24	4:36:23	0:57:32	2:04:41	3:02:07	3:37:07	4:14:47
1428	912	Rathmann, Heiko (GER)	71	Triathlon Salzgitter	AK M60	229	4:31:31	4:35:54	0:59:54	2:06:28	3:03:34	3:39:25	4:16:46
1429	456	Jockisch, Marvin (GER)	97		AK MHK	153	4:31:31	4:38:39	1:00:51	2:08:01	3:05:33	3:38:11	4:16:24
1430	522	Bindseil, Stefan (GER)	62		AK M60	64	4:31:54	4:45:24	1:00:00	2:08:12		3:43:30	4:17:17
1431	2392	Geier, Hans-Dieter (GER)	64	Continental	AK M65	161	4:32:07	4:37:36	1:02:14	2:12:07		3:42:20	4:17:17
1432	963	Hill, Arnd (GER)	67		AK M65	162	4:32:14	4:38:15	1:04:22	2:15:15	3:11:36	3:43:36	4:17:08
1433	796	Urbschat, Holger (GER)	81		AK M40	200	4:32:32	4:37:10	0:56:11	2:03:01	3:07:11	3:43:04	4:18:06
1434	2716	Andreas, Traeder (GER)	63	TG Werste	AK M65	163	4:32:36	4:38:09	0:56:52	1:59:41	2:56:11	3:34:43	4:15:30
1435	2783	Kopperschmidt, Kord Jürgen (GER)	76	GC-Team Hildesheim	AK M45	210	4:33:09	4:40:43	1:04:43	2:16:19	3:15:08	3:48:02	4:20:21
1436	534	Grimm, Olaf (GER)	65	SG Bredenbeck-Holtensen	AK M65	164	4:33:13	4:33:29	0:54:15	2:01:40	3:02:09	3:39:24	4:17:20
1437	2521	Dülger, Emre (GER)	94	Finanz Informatik GmbH &	AK MHK	154	4:33:16	4:46:29	0:58:51	2:04:39	3:00:30		4:13:51
1438	1712	Bennink, Marvin (GER)	92	Südlöhner Lauftreff e.V.	AK M30	178	4:33:47	4:38:47	1:04:26	2:14:34	3:11:57	3:44:19	4:18:49
1439	657	Goldapp, Oliver (GER)	71	ServiceWare SE	AK M60	230	4:33:50	4:39:50	1:02:25	2:11:54	3:10:07	3:43:59	4:18:35
1440	1137	Pick, Julian (GER)	96		AK MHK	155	4:34:03	4:47:15	0:58:54	2:04:39	3:03:07	3:40:59	4:17:42

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1441	1136	Ströer, Tobias (GER)	94	SV Bethen	AK MHK	156	4:34:03	4:47:15	0:58:53	2:04:39	3:03:07	3:40:59	4:17:42
1442	2527	Schneider, Heribert (GER)	68	Sparkasse Oberland	AK M60	231	4:34:07	4:40:15	1:04:37	2:15:40	3:13:59	3:46:15	4:19:09
1443	365	Heffner, Tobias (GER)	89		AK M60	179	4:34:17	4:39:45	0:58:43	2:06:13	3:03:49	3:40:07	4:16:54
1444	2293	Frey, Jürgen (GER)	71	Ultrafriesen e.V./TEA	AK M60	232	4:34:36	4:40:30	1:03:11	2:12:27	3:09:16	3:43:07	4:18:25
1445	1656	Nagels, Franne (BEL)	86	Zoniën Athletics	AK M65	194	4:34:37	4:40:06	1:01:54	2:11:52	3:08:13	3:42:12	4:19:36
1446	738	Mäcenauer, Thorsten (GER)	72		AK M60	233	4:34:49	4:39:37	1:00:33	2:11:59	3:10:55	3:44:19	4:19:49
1447	2812	Löffel, Andreas (GER)	57	TV Norden	AK M65	31	4:35:06	4:40:08	1:00:21	2:08:47	3:07:58	3:42:32	4:19:02
1448	330	Lindfors, Erno (FIN)	79		AK M40	201	4:35:33	4:40:17	0:56:19	2:00:11	2:57:42	3:35:35	4:18:24
1449	2253	Lucht, Patrick (GER)	77	Team Erdinger Alkoholfrei	AK M45	211	4:35:37	4:41:36	0:59:15	2:05:19	3:00:13	3:36:09	4:16:40
1450	1802	Weht, Stanislaw (GER)	83		AK M65	195	4:35:39	4:40:04	0:55:04	1:58:38	2:56:43	3:36:47	4:17:28
1451	2090	Peitzmeier, Thomas (GER)	90	HSG Spradow	AK M60	180	4:35:39	4:42:10	1:02:20	2:11:07	3:07:48		4:18:50
1452	1711	Schläger, Lars (GER)	84	Trail Team OML /100MC	AK M65	196	4:35:40	4:42:10	1:02:20	2:11:08	3:07:49		4:18:50
1453	1816	Menger, Raimund (GER)	79		AK M40	202	4:35:59	4:42:13	1:00:37	2:09:19	3:06:31		4:18:52
1454	2229	Weißinger, Thomas (GER)	66	Team ERDINGER Alkoholfrei	AK M65	165	4:36:09	4:41:42	1:01:34	2:10:50	3:08:12		4:19:28
1455	664	Groebe, Andreas (GER)	66		AK M65	166	4:36:23	4:40:34	0:53:53	1:57:14	2:57:33	3:33:55	4:15:26
1456	483	Walz, Markus (GER)	85	LG Weserbergland	AK M65	197	4:36:34	4:36:52	0:56:08	1:59:37	2:58:34	3:36:00	4:17:14
1457	1212	Behmann, Patrick (GER)	89		AK M60	181	4:36:42	4:50:07	0:57:24	2:02:48	3:00:45	3:39:45	4:21:34
1458	1042	Helms, Florian (GER)	93	SSG Marienau	AK MHK	157	4:36:57	4:43:24	1:02:10	2:10:06	3:05:54	3:41:38	4:22:21
1459	2412	Brühl, Hans-Peter (GER)	48	VfL Tegel Berlin	AK M70	11	4:37:04	4:37:16	0:59:26	2:07:22	3:06:54	3:43:11	4:19:50
1460	2357	Krause, Joachim (GER)	66	Team Erdinger Alkoholfrei	AK M65	167	4:37:14	4:50:34	1:00:18	2:09:54	3:10:43	3:45:27	4:21:52
1461	653	Küllsen, Rolf (GER)	69		AK M60	234	4:37:22	4:50:41	1:02:14	2:12:48	3:11:27	3:44:11	4:19:47
1462	513	Meinke, Matthias (GER)	93	Kenpokan Crossfit Hangover	AK MHK	158	4:37:54	4:43:22	1:02:04	2:11:52	3:08:13		4:21:14
1463	2739	Dukitsch, Andreas (GER)	83	TAusbZLw	AK M65	198	4:37:58	4:43:18	0:58:04	2:02:10		3:39:35	4:20:09
1464	1280	Reiners, Oliver (GER)	94		AK MHK	159	4:38:04	4:42:35	0:54:03	1:55:12	2:54:46	3:36:20	4:20:38
1465	869	Miller, Oliver (GER)	81	Team fit&fröhlich	AK M40	203	4:38:06	4:44:18	1:00:23	2:06:56	3:03:35	3:39:18	4:19:00
1466	1857	Gronbach, Pimin (GER)	69	SC Hemmoor	AK M60	235	4:38:11	4:44:01	0:58:29	2:05:33	3:06:30	3:42:30	4:20:54
1467	2799	Kashyrin, Denys (UKR)	96		AK MHK	160	4:38:12	4:51:32	1:04:53	2:15:45	3:15:27	3:49:52	4:24:13
1468	2659	Wulff, Henning (GER)	83	SG Bredenbeck-Holtensen	AK M65	199	4:38:12	4:44:34	1:03:07	2:13:24	3:11:42	3:45:25	4:21:54
1469	2468	Knudsen, Nicolas (GER)	90		AK M60	182	4:38:38	4:44:01	0:59:22	2:06:39	3:04:11	3:39:45	4:23:44
1470	1583	Föhr, Jochen (GER)	66	Die	AK M65	168	4:38:39	4:44:27	0:59:54	2:08:03	3:08:37	3:46:29	4:23:13
1471	2098	Sturm, Joshua (GER)	98		AK MHK	161	4:38:44	4:45:01	1:03:42	2:15:28	3:15:04	3:48:44	4:23:11
1472	1982	Von Der Wellen, Martin (GER)	65	Burgläufer Dinklage	AK M65	169	4:39:11	4:44:44	1:01:51	2:09:13	3:07:11	3:42:43	4:21:40
1473	2383	Nguyen, Thomas (GER)	82		AK M40	204	4:39:19	4:44:55	0:59:34	2:05:50	3:01:42	3:39:56	4:20:06
1474	210	Paul, Norbert (GER)	56		AK M65	32	4:39:24	4:44:52	1:00:18	2:08:30	3:06:04		4:21:24
1475	649	Leunig, Stefan (GER)	75	Hannover 96 Triathlon	AK M45	212	4:39:42	4:52:55	1:01:42	2:10:00	3:09:57	3:45:52	4:23:30
1476	810	Zielinski, Bogumil (POL)	63	Grupa Biegowa Meroszów	AK M65	170	4:39:46	4:43:56	1:00:05	2:07:23	3:07:02	3:45:10	4:24:33
1477	1143	Haven, Joris (BEL)	90		AK M60	183	4:39:52	4:44:40	1:02:42	2:12:32	3:08:56	3:44:29	4:22:28
1478	2630	Borkowski, Jörg (GER)	71	TSV Lensahn e.V.	AK M60	236	4:39:54	4:43:29	1:00:01	2:08:07	3:10:06	3:45:02	4:22:54
1479	216	Heuer, Björn (GER)	88	HAI Hannover Marathon	AK M60	184	4:40:04	4:43:46	0:54:06	2:00:33	3:04:56	3:44:06	4:22:45
1480	1761	Wernke, Christoph (GER)	86		AK M65	200	4:40:06	4:46:16	1:01:24	2:10:56	3:09:30	3:43:28	4:21:42
1481	564	Bock, Adam (GER)	87		AK M65	201	4:40:08	4:53:21	1:01:38	2:13:07	3:12:55	3:46:31	4:23:42
1481	2658	Konradt, Jochen (GER)	63	Alte Liebe	AK M65	171	4:40:08	4:44:09	1:03:31	2:17:29	3:17:23	3:51:05	4:25:43
1483	1861	Bleyenbergh, Maurice (BEL)	52		AK M70	12	4:40:23	4:45:01	0:59:26	2:08:43	3:09:12	3:44:22	4:22:54
1484	713	Winter, Peter (GER)	66		AK M65	172	4:40:53	4:46:56	1:03:15	2:16:48	3:16:58	3:51:24	4:26:03
1485	1322	Graf, Stephan Graf (GER)	68		AK M60	237	4:41:23	4:45:15	1:01:37	2:13:58	3:14:59	3:50:38	4:25:02

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1486	905	Kallies, Jan (GER)	88		AK M80	185	4:41:29	4:46:59	0:58:29	2:04:44	3:06:09	3:43:29	4:23:54
1487	1486	Richter, Nickolas (GER)	87		AK M85	202	4:41:40	4:46:48	1:05:53	2:17:27	3:16:14	3:49:12	4:25:08
1488	329	Höffe, Erik (GER)	72	Tri-Sport Lübeck e.V.	AK M60	238	4:41:47	4:47:32	1:05:50	2:19:39	3:19:16	3:52:33	4:26:35
1489	1889	Schmidt, Torge (GER)	68		AK M60	239	4:41:54	4:55:08	1:07:21	2:23:29	3:23:54	3:56:53	4:28:19
1490	1615	Adamson, Roger (USA)	78	Jubiläums-Botschafter	AK M40	205	4:41:56	4:46:32	0:55:21	1:58:49		3:40:47	4:22:50
1491	1371	Triller, Maxim (GER)	88	Gänse aus Stahl	AK M80	186	4:41:58	4:55:13	1:01:36	2:13:51	3:14:47	3:49:13	4:25:36
1492	1851	Lüthmann, Marco (GER)	74		AK M45	213	4:42:24	4:48:14	0:57:57	2:05:33	3:07:34	3:46:40	4:25:48
1493	1031	Lampe, Felix (GER)	94		AK MHK	162	4:42:31	4:49:15	1:00:50	2:10:35	3:09:03	3:46:35	4:27:06
1494	781	Schulz, Detlef (GER)	62	Hannover Runners e. V.	AK M60	65	4:42:53	4:46:55	0:58:45	2:07:50	3:05:59	3:42:13	4:23:09
1495	200	Eißing, Holger (GER)	67	MfV - Langlinger	AK M65	173	4:42:58	4:49:14	0:55:09	1:59:30		3:44:08	4:24:56
1496	2759	Yläräkkö, Markku (FIN)	70		AK M60	240	4:42:58	4:49:32	1:02:28	2:10:49	3:07:31	3:42:43	4:23:20
1497	1587	Schubert, Uwe-Georg (GER)	61	LAC Langenhagen /TEA	AK M60	66	4:43:07	4:49:48	1:00:27	2:12:23	3:13:47	3:50:13	4:28:14
1498	2734	Strube, Kai (GER)	68		AK M60	241	4:43:14	4:48:48	0:59:42	2:08:33	3:10:38	3:48:06	4:26:20
1499	996	Tatge, Thomas (GER)	56	TuS Jahn Lindhorst	AK M65	33	4:43:34	4:50:52	1:02:46	2:10:47	3:11:34	3:49:35	4:27:38
1500	104	Weisker, Michael (GER)	66	Hannover 96 Triathlon	AK M65	174	4:43:37	4:47:02	1:00:11	2:09:47	3:11:44	3:49:00	4:26:33
1501	2119	Storn, Christian (GER)	79		AK M40	206	4:43:58	4:49:19	1:00:06	2:06:53		3:49:12	4:28:11
1502	2803	Grahl, Stefan (GER)	71		AK M60	242	4:44:15	4:50:24	1:00:40	2:10:22	3:08:49	3:45:18	4:26:45
1503	876	Hippe, Karsten (GER)	73	Team Erdinger Alkoholfrei	AK M45	214	4:44:25	4:49:44	1:00:50	2:10:57	3:09:15	3:47:12	4:28:07
1504	2279	Rößler, Thomas (GER)	75	LG Pflintal	AK M45	215	4:44:43	4:50:28	1:06:05	2:20:47	3:19:48	3:53:49	4:29:09
1505	2261	Blässe, Detlef (GER)	63	PacerTeam.de	AK M65	175	4:44:43	4:50:28	1:05:48	2:20:46	3:19:52	3:53:51	4:29:10
1506	340	Heinrichs, Christoph (GER)	97	Team Timmy	AK MHK	163	4:44:43	4:48:38	0:54:10	1:57:28	3:07:54	3:51:42	4:29:44
1507	1353	Neumann, Holger (GER)	63		AK M65	176	4:44:43	4:49:07	0:53:46	2:07:14	3:10:48	3:47:30	4:26:53
1508	1429	Clavareau, Romain (BEL)	95		AK MHK	164	4:44:44	4:50:30	1:05:52	2:20:45	3:19:48	3:55:05	4:31:05
1509	2273	Mehl, Wojciech Piotr (GER)	51	Tri-Sport Lübeck /100	AK M70	13	4:44:51	4:50:37	1:05:56	2:20:45	3:19:54	3:55:05	4:31:05
1510	610	Knöck, Benno (GER)	42	SVT Neumünster	AK M60	1	4:44:55	4:50:50	1:01:55	2:13:38	3:14:21	3:50:24	4:28:07
1511	2506	Müller, Martin (GER)	56	Sparkasse Amsberg-Sundern	AK M65	34	4:44:57	4:50:21	0:58:18	2:05:55		3:45:02	4:25:26
1512	1002	Praetorius, Fabian (GER)	97		AK MHK	165	4:45:13	4:58:42	1:05:28	2:17:15	3:16:24	3:51:55	4:29:08
1513	1350	Nørgaard, Lars (DEN)	69		AK M60	243	4:45:22	4:49:30	0:59:24	2:10:31	3:12:31	3:50:05	4:29:39
1514	1810	Königshofen, Julius (GER)	95		AK MHK	166	4:45:32	4:50:25		2:07:31		3:52:14	4:29:32
1515	2305	Baade, Mke (GER)	73	Team Erdinger Alkoholfrei /	AK M45	216	4:45:39	4:58:53	0:59:44	2:10:01	3:11:12	3:48:09	4:28:01
1516	631	Kuhl, Carsten (GER)	62	Pingpank Running Projects	AK M60	67	4:45:42	4:50:47	0:59:01	2:07:35	3:10:37	3:48:21	4:27:39
1517	1086	Möbes, Silvio (GER)	63		AK M65	177	4:45:47	4:52:02	1:02:55	2:16:45		3:52:44	4:28:30
1518	1085	Dahlhäuser, Rüdiger (GER)	63		AK M65	178	4:45:47	4:52:03	1:03:03	2:16:45	3:16:42	3:52:44	4:28:30
1519	2147	Khabaz, Reza (GER)	58		AK M60	68	4:46:01	4:50:06	0:58:10	2:06:16	3:07:07	3:45:27	4:26:10
1520	2091	Özdoğan, Ismail (TUR)	87		AK M85	203	4:46:10	4:59:33	1:06:39	2:24:59	3:23:31	3:53:32	4:28:55
1521	1440	Kupillas, Arne (GER)	79	Hannover Runners e. V.	AK M40	207	4:46:15	4:51:49	1:04:26	2:16:11	3:15:40	3:50:15	4:28:52
1522	1318	Kraus, Michael (GER)	65	SC Aising-Pang	AK M65	179	4:46:45	4:50:37	1:01:28	2:16:51	3:24:30		4:25:20
1523	491	Palandt, Michael (GER)	75		AK M45	217	4:46:48	4:51:03	0:58:04	2:04:13	3:03:44	3:44:40	4:29:29
1524	1721	Burgemeister, Kai (GER)	86	Hahnertwins Running Club	AK M85	204	4:47:03	5:00:17	0:56:19	2:04:40	3:14:06	3:54:35	4:31:17
1525	1242	Vornweg, Jan (GER)	86		AK M85	205	4:47:19	5:00:45	1:02:40	2:13:09	3:13:15	3:53:43	4:32:57
1526	2382	Hoesch, Benjamin (GER)	02		AK MHK	167	4:47:21	5:00:44		2:13:49	3:15:44	3:55:52	4:32:10
1527	1381	Wunderlin, Tobias (GER)	69	Marathon-Team Ketsch	AK M60	244	4:47:26	4:51:58	0:57:58	2:03:24	3:00:21	3:39:29	4:26:00
1528	569	Andermann, Jens (GER)	70	TV Lemgo Triathlon	AK M60	245	4:47:28	4:54:20	1:00:11	2:09:07	3:11:23	3:49:51	4:29:37
1529	872	Sturm, Andreas (GER)	66	Schwanenteich Parkrunner	AK M65	180	4:47:31	4:53:48	1:03:44	2:15:28	3:15:04	3:51:05	4:30:01
1530	2584	Förstemann, Sascha (GER)	89		AK M80	187	4:47:43	4:54:07	1:05:01	2:19:10	3:18:59	3:54:07	4:31:59

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Results Men

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1531	2112	Krause, Carl Gustav (GER)	66		AK M65	181	4:48:04	4:53:38	1:06:30	2:21:30	3:23:32	3:58:21	4:32:51
1532	1324	Eggers, Frederik (GER)	90		AK M80	188	4:48:29	4:54:04	1:02:05	2:12:20	3:13:54	3:53:59	4:30:59
1533	855	Ring, Harald (GER)	61	Mäschsee Laufftreff	AK M60	69	4:48:51	4:52:45	1:01:08	2:11:07	3:11:35	3:49:17	4:30:21
1534	2082	Majer, Philip (GER)	96		AK MHK	168	4:49:01	5:02:25	1:06:01	2:18:30		3:53:19	4:31:48
1535	1044	Wmdolph, Stephan (GER)	80	Sparkasse Hannover	AK M40	208	4:49:07	4:54:50	1:01:58	2:12:36	3:16:26	3:53:02	4:31:40
1536	1473	Printezis, Athanassios-Jasson	96		AK MHK	169	4:49:08	5:02:25	1:06:08	2:18:37	3:17:52	3:53:26	4:31:54
1537	694	Möller, Hans-Peter (GER)	68	Ebner Stolz	AK M60	246	4:49:08	4:54:28	1:04:43	2:17:05	3:19:26	3:55:13	4:32:43
1538	1663	Petrov, Anton (GER)	98		AK MHK	170	4:49:13	5:02:35	0:58:44	2:04:05	3:00:23	3:41:16	4:30:32
1539	1379	Jaegers, Daniel (GER)	81	Team Erdinger Alkoholfrei	AK M40	209	4:49:41	4:54:25	0:56:40	2:05:12	3:12:40	3:54:26	4:34:17
1540	2080	Orlowski, Manfred (GER)	63	Schlinghof	AK M65	182	4:49:45	4:55:20	1:03:33	2:14:25	3:17:17	3:54:19	4:33:46
1541	2767	Lindner, Andreas (GER)	88		AK M80	189	4:49:45	4:56:10	1:05:25	2:20:15	3:19:16	3:53:19	4:31:36
1542	538	Rapp, Andy (GER)	73	Hannover Runners e. V.	AK M45	218	4:49:50	4:53:49	0:57:45	2:09:26	3:13:02	3:51:23	4:32:30
1543	2555	Bade, Thomas (GER)	65	Hamburger SV	AK M65	183	4:50:11	5:03:35	1:01:23	2:15:14	3:23:10	3:59:08	4:33:45
1544	2002	Henrici, Jörg (GER)	73	TSV Heisebeck 1905/20 e.V.	AK M45	219	4:50:15	4:57:27	1:07:01	2:22:04	3:22:26	3:56:58	4:33:51
1545	900	Kilian, Werner (GER)	45		AK M75	5	4:50:19	4:53:36	1:06:07	2:27:53	3:39:38		
1546	2807	Walger, Stefan (GER)	86		AK M85	206	4:50:33	4:54:58	0:52:09	1:56:49	3:02:58	3:47:14	4:32:03
1547	2386	Nolte, Dirk (GER)	82	100 Marathon Club	AK M40	210	4:51:38	4:57:04	1:00:12	2:07:48	3:10:17	3:51:41	4:34:12
1548	2607	Petrusek, Lukas (CZE)	94	RunCzech Team	AK MHK	171	4:51:41	4:55:22	0:56:53	2:02:45	3:07:10	3:49:26	4:32:46
1549	744	Hoepke, Axel (GER)	56	Lions Runner	AK M65	35	4:52:05	4:58:11	1:06:22	2:21:08	3:24:24	3:59:41	4:36:13
1550	2609	Mueller, Juergen (GER)	57		AK M65	36	4:52:31	4:56:32	0:58:42	2:10:10	3:14:10	3:54:04	4:34:45
1551	1596	Schulte, Bernd (GER)	90		AK M80	190	4:52:35	4:58:13	1:03:06	2:12:44	3:19:06	3:56:42	4:35:34
1552	1590	Ehrhardt, Stefan (GER)	66	NORD/LB Gruppe	AK M65	184	4:52:37	5:06:03	1:05:06	2:16:51	3:17:35	3:50:09	4:33:34
1553	550	Retberg, Sven (GER)	71	TSV Hilwartshausen	AK M60	247	4:52:40	4:57:51	1:02:52	2:15:07	3:17:30	3:55:02	4:34:55
1554	1959	Vandijken, Linus (GER)	01		AK MHK	172	4:52:45	4:59:25	1:05:54	2:18:26	3:23:03	4:00:37	4:37:00
1555	1853	Breuing, Josef (GER)	66		AK M65	185	4:52:53	4:58:57	1:09:33	2:26:45	3:27:57	4:02:48	4:37:27
1556	642	Wulfert, Christian (GER)	70		AK M60	248	4:53:10	4:59:21	1:05:26	2:19:14	3:19:09	3:58:53	4:36:52
1557	2167	Petri, Günter (GER)	57	LG Run & Walk	AK M65	37	4:53:34	4:59:40	1:04:14	2:19:08	3:21:39	3:58:55	4:37:06
1558	2756	Hofmann, Etienne (GER)	92		AK M80	191	4:53:35	5:06:57	1:10:15	2:27:35	3:29:32	4:07:12	4:37:59
1559	2618	Holly, Michael (GER)	87	BPol	AK M85	207	4:53:36	5:06:57	1:01:34	2:10:15	3:10:47	3:51:50	4:35:53
1560	101	Rathing, Michael (GER)	63	Team Erdinger Alkoholfrei	AK M65	186	4:53:38	4:59:08	0:59:28	2:10:11	3:16:01	3:55:35	4:37:21
1560	2649	Thomala, Nils (GER)	98		AK MHK	173	4:53:38	4:59:53	1:07:33	2:23:15	3:25:11	4:00:43	4:37:58
1562	2651	Ritter, Luca (GER)	97		AK MHK	174	4:53:39	4:59:53	1:07:33	2:23:15		4:00:43	4:37:58
1563	1219	Herpich, Peter (GER)	53	TSV Neustadt	AK M65	38	4:53:42	5:07:02	1:07:12	2:21:59		3:59:27	4:36:53
1564	293	Oskamp, Julian (GER)	92	Team Erdinger Alkoholfrei	AK M80	192	4:53:56	4:59:17	0:53:04	1:56:09	3:04:57	3:47:36	4:29:07
1565	422	Heinemann, Dirk (GER)	65		AK M65	187	4:54:29	4:59:18	0:54:07	2:01:16	3:08:25	3:48:31	4:33:41
1566	2715	Wilkens, Carsten (GER)	71	Dasseler SC	AK M60	249	4:54:32	5:00:38	0:58:42	2:10:35	3:17:20	3:56:59	4:36:48
1567	529	Offeney, Ralf (GER)	59	LT SC Bad Münden	AK M60	70	4:54:47	5:02:35	1:04:01	2:18:10	3:18:50	3:56:38	4:38:24
1568	2822	Abel, Arvid (GER)	92	Hannover Runners e. V.	AK M80	193	4:54:53	4:59:37	0:55:36	2:03:46	3:13:22	3:54:59	4:37:32
1569	1266	Träger, Jürgen (GER)	69	TSV Neustadt a. Rbge	AK M60	250	4:55:15	5:01:04	1:01:48	2:11:35	3:10:42	3:52:08	4:38:01
1570	242	Fantini, Michael (GER)	62		AK M60	71	4:55:28	5:01:14	1:05:51	2:20:44	3:25:06	4:01:26	4:39:28
1571	1992	Hofmann, Michael (GER)	69	Continental	AK M60	251	4:55:36	5:09:02		2:21:16	3:24:06	4:00:06	4:38:10
1572	2306	Hoene, Nico (GER)	75	Team halldo	AK M45	220	4:55:37	5:09:03	1:06:26	2:21:16	3:24:06	4:00:06	4:38:10
1573	1650	Hoppenau-Pala, Jan (GER)	81	SV Burgwedel - Triathlon	AK M40	211	4:55:59	5:09:16	1:03:01	2:16:01	3:17:06		4:36:31
1574	2191	Ruder, Mario (GER)	69	SCC Berlin	AK M60	252	4:56:02	5:01:50	1:03:56	2:17:00	3:21:11	3:58:55	4:39:22
1575	935	Artz, Atze (GER)	60	TV Jahn Rheine	AK M60	72	4:56:04	5:01:47	1:03:17	2:18:01	3:20:59	3:57:20	4:38:04

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1576	2417	Disselhorst, Johannes (GER)	54	ORANJE BOVEN	AK M65	39	4:56:07	5:01:57	1:05:44	2:20:33	3:59:07	4:38:21	
1577	357	Westphal, Hans-Joachim (GER)	57	100 Marathon Club	AK M65	40	4:56:40	5:00:57	0:59:17	2:10:18	3:17:49	3:57:14	4:39:44
1578	1043	Windram, Tim (GBR)	82	Squirrels	AK M40	212	4:56:51	5:10:06	1:10:40	2:28:45	3:31:02	4:05:26	4:41:18
1579	2492	Müller, Hans-Werner (GER)	56	LT Ilsede Lahstedt	AK M65	41	4:57:09	5:00:35	1:04:12	2:15:12	3:15:40	3:55:06	4:37:58
1580	706	Freese, Andre (GER)	70		AK M60	253	4:57:13	5:03:20	0:57:49	2:07:57	3:15:52	3:57:03	4:39:05
1581	2050	Schmitz, Simon (GER)	77		AK M45	221	4:57:40	5:11:01	1:08:13	2:25:36	3:27:51	4:04:05	4:41:40
1582	1327	Trenkner, Pierre (GER)	92		AK M80	194	4:58:57	5:05:13		2:09:05	3:13:08	3:57:29	4:38:08
1583	429	Schlamilch, Jörg (GER)	68	BSV Hannovera Gleidingen	AK M60	254	4:59:59	5:06:01	1:10:20	2:29:18	3:31:10	4:05:31	4:43:15
1584	2548	Belle, Andreas (GER)	68		AK M60	255	5:00:11	5:05:39	1:02:13	2:12:15	3:22:49	4:03:15	4:41:54
1585	2466	Ahlbrand, Jan (GER)	91		AK M80	195	5:00:11	5:13:31	1:04:08	2:16:36	3:18:03	3:57:37	4:39:26
1586	1924	Seibert, Armin (GER)	56	VfL Bad Kreuznach	AK M65	42	5:00:12	5:05:20	1:07:22	2:25:26	3:28:30	4:05:35	4:43:17
1587	874	Neuhaus, Carsten (GER)	65		AK M65	188	5:00:42	5:06:54	1:09:16	2:27:46	3:31:26	4:07:35	4:44:59
1588	2627	Gersbeck, Ingo (GER)	63	SCC Berlin	AK M65	189	5:01:19	5:06:07	1:00:19	2:09:12	3:11:43	3:52:42	4:40:11
1589	724	Hübner, Jan-Filip (GER)	98		AK MHK	175	5:01:28	5:07:23	1:10:45	2:29:19	3:31:18	4:05:54	4:44:33
1590	929	Troeder, Rolf-Heinrich (GER)	71		AK M60	256	5:01:55	5:07:30	1:08:31	2:25:27	3:30:25	4:08:21	4:45:50
1591	477	Gastorf, Niels (GER)	90		AK M80	196	5:02:21	5:08:58	1:10:01	2:29:53	3:34:07	4:10:02	4:46:42
1592	2372	Berg, Matthias (GER)	92		AK M80	197	5:02:45	5:09:20	1:10:07	2:33:25	3:42:49	4:20:26	4:51:33
1593	2458	Rempel, Nicolas (GER)	84		AK M85	208	5:05:00	5:10:55	1:05:32	2:21:15	3:29:03	4:07:59	4:47:46
1594	2404	Lemper, Justin (GER)	02		AK MHK	176	5:05:32	5:18:54	1:10:16	2:27:36	3:29:34	4:08:00	4:47:44
1595	794	Krüger, Lars (GER)	72	GutsMuths-Rennsteiglaufvere	AK M60	257	5:05:37	5:10:12	1:02:27	2:18:13	3:27:33	4:07:41	4:48:48
1596	1071	Elster, Klaus (GER)	58		AK M60	73	5:05:39	5:12:20	1:06:50	2:23:35	3:30:13	4:10:09	4:49:23
1597	1306	Natsume, Takaaki (JPN)	89		AK M80	198	5:05:49	5:11:51	0:59:10	2:05:50	3:06:14	3:54:52	4:46:53
1598	1544	Schüllermann-Epmann, Thomas	64		AK M65	190	5:07:04	5:12:29	1:09:44	2:26:23	3:30:56	4:08:05	4:48:23
1599	821	Perk, Niklas (GER)	85		AK M85	209	5:08:12	5:21:36	1:07:21	2:23:09	3:29:01	4:10:15	4:51:17
1600	2428	Jessen, Peter (GER)	77	Blexer TB	AK M45	222	5:08:36	5:14:56	1:07:19	2:23:11	3:28:17	4:06:53	4:48:37
1601	1199	Leptien, Meik (GER)	74		AK M45	223	5:09:05	5:22:18	1:04:57	2:21:52		4:10:21	4:52:03
1602	172	Leuchtman, Ralf (GER)	69	Laufteam Overberge	AK M60	258	5:09:47	5:16:54	1:06:24	2:22:39	3:28:50	4:08:21	4:51:37
1603	2560	Reetz, Sascha (GER)	79	WeRun4Fun e.V.	AK M40	213	5:09:48	5:15:08	0:58:09	2:09:44	3:20:23	4:03:14	4:52:31
1604	159	Lesik, Lukasz (POL)	81		AK M40	214	5:10:24	5:16:53	1:05:33	2:20:25	3:30:31	4:10:31	4:52:14
1605	1294	Röhe, Helge (GER)	69	Spartaner Schleswig	AK M60	259	5:10:26	5:16:26	1:10:52	2:33:17	3:40:03	4:18:34	4:54:01
1606	331	Potthoff, Peter F. (GER)	75	Team Ichnusa	AK M45	224	5:10:34	5:16:48	1:05:49	2:21:09	3:26:30	4:08:35	4:52:28
1607	739	Blockus, Hendrik (GER)	83		AK M85	210	5:10:41	5:14:34	1:07:08	2:24:49	3:29:29	4:08:15	4:52:05
1608	2368	Khalmeev, Takhir (SLO)	50		AK M70	14	5:10:54	5:16:06	1:03:13	2:12:15	3:10:43	3:56:10	4:46:44
1609	1380	Scheer, Stefan (GER)	64	Lauffreunde Emsland e. V.	AK M65	191	5:11:07	5:15:56	1:07:07	2:21:31	3:24:20	4:07:02	4:51:03
1610	740	Schorling, Jonas (GER)	99		AK MHK	177	5:11:07	5:18:29	1:06:23	2:20:18	3:27:38	4:10:35	4:53:30
1611	1765	Burfeind, Eike Sven (GER)	95		AK MHK	178	5:11:11	5:24:28	1:07:30	2:25:20	3:31:51	4:10:53	4:50:27
1612	2485	Hinterthür, Carsten (GER)	68		AK M60	260	5:11:31	5:17:18	1:05:35	2:20:44	3:25:15	4:06:04	4:51:01
1613	734	Just, Maro (GER)	75	NORD/LB	AK M45	225	5:11:58	5:18:09	1:07:13	2:23:03	3:29:54	4:11:07	4:53:20
1614	1488	De Buhr, Steffen (GER)	01	SV Concordia Neermoor	AK MHK	179	5:12:09	5:18:24	0:57:14	2:10:13	3:18:57	4:06:44	4:50:44
1615	269	Walz, Marc (GER)	71	Hannover Runners e. V.	AK M60	261	5:12:27	5:16:40	1:01:50	2:13:52	3:23:17	4:08:28	4:53:21
1616	772	Guder, Thorsten (GER)	70		AK M60	262	5:12:50	5:19:23	1:06:33	2:24:49	3:33:20	4:13:04	4:53:48
1617	2726	Schubert, Ralf K. (GER)	68		AK M60	263	5:13:18	5:13:42	1:00:12	2:22:25	3:34:15	4:14:58	4:55:00
1618	2457	Kopp, Andreas (GER)	61	Post-SV Holzminen	AK M60	74	5:13:40	5:14:05	1:09:29	2:28:56	3:34:15	4:13:09	4:55:06
1619	1439	Pfaar, Norbert (GER)	59	TSV Besse	AK M60	75	5:13:48	5:20:04	1:07:33	2:24:24	3:29:56	4:10:13	4:54:11
1620	1764	Heitmann-Santland, Marco (GER)	74	SV Brake	AK M45	226	5:14:12	5:19:41	0:58:11	2:05:05	3:16:23	4:01:35	4:50:52

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1621	1244	Pförtner, Niklas (GER)	98	ABS Team GmbH	AK MHK	180	5:14:12	5:27:39	1:07:01	2:25:24	3:34:29	4:15:33	4:57:01
1622	2645	Thiessen, Mario (GER)	60		AK M60	76	5:15:03	5:21:02	1:00:59	2:18:57	3:35:51	4:15:28	4:56:46
1623	2205	Penning, H-D. (GER)	62	Fortuna Logabirum/100MC	AK M60	77	5:15:22	5:21:20	1:05:38	2:21:15	3:29:42	4:11:31	4:55:22
1624	928	Van Der Ahé, Frans (NED)	89		AK M80	199	5:17:19	5:22:54	0:57:03	2:13:16	3:27:50	4:11:38	4:56:24
1625	2683	Okroy, Robert (GER)	74		AK M45	227	5:19:46	5:23:17	1:03:56	2:23:37	3:34:41	4:17:57	5:02:12
1626	2032	Rauch, Stephan (GER)	75	SV Garbsen	AK M45	228	5:19:48	5:25:26	0:59:31	2:11:26	3:21:28	4:06:31	4:55:09
1627	1630	Roland, Marco (GER)	80		AK M40	215	5:19:57	5:33:19	1:04:46	2:21:31	3:27:49	4:14:06	5:02:47
1628	1196	Brandhorst, Volker (GER)	64		AK M65	192	5:21:32	5:34:45	1:04:55	2:21:53	3:26:28	4:12:22	4:58:23
1629	596	Wilhelm, Jörg-Hubertus (GER)	62		AK M60	78	5:22:32	5:28:32	1:04:42	2:25:42	3:39:04	4:21:21	5:03:50
1630	579	Mikhlin, Mikhail (GER)	85		AK M85	211	5:23:29	5:29:29	1:02:23	2:23:28	3:35:15	4:20:23	5:04:09
1631	333	Jäkel, Michael (GER)	62	MTV Rethmar	AK M60	79	5:25:06	5:29:36	1:00:43	2:16:06	3:31:53	4:15:31	5:03:43
1632	2291	Laig, Uwe (GER)	57	TV Hohne/100Marathon	AK M65	43	5:25:07	5:31:20	1:14:07	2:36:47	3:44:07	4:23:15	5:05:49
1633	155	Bergen, Thomas (GER)	74	Finanz Informatik	AK M45	229	5:27:00	5:31:39	1:05:08	2:20:09	3:37:42	4:21:43	5:06:55
1634	1163	Sairanen, Hannu (FIN)	81		AK M40	216	5:27:35	5:32:20	1:05:25	2:21:47	3:32:29	4:17:14	5:06:47
1635	1235	Seemann, Sven (GER)	92		AK M80	200	5:27:46	5:33:52	1:11:09	2:33:52	3:43:17	4:26:21	5:10:01
1636	165	Baumgarten, Karl Wolfgang (GER)	52	100Marathon Club	AK M70	15	5:29:37	5:35:32	1:14:58	2:42:02	3:53:08	4:33:28	5:12:47
1637	2501	Schalowski, Matthias (GER)	66	Gastanmeldung	AK M65	193	5:29:52	5:37:00	1:10:47	2:34:46	3:46:40	4:28:14	5:11:38
1638	2342	Braun, Martin (GER)	60	TV Friesen Telgte	AK M60	80	5:30:47	5:37:37	1:18:01	2:44:55	3:55:23	4:34:58	5:13:50
1639	309	Kujath, Andreas (GER)	88	LT SC Bad Münde	AK M80	201	5:32:10	5:36:41	1:04:35	2:22:11	3:40:53	4:28:49	5:12:58
1640	1464	Werth, Dirk (GER)	76		AK M45	230	5:32:58	5:39:24	1:06:07	2:24:04	3:41:29	4:29:14	5:13:57
1641	1347	Schöngart, Randolf (GER)	78		AK M40	217	5:35:01	5:40:56	1:10:39	2:29:26	3:43:00	4:29:11	5:15:28
1642	1202	Froböse, Mario (GER)	73		AK M45	231	5:35:10	5:48:25	1:07:14	2:27:29	3:43:31	4:27:37	5:15:01
1643	1363	Koehler, Klaus (GER)	62	DUV	AK M60	81	5:35:18	5:41:27	1:15:53	2:38:29	3:52:41	4:34:20	5:17:31
1644	1250	Wallesch, René (GER)	72	100Marathon Club	AK M60	264	5:36:14	5:36:36	1:05:18	2:25:46	3:42:26	4:31:50	5:17:29
1645	1776	Schieche, Kurt (GER)	61	LG Albatros Kiel	AK M60	82	5:36:41	5:43:16	1:10:05	2:32:11	3:41:02	4:24:27	5:13:45
1645	542	Schieche, Kurt (GER)	61	LG Albatros Kiel	AK M60	82	5:36:41	5:43:16	1:10:05	2:32:11	3:41:02	4:24:27	5:13:45
1647	167	Würffel, Jasper (GER)	90		AK M80	202	5:37:19	5:43:30	1:08:02	2:23:06	3:38:16	4:27:05	5:18:43
1648	430	Fonfara, Alexander (GER)	76	HelmutRunning	AK M45	232	5:39:09	5:43:30	1:03:15	2:21:30	3:41:56	4:29:12	5:18:12
1649	2358	Stucke, Frank (GER)	59	Sportclub Magdeburg	AK M60	84	5:40:32	5:40:52	1:06:30	2:24:16	3:31:33	4:24:57	5:16:45
1650	556	Fron, Marcel (GER)	84	adidas Runners Berlin	AK M85	212	5:43:24	5:47:38	1:06:39	2:35:18	3:55:22	4:37:38	5:23:08
1651	207	Salter, Matthew (ENG)	82		AK M40	218	5:44:03	5:57:25	1:10:28	2:36:46	3:55:49	4:40:26	5:26:27
1652	1265	Balde, Edward (GER)	77		AK M45	233	5:46:44	5:52:53	1:09:36	2:31:26	3:51:38	4:38:16	5:25:56
1653	2667	Schütte, Heinrich (GER)	56	100Marathon Club	AK M65	44	5:47:34	5:51:27	1:06:09	2:27:22	3:47:56	4:35:57	5:24:58
1654	1164	Vomdran, Hans Joachim (GER)	72		AK M60	265	5:49:06	5:55:05	1:10:38	2:35:10	3:54:21	4:40:18	5:28:07
1655	1365	Stobbe, Rudolf (GER)	91		AK M80	203	5:49:07	5:54:12	0:58:55	2:13:19	3:33:44	4:27:09	5:23:10
1656	1366	Hein, Frederik Joel (GER)	90		AK M80	204	5:49:08	5:54:13	0:58:56	2:13:20	3:33:43	4:27:09	5:23:09
1657	2547	Meinhard, Wolfgang (GER)	57	LLG Springe	AK M65	45	5:51:41	6:05:09	1:11:09	2:41:29	4:01:48	4:46:45	5:31:44
1658	1217	Van Der Ahé, Johan (NED)	92		AK M80	205	5:52:05	5:57:41	1:04:04	2:30:17	3:56:14	4:43:19	5:31:05
1659	893	Kohl, Michael (GER)	59	LT - Düsseldorf Süd	AK M60	85	5:57:21	6:04:34	1:23:09	2:56:04	4:13:13	4:55:55	5:38:33
1660	1789	Schmalstieg, Kevin (GER)	96		AK MHK	181	5:57:48	6:11:19	1:03:04	2:41:23	4:01:18	4:45:37	5:36:23
1661	1938	Erwin, Wolfgang (GER)	68	Heidschnucken Heidekreis	AK M60	266	5:58:16	6:04:50	1:09:01	2:34:15	4:00:37	4:50:25	5:37:07
1662	2751	Chan, Koon Yu Ronald (GBR)	87		AK M85	213	6:00:38	6:06:38	1:06:49	2:27:40	3:58:52	4:50:59	5:41:43
1663	1806	Hellwig, Tim (GER)	73		AK M45	234	6:01:51	6:07:46	1:10:49	2:35:09	3:59:28	4:49:57	5:40:05
1664	2599	Berger, Gunter (GER)	41	LG Bitburg-Pruem	AK M80	2	6:01:53	6:02:10	1:13:06	2:40:53	4:02:26	4:50:49	5:40:40
1665	490	Beer, Gregor (GER)	77	Gpak	AK M45	235	6:15:02	6:19:58	1:13:54	2:43:30	4:03:52	4:54:34	5:50:31

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1666	2280	Rehers, Ha-We (GER)	47	OSnabrücker SC /100	AK M75	6	6:36:00	6:43:10	1:24:45	3:02:07		5:20:17	6:11:24
1667	2274	Liegmann, Günter (GER)	55	100MC /TV	AK M65	46	6:36:00	6:43:09	1:24:36	3:02:08		5:20:18	6:11:21
1668	839	Schulze, Klaus-Dieter (GER)	52	TSV Groß Rheide	AK M70	16	6:36:21	6:43:05	1:20:56	3:02:28		5:20:43	6:11:45

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Results Women

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
1	F7	Mayer, Domenika (GER)	90	LG Telis Finanz Regensburg	AK W30	1	2:26:50	2:26:50	0:35:06	1:13:36	1:44:10	2:01:38	2:19:02
2	F2	Schöneborn, Rabea (GER)	94	SCC BerlinMarathon Team	AK WHK	1	2:27:35	2:27:35	0:35:07	1:13:37	1:44:29	2:02:11	2:19:45
3	F22	Parlov Kostro, Matea (CRO)	92		AK W30	2	2:28:39	2:28:39	0:35:10	1:13:47	1:44:59	2:02:49	2:20:42
4	F26	Chepkich Ngurais, Flomena (KEN)	01		AK WHK	2	2:30:42	2:30:42	0:35:06	1:13:36	1:44:10	2:01:53	2:21:20
5	F24	Skrove Falch, Runa (NOR)	90		AK W30	3	2:33:53	2:33:53	0:36:07	1:15:59	1:48:15	2:06:45	2:25:31
6	F23	Zusinaite-Nekrosiene, Valda (LTU)	88		AK W30	4	2:36:04	2:36:04	0:35:58	1:16:48	1:49:52	2:08:49	2:27:41
7	F25	Van Proeyen, Karen (BEL)	84		AK W35	1	2:36:18	2:36:18	0:37:01	1:17:49	1:50:42	2:09:27	2:28:02
8	F27	Epland, Pernille (NOR)	90		AK W30	5	2:38:51	2:38:51	0:36:08	1:16:47	1:50:27	2:10:09	2:29:57
9	F8	Burgdorf, Sabine (GER)	81	ASV Köln	AK W40	1	2:41:11	2:41:11	0:37:35	1:19:24	1:53:52	2:13:23	2:32:36
10	F4	Fischer, Katja (GER)	91	SCC BerlinMarathon Team	AK W30	6	2:42:39	2:42:39	0:37:28	1:19:28	1:53:52	2:13:22	2:33:20
11	F728	Cerna, Verena (GER)	81	SV Tomerdingen	AK W40	2	2:47:03	2:47:07	0:38:28	1:21:03	1:56:25	2:16:49	2:37:44
12	F729	Englisch, Bettina (GER)	79	TSG 1845Heilbronn	AK W40	3	2:48:31	2:48:33	0:39:27	1:22:57	1:58:44	2:19:02	2:39:20
13	F407	Brandl, Elisabeth (GER)	89		AK W30	7	2:48:31	2:51:48	0:39:18	1:22:37	1:58:15	2:18:46	2:39:20
14	F429	Beese, Florentine (GER)	00	Hannover Athletics	AK WHK	3	2:48:50	2:48:53	0:38:42	1:22:43	1:59:04	2:19:24	2:39:50
15	F476	Schoppe, Friederike (GER)	76	LSG Goldener Grund	AK W45	1	2:49:14	2:49:18	0:40:27	1:24:45	2:00:41	2:20:49	2:40:44
16	F3	Möser, Tania (GER)	90	Spiridon Frankfurt	AK W30	8	2:50:34	2:50:34	0:37:47	1:21:02	1:57:37	2:18:57	2:40:30
17	F199	Kiradjieva, Biljana (SRB)	77	AC KIRADJIEV Training	AK W45	2	2:53:34	2:53:37	0:39:15	1:23:45	2:01:12	2:22:34	2:44:14
18	F549	Seidel, Maja (GER)	88	SF Kladow	AK W30	9	2:56:21	2:56:28	0:41:33	1:27:04	2:03:55	2:24:56	2:46:35
19	F506	Ochs, Katrin (GER)	77	LG Filder	AK W45	3	2:57:32	2:57:36	0:41:27	1:27:14	2:04:58	2:26:27	2:47:59
20	F807	Schuchardt, Georg Konrad (GER)	85		AK W35	2	2:59:10	3:02:25	0:42:15	1:28:14	2:05:17	2:26:11	2:48:29
21	F633	Schmidt, Rajja (GER)	74	LSF Münster	AK W45	4	2:59:11	2:59:22	0:42:25	1:29:30	2:07:07	2:28:29	2:49:48
22	F720	Auraß, Malin (GER)	79	LG Nord Berlin	AK W40	4	2:59:36	2:59:41	0:41:56	1:29:21	2:07:16	2:28:39	2:49:57
23	F215	Jaeger, Sabrina (GER)	80	Maschsee Sharks Hannover	AK W40	5	2:59:54	3:03:12	0:42:19	1:28:33	2:06:23	2:27:52	2:49:51
24	F325	Golsteyn, Maud (NED)	80		AK W40	6	3:01:25	3:04:40	0:42:17		2:06:22	2:27:50	2:50:23
25	F288	Marquardt, Doris (GER)	83	LAV Bonn Bad Godesberg	AK W35	3	3:02:03	3:02:06	0:41:14	1:28:36	2:07:53	2:29:59	2:52:09
26	F772	Schilling, Dorota (GER)	81	LT Haspa Marathon Hamburg	AK W40	7	3:04:37	3:04:41	0:42:19	1:29:39	2:08:44	2:31:02	2:53:59
27	F588	Winter, Mona (GER)	91	Spiridon Frankfurt	AK W30	10	3:06:08	3:06:22	0:42:33	1:29:42	2:09:46	2:32:54	2:55:57
28	F492	Simon, Yasemin (GER)	92	LSG Goldener Grund	AK W30	11	3:06:22	3:06:38	0:43:48	1:32:22	2:11:19	2:33:20	2:56:03
29	F788	Rasmussen, Lisbeth Schütt (DEN)	71	VEXA HLMRUNNING	AK W50	1	3:06:54	3:07:17	0:44:01	1:32:20	2:11:39	2:34:08	2:56:49
30	F698	Ramsauer, Christine (GER)	68	DJK Allersberg	AK W50	2	3:07:14	3:10:39	0:41:10	1:30:10	2:11:06	2:34:05	2:56:58
31	F670	Schwerin, Anja (GER)	75	Kissingen SV Berlin	AK W45	5	3:07:20	3:07:26	0:43:56	1:32:32	2:11:54	2:34:18	2:56:57
32	F694	Skalistiri, Danai Maria (GRE)	89		AK W30	12	3:10:06	3:13:30	0:45:09	1:34:08	2:14:29	2:37:01	2:59:39
33	F650	Ottes, Martina (GER)	78	TSV Tutzing	AK W40	8	3:10:38	3:14:06	0:45:43	1:35:19	2:16:17	2:38:33	3:00:44
34	F644	Drumm-Becker, Sabine (GER)	67	Kölner Turnerschaft von 1843	AK W55	1	3:10:48	3:10:56	0:43:39	1:32:33	2:13:09	2:36:27	3:00:16
35	F794	Müller, Simone (GER)	90	LG Region Karlsruhe	AK W30	13	3:11:42	3:11:55	0:45:19	1:35:39	2:16:02	2:38:26	3:01:18
36	F272	Butterbrodt, Malen (GER)	97	Eintracht Hildesheim	AK WHK	4	3:11:44	3:15:07	0:44:50	1:33:48	2:14:33	2:37:31	3:01:08
37	F667	Götting, Peggy (GER)	82	MTV Müden/Örtze	AK W40	9	3:11:57	3:12:05	0:43:27	1:33:37	2:15:22	2:38:33	3:01:48
38	F793	Grauer, Caroline (GER)	95	LG Region Karlsruhe	AK WHK	5	3:12:46	3:12:59	0:45:14	1:34:51	2:15:05	2:38:17	3:02:25
39	F355	Löbkens, Marieke (GER)	95	Hannover 96	AK WHK	6	3:13:13	3:17:14	0:45:09	1:35:12	2:15:57	2:38:53	3:02:32
40	F486	Fladung, Mara (GER)	94	LSG Goldener Grund	AK WHK	7	3:13:43	3:13:59	0:46:01	1:36:37	2:17:05	2:39:41	3:03:09
41	F673	Bözl, Stephanie (GER)	81	SWC Regensburg	AK W40	10	3:13:44	3:13:51	0:45:27	1:35:59	2:16:46	2:39:36	3:03:01
42	F665	Müller-Geistert, Eva (GER)	82	SWC Regensburg	AK W40	11	3:14:08	3:14:16	0:46:36	1:37:26	2:19:00	2:42:05	3:04:11
43	F801	Bonnaire, Beate (GER)	64	VfL Dresden-Bühlau	AK W55	2	3:14:20	3:14:30	0:44:15	1:33:09	2:15:30	2:39:18	3:03:26
44	F587	Mergelmeyer, Britta (GER)	72	TV Georgsmarienhütte	AK W50	3	3:14:30	3:14:39	0:45:37	1:37:02	2:17:48	2:40:58	3:04:18
45	F543	Evenblj, Joke (GER)	97	Unisport TU Braunschweig	AK WHK	8	3:14:43	3:18:18	0:45:58	1:37:09	2:18:21	2:41:20	3:04:23

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46	F658	Pleteit, Mara Lea (GER)	00	OG Hannover	AK WHK	9	3:15:18	3:18:42	0:46:11	1:37:25	2:18:32	2:41:34	3:04:39
47	F573	Gerling, Eva (GER)	82	Iron Trust	AK W40	12	3:15:27	3:19:41	0:44:38	1:34:25	2:15:43	2:39:42	3:04:19
48	F762	Krause, Astrid (GER)	69	USC Mainz	AK W50	4	3:15:44	3:15:48	0:44:31	1:33:30	2:14:54	2:39:26	3:04:22
49	F756	Weisig, Sabine (GER)	59	Delligser SC	AK W60	1	3:16:51	3:20:13	0:46:07	1:37:23	2:18:33	2:41:48	3:05:44
50	F795	Heidecker, Sophia (GER)	96	LG Region Karlsruhe	AK WHK	10	3:17:06	3:17:19	0:47:45	1:40:11	2:21:38	2:44:40	3:07:16
51	F267	Holland, Annika (GER)	82	SCC Berlin	AK W40	13	3:17:37	3:18:03	0:47:15	1:38:22	2:19:44	2:43:16	3:07:06
52	F550	Rennecke, Franziska (GER)	99	LG Rhein-Wied	AK WHK	11	3:17:53	3:17:57	0:41:57	1:30:48	2:12:47	2:38:28	3:05:43
53	F800	Borris, Stefanie (GER)	69	MTV 1881 Ingolstadt	AK W50	5	3:18:44	3:18:52	0:45:05	1:36:18	2:19:49	2:43:44	3:07:48
54	F787	Laukötter, Eva (GER)	81	Rhein-Berg Runners	AK W40	14	3:19:36	3:19:47	0:47:12	1:39:31	2:21:40	2:45:27	3:09:11
55	F141	Kempe, Kathrin (GER)	91		AK W30	14	3:20:49	3:24:31	0:48:07	1:40:42	2:23:32	2:46:58	3:10:23
56	F242	Storch, Ilse (GER)	61	LC Tözer Land	AK W60	2	3:20:59	3:21:03	0:47:02	1:39:31	2:22:00	2:45:59	3:10:12
57	F395	Risbridger, Anna (GBR)	97		AK WHK	12	3:21:20	3:25:17	0:48:44	1:42:07	2:25:38	2:49:08	3:11:53
58	F785	Vielmeier, Regina (GER)	61	SV Oberkollbach	AK W60	3	3:21:54	3:22:01	0:47:00	1:39:30	2:22:01	2:46:31	3:11:01
59	F675	Jäkel, Claudia (GER)	70	TuS 08Lintorf	AK W50	6	3:22:48	3:22:53	0:48:00	1:39:47	2:21:50	2:45:38	3:11:24
60	F697	Schneider, Caterina (GER)	71	LT Ennert Bonn	AK W50	7	3:23:45	3:23:51	0:45:14	1:37:20	2:21:06	2:46:20	3:12:01
61	F348	Hollendung, Anne (GER)	90		AK W30	15	3:23:56	3:27:43	0:47:44	1:40:36	2:23:46	2:48:03	3:12:53
62	F603	Damiani, Martina (ITA)	93	LSF Münster	AK WHK	13	3:24:12	3:27:46	0:48:22	1:42:11	2:25:16	2:49:34	3:13:35
63	F641	Rohs, Paula (GER)	97		AK WHK	14	3:25:04	3:28:46	0:49:16	1:43:50	2:26:23	2:50:51	3:15:04
64	F397	Starke, Jennifer (GER)	96		AK WHK	15	3:25:34	3:29:27	0:48:50	1:43:07	2:25:55	2:49:26	3:14:08
65	F357	Schran, Emily (GER)	93		AK WHK	16	3:25:48	3:29:26	0:46:49	1:39:36	2:22:45	2:48:32	3:14:04
66	F475	Köppelmann, Melina (GER)	91	Delligser SC	AK W30	16	3:25:57	3:29:19	0:46:07	1:37:31	2:21:22	2:47:26	3:14:02
67	F366	Linke, Martina (GER)	62	Krummesser Sportverein	AK W60	4	3:26:07	3:26:16	0:47:18	1:41:23	2:25:02	2:49:41	3:14:38
68	F815	Wlecaszek, Magdalena (POL)	91	Lipiec Running Team	AK W30	17	3:26:11	3:29:52	0:49:08	1:43:38	2:27:05	2:51:33	3:15:41
69	F674	Schwindt, Nicole (GER)	57	LAV Stadtwerke Tübingen	AK W65	1	3:26:37	3:26:52	0:48:29	1:42:18	2:25:43	2:50:19	3:15:11
70	F540	Balles, Andrea (GER)	80	TV Eintracht Cochem	AK W40	15	3:27:04	3:30:36	0:47:52	1:41:25	2:25:15	2:50:13	3:15:35
71	F615	Hack, Carlin (GER)	91		AK W30	18	3:27:26	3:31:11	0:49:07	1:43:44	2:26:59	2:51:28	3:16:34
72	F693	Wegner, Christina (GER)	81	Fishtown Runners BHV	AK W40	16	3:27:27	3:31:08	0:48:25	1:42:17	2:26:19	2:51:05	3:16:07
73	F454	Leupold, Christine (GER)	91		AK W30	19	3:27:30	3:31:12	0:49:16	1:43:49	2:27:05	2:51:58	3:16:39
74	F534	Eberhagen, Friederike (GER)	86		AK W35	4	3:27:34	3:31:09	0:47:44	1:42:01	2:27:07	2:51:58	3:16:43
75	F473	Altegor, Luisa (GER)	98	SV Lenbeck	AK WHK	17	3:27:47	3:31:17	0:46:44	1:40:09	2:25:18	2:50:45	3:16:35
76	F643	Grave, Sandra (GER)	72	LG Emsdetten	AK W50	8	3:28:03	3:33:40	0:46:47	1:41:17	2:25:10	2:50:17	3:16:06
77	F749	Dux, Alexandra (GER)	82	Teuto Runner	AK W40	17	3:28:19	3:34:36	0:49:54	1:43:46	2:27:36	2:52:12	3:17:10
78	F626	Laenen, Annouschka (BEL)	76		AK W45	6	3:28:31	3:32:09	0:48:24	1:42:29	2:26:47	2:51:56	3:17:04
79	F108	Günther, Simone (GER)	79		AK W40	18	3:28:40	3:33:18	0:47:09	1:39:25	2:22:45	2:48:07	3:15:40
80	F612	Mende, Cathleen (GER)	77		AK W45	7	3:30:19	3:34:01	0:49:43	1:44:49	2:29:21	2:54:17	3:19:16
81	F623	Kestler, Lia (GER)	81		AK W40	19	3:30:22	3:33:55	0:49:46	1:44:23	2:28:23	2:53:19	3:19:01
82	F139	Grabitz, Teresa (GER)	91		AK W30	20	3:30:33	3:34:28	0:49:16	1:42:59	2:26:19	2:51:29	3:18:14
83	F147	Hoffmann, Anke (GER)	68	MTV Groß Denkte	AK W50	9	3:30:35	3:30:57		1:44:11	2:28:25	2:53:22	3:18:45
84	F773	Schaaff, Kristina (GER)	77	DJK Jung Siegfried	AK W45	8	3:31:13	3:31:29	0:48:34	1:43:51	2:30:02	2:55:27	3:20:26
85	F253	Brenle, Regina (GER)	83		AK W35	5	3:32:08	3:35:52	0:48:35	1:43:12	2:27:48	2:53:42	3:20:12
86	F331	Sticher, Claudia (GER)	86	LG Elmshorn	AK W35	6	3:32:41	3:32:54	0:49:36	1:45:10	2:30:02	2:55:28	3:21:29
87	F631	Brenzel, Line (GER)	94	Jubiläums-Botschafter	AK WHK	18	3:32:55	3:36:30	0:49:34	1:44:30	2:29:11	2:54:25	3:21:00
88	F789	Lyda, Hammele (GER)	58	SG Bredenbeck-Holtensen	AK W60	5	3:33:23	3:33:33	0:49:35	1:43:42	2:28:14	2:54:29	3:21:09
89	F653	Genrich, Tamara (GER)	76	Dasseler SC	AK W45	9	3:33:28	3:37:06	0:49:20	1:44:44	2:30:41	2:56:28	3:22:23
90	F814	Wolf, Magdalena (GER)	93		AK WHK	19	3:34:17	3:38:06	0:48:39	1:42:50	2:27:55	2:55:06	3:22:16

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91	F655	Bongertman, Arinka (NED)	66	THOR	AK W55	3	3:34:17	3:37:57	0:48:45	1:43:14	2:27:23	2:53:51	3:21:48
92	F721	Wiedemann, Annika (GER)	88	Delligser SC	AK W30	21	3:34:42	3:38:05	0:49:14	1:44:43	2:30:54	2:56:59	3:23:20
93	F775	Ehry, Maika (GER)	76	PhysioVitFlörsheim	AK W45	10	3:34:49	3:39:18	0:51:41	1:47:55	2:33:16	2:58:19	3:23:30
94	F502	Burri, Evelyne (SUI)	73		AK W45	11	3:35:26	3:39:09	0:48:02	1:41:35	2:27:31	2:55:00	3:23:20
95	F672	Senkowski, Linda (GER)	78	SG-Suderwich	AK W40	20	3:35:33	3:40:04	0:51:57	1:48:20	2:34:01	2:59:19	3:24:25
96	F804	Zellemann, Nina (GER)	82	Lauffine Team Göttingen	AK W40	21	3:36:31	3:40:32	0:48:49	1:43:20	2:26:44	2:51:41	3:21:55
97	F580	Wentzlaff, Marina (GER)	92	SV Brackwede	AK W30	22	3:36:58	3:41:44	0:51:37	1:48:18	2:33:54	2:59:38	3:25:28
98	F770	Kühn, Anke (GER)	82	HSC Garlen	AK W40	22	3:37:18	3:41:40	0:52:00	1:49:03	2:34:38	3:00:24	3:26:00
99	F628	Schuwirth-Weiße, Anne (GER)	75	Spiridon Frankfurt	AK W45	12	3:37:44	3:38:06	0:48:28	1:43:37	2:30:17	2:57:33	3:25:12
100	F725	Siesespeck, Svea (GER)	66	VfB Fallersleben	AK W55	4	3:38:05	3:42:38	0:51:28	1:48:32	2:35:13	3:01:19	3:27:02
101	F790	Fröhling, Kerstin (GER)	83		AK W35	7	3:38:26	3:44:05	0:48:06	1:43:35	2:30:23	2:57:22	3:25:20
102	F463	Sillince, Jacinta (AUS)	90		AK W30	23	3:38:44	3:42:26	0:49:04	1:43:50	2:28:06	2:56:05	3:25:55
103	F767	Große, Victoria (GER)	85	Two Peaks Endurance	AK W35	8	3:39:01	3:43:19	0:52:56	1:50:30	2:36:21	3:01:56	3:27:30
104	F332	Winter, Lisa (GER)	91		AK W30	24	3:39:47	3:45:09	0:53:21	1:50:43	2:37:05	3:02:53	3:28:36
105	F657	Ueffing, Mareike (GER)	94	Tierärztliche Hochschule	AK WHK	20	3:40:25	3:44:47	0:51:09	1:48:09	2:34:38	3:01:03	3:28:09
106	F708	Rakers, Miriam (GER)	86	VfL Weiße Elfe Nordhorn	AK W35	9	3:40:50	3:45:13	0:52:19	1:50:14	2:36:57	3:03:07	3:29:15
107	F443	Sassenberg, Louisa (GER)	98		AK WHK	21	3:41:01	3:45:59	0:50:32	1:45:52	2:32:03	3:00:42	3:28:49
108	F636	Schöppy, Marie (GER)	99	TRI LIZARDS Holtorfer SV	AK WHK	22	3:41:10	3:47:09	0:50:23	1:46:02	2:31:47	2:59:46	3:28:31
109	F682	Wittig, Claudia (GER)	77	LG Oerlinghausen	AK W45	13	3:41:11	3:47:28	0:50:15	1:47:29	2:34:50	3:01:53	3:29:18
110	F184	Braun, Anna Maria (GER)	79	MtMelsungen	AK W40	23	3:41:24	3:45:23	0:50:53	1:47:57	2:34:35	3:01:20	3:29:12
111	F740	Lüürßen, Susi (GER)	66	DUV	AK W55	5	3:41:44	3:46:02	0:53:02	1:51:33	2:38:22	3:04:18	3:30:08
112	F696	Braunsberger, Katharina (GER)	78	TSV LELM	AK W40	24	3:41:46	3:42:06	0:50:39	1:47:17	2:34:42	3:01:35	3:29:23
113	F791	Greite, Silke (GER)	71	TSV LELM	AK W50	10	3:41:46	3:42:07	0:50:43	1:47:17	2:34:44	3:01:35	3:29:23
114	F382	Peterhans, Simone (GER)	84		AK W35	10	3:42:04	3:45:37	0:52:07	1:50:28	2:37:53	3:04:19	3:30:24
115	F538	Maaß, Angelina (GER)	90	Team beVegt.de	AK W30	25	3:42:26	3:46:19	0:51:28	1:48:40	2:35:17	3:01:46	3:29:33
116	F359	Alken, Silvia (GER)	77	SV Union Lohne	AK W45	14	3:42:42	3:46:36	0:52:27	1:50:50	2:37:44	3:04:13	3:30:55
117	F356	Spieker, Jennifer (GER)	77	SV Union Lohne	AK W45	15	3:42:42	3:46:36	0:52:28	1:50:50	2:37:43	3:04:14	3:30:55
118	F195	König, Joana (GER)	97		AK WHK	23	3:42:53	3:46:50	0:51:03	1:46:48	2:34:05	3:02:13	3:30:36
119	F440	Kling, Anna (GER)	00	Klaus Enough	AK WHK	24	3:43:30	3:47:04	0:50:21	1:45:45	2:30:08	2:57:09	3:28:31
120	F629	Mendez, Maryro (GBR)	74		AK W45	16	3:43:31	3:47:06	0:52:17	1:50:13	2:37:25	3:04:07	3:31:20
121	F781	Messmer, Susanne (GER)	88		AK W30	26	3:43:52	3:48:44	0:53:47	1:51:03	2:37:54	3:04:25	3:32:00
122	F322	Voß, Adina (GER)	92		AK W30	27	3:43:52	3:49:49	0:53:16	1:51:12	2:38:48	3:05:38	3:32:14
123	F596	Riedel, Deborah (GER)	93		AK WHK	25	3:44:11	3:48:32	0:52:29	1:51:02	2:38:19	3:05:14	3:32:14
124	F742	Jesske, Sarah (GER)	78		AK W40	25	3:44:25	3:48:27	0:52:32	1:50:43	2:38:19	3:05:09	3:32:35
125	F805	Brack, Martina (GER)	69	Die Kommrits	AK W50	11	3:44:32	3:49:00	0:50:44	1:47:32	2:35:16	3:03:07	3:32:02
126	F662	Claus, Britta (GER)	73	Laufschule Lauenhagen	AK W45	17	3:44:46	3:49:07	0:52:45	1:51:12	2:38:17	3:04:57	3:32:28
127	F702	Bernhardt, Birte (GER)	73	Werder Bremen	AK W45	18	3:44:47	3:49:06	0:53:05	1:51:34		3:05:18	3:32:22
128	F763	Möllensiep, Sybille (GER)	62	SUS Schalke 96	AK W60	6	3:45:24	3:45:32	0:49:06	1:44:46	2:32:44	3:00:46	3:30:57
129	F341	Seps, Elke (BEL)	75		AK W45	19	3:45:35	3:49:45	0:53:28	1:52:39	2:41:17	3:07:31	3:33:48
130	F714	Jakobus, Sandra (GER)	70	LAC Langenhagen	AK W50	12	3:45:40	3:46:07	0:53:39	1:52:31	2:40:27	3:07:03	3:34:01
131	F462	Peters, Lynn (NED)	95		AK WHK	26	3:45:46	3:49:45	0:51:10	1:48:19	2:36:26	3:04:15	3:33:13
132	F291	Kretschmann, Sabine (GER)	68	SV Union Lohne - Team Eddy	AK W50	13	3:45:57	3:50:10	0:53:20	1:52:05	2:39:40	3:06:31	3:33:45
133	F208	Joergensen, Britt (DEN)	70	Klub100 Marathon Danmark	AK W50	14	3:46:00	3:49:48	0:52:26	1:50:51	2:38:05	3:05:17	3:33:15
134	F155	Benn, Nadine (GER)	94		AK WHK	27	3:46:35	3:50:57	0:52:58	1:51:33	2:38:49	3:05:54	3:33:57
135	F625	Celette, Gabriele (GER)	56	LC Rehlingen	AK W65	2	3:47:14	3:47:22	0:49:50	1:47:42	2:36:47	3:04:56	3:34:17

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136	F535	Rückmann, Anja (GER)	66	VfL Gladbeck 1921 e.V.	AK W55	6	3:47:26	3:47:37	0:53:54	1:52:48	2:40:44	3:07:20	3:34:18
137	F157	Khamseh, Nathalie (GER)	99		AK WHK	28	3:47:34	3:51:56	0:53:14	1:51:58	2:39:37	3:08:28	3:36:07
138	F574	Prüß, Daniela (GER)	75	Borener SV	AK W45	20	3:48:22	3:48:46	0:48:31	1:50:54	2:41:15	3:09:11	3:36:20
139	F513	Baum, Vesna (GER)	78	Lealoni	AK W40	26	3:48:29	3:54:26	0:53:44	1:52:20	2:41:35	3:08:13	3:35:52
140	F777	Wachowiak, Marcy (GER)	96	Klinikum Region Hannover	AK WHK	29	3:48:34	4:01:59	0:56:05	1:54:25	2:41:01	3:08:00	3:36:08
141	F579	Mai, Sybille (GER)	82	TG Viktoria Augsburg	AK W40	27	3:48:44	3:48:53	0:47:07	1:42:12	2:34:20	3:04:11	3:34:42
142	F394	Geeroms, Charlotte (BEL)	98		AK WHK	30	3:48:45	3:53:06	0:53:38	1:53:43	2:42:18	3:10:07	3:36:43
143	F273	Rodehorst, Anita (GER)	76	MTV Müden/Örtze	AK W45	21	3:48:56	3:53:54	0:51:45	1:49:42	2:38:25	3:06:13	3:35:19
144	F823	Sörmán, Charlotte (SWE)	79		AK W40	28	3:49:10	4:02:37	0:53:07	1:51:05	2:38:48	3:06:18	3:35:38
145	F768	Note, Lisa (GER)	88		AK W30	28	3:49:40	3:54:15	0:55:15	1:54:55	2:44:17	3:11:23	3:38:08
146	F560	Stösser, Kerstin (GER)	82		AK W40	29	3:49:46	3:54:21	0:54:12	1:54:18	2:43:30	3:11:13	3:38:39
147	F661	Weinreich, Greta (GER)	94		AK WHK	31	3:49:51	3:56:26	0:55:10	1:55:48	2:45:55	3:12:44	3:38:33
148	F607	Maxelon, Camis (GER)	95		AK WHK	32	3:49:53	3:54:31	0:51:12	1:49:28	2:38:36	3:07:17	3:36:58
149	F104	Palacios, Virginia (MEX)	84		AK W35	11	3:50:06	3:53:35	0:53:07	1:52:21	2:40:51	3:09:02	3:37:31
150	F706	Müller, Lara (GER)	01		AK WHK	33	3:50:15	3:54:38	0:52:14	1:49:50	2:40:00	3:08:23	3:37:21
151	F630	Steinke-Gräfe, Sylwia (GER)	63	TSG Markkleeberg	AK W55	7	3:50:24	3:50:33	0:52:36	1:51:21	2:39:57	3:07:57	3:36:57
152	F170	Seyd, Natascha (GER)	82	Delligser SC	AK W40	30	3:50:28	3:53:50	0:51:12	1:49:23	2:38:31	3:06:54	3:36:35
153	F542	Tula, Renata (POL)	52	NewBalance Run Club	AK W70	1	3:50:45	3:55:22	0:54:10	1:53:30		3:09:50	3:38:02
154	F813	Teubener, Rebecca (GER)	80		AK W40	31	3:50:52	3:56:03	0:54:51	1:55:11	2:43:29	3:10:28	3:38:15
155	F430	Kilic, Derya (GER)	85		AK W35	12	3:51:11	3:55:44	0:54:28	1:54:28	2:43:38	3:11:15	3:39:16
156	F522	Böhnke, Joana (GER)	85	Lehrter SV	AK W35	13	3:51:30	3:55:50	0:51:59	1:50:21	2:39:08	3:07:00	3:37:53
157	F340	Kostrzeva, Anja (GER)	69	SuS Oberaden	AK W50	15	3:51:35	3:55:27	0:52:56	1:51:50	2:40:22	3:08:42	3:37:58
158	F738	Zacharias, Claudia (GER)	78	Sauerstofflauf	AK W40	32	3:51:44	3:55:45	0:52:22	1:55:57	2:53:57		3:36:25
159	F126	Huber, Anke (GER)	64	VGH Versicherungen	AK W55	8	3:52:05	3:57:16	0:53:38	1:53:51	2:43:13	3:10:56	3:39:13
160	F780	Hattendorf, Stephanie (GER)	73	Hannover Runners e. V.	AK W45	22	3:52:10	3:56:48	0:54:29	1:54:54	2:44:06	3:11:46	3:39:49
161	F247	Schwöppe, Melanie (GER)	93	SF Oesede	AK WHK	34	3:52:47	3:58:27	0:54:54	1:56:07	2:44:59	3:12:23	3:40:35
162	F753	Heele-Bökenkötter, Kira (GER)	89	Leistungssprung Rheine	AK W30	29	3:52:47	3:57:05	0:52:41	1:51:33	2:40:17	3:09:15	3:39:55
163	F178	Perner, Melissa (GER)	89		AK W30	30	3:52:55	4:06:18	0:57:18	1:57:36	2:45:36	3:12:43	3:40:25
164	F735	Schnepel, Nadine (GER)	80		AK W40	33	3:53:08	3:58:31	0:52:11	1:51:12	2:40:35	3:09:30	3:39:36
165	F193	Losch, Alexandra (GER)	70		AK W50	16	3:53:08	3:59:19	0:53:08	1:52:55	2:42:18	3:10:44	3:39:57
166	F709	Goos, Birgit (GER)	59	Borener SV	AK W60	7	3:53:09	3:53:32	0:53:04	1:51:51	2:40:04	3:09:11	3:39:04
167	F646	Oelze, Louisa (GER)	99		AK WHK	35	3:53:17	3:57:29	0:54:01	1:52:06	2:40:17	3:09:04	3:39:36
168	F465	Drittler, Sina (GER)	89	Team beVegt.de	AK W30	31	3:53:18	3:57:38	0:53:09	1:51:54	2:40:07	3:08:51	3:40:31
169	F599	Rosenthal, Milena (GER)	95		AK WHK	36	3:53:22	3:59:55	0:53:27	1:52:56	2:41:44	3:10:02	3:39:50
170	F383	Libbe, Melanie (GER)	86		AK W35	14	3:53:28	3:58:09	0:54:04	1:54:23	2:44:05	3:11:52	3:40:36
171	F352	Carriere, Nicola (GER)	75		AK W45	23	3:53:33	3:59:10	0:56:01	1:57:52	2:47:09	3:14:09	3:41:20
172	F385	Musina, Lilia (GER)	78	Laufgruppe Göttingen	AK W40	34	3:53:38	3:58:18	0:53:30	1:52:46	2:42:24	3:11:05	3:40:24
173	F436	Hochschild, Juliane (GER)	80		AK W40	35	3:53:38	4:00:19	0:55:17	1:54:37	2:43:03	3:10:43	3:41:09
174	F277	Kerkdyk, Silke (GER)	86	SV Olympia Uelsen	AK W35	15	3:53:43	3:58:33	0:52:44	1:51:40	2:42:16	3:11:31	3:40:57
175	F318	Zoschke, Franziska (GER)	94		AK WHK	37	3:53:49	3:58:41	0:54:33	1:55:55	2:45:24	3:12:54	3:41:21
176	F316	Schneider, Yvonne (GER)	81	SuS Oberaden	AK W40	36	3:53:55	3:58:48		1:50:46	2:38:51	3:07:47	3:39:49
177	F722	Schäfer, Rabea (GER)	78		AK W40	37	3:54:15	3:58:47	0:51:45	1:50:50		3:11:35	3:41:18
178	F371	Eberwein, Sabrina (GER)	80	TV-Witzhelden	AK W40	38	3:54:29	3:59:20	0:54:45	1:55:04	2:44:57	3:13:10	3:41:37
179	F512	Koch, Heike (GER)	62	LSF Münster	AK W60	8	3:54:50	3:55:19	0:55:01	1:55:51	2:45:47	3:13:46	3:42:10
180	F389	Wingberrühle, Pia (GER)	98		AK WHK	38	3:54:52	4:08:09	0:55:50	1:56:59	2:46:24	3:13:53	3:42:21

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181	F390	Becker-La Mbrica, Ines (GER)	92	TuS Opladen	AK W30	32	3:55:02	3:59:54	0:55:28	1:56:50	2:47:01	3:15:02	3:42:51
182	F431	Eichmann, Ilka (GER)	71		AK W50	17	3:55:09	3:59:10	0:55:10	1:56:07	2:45:58	3:13:46	3:42:21
183	F668	Bachmann, Anja (GER)	85	Continental	AK W35	16	3:55:34	3:59:48	0:53:40	1:54:42	2:45:35	3:13:51	3:42:46
184	F748	Fellmann, Marion (GER)	62	Team beVegt.de	AK W60	9	3:55:59	4:02:42	0:53:32	1:53:23	2:44:24	3:13:15	3:42:31
185	F387	Ten Brink, Cathrin (GER)	78	SV Union Lohne	AK W40	39	3:56:21	4:00:34	0:53:05	1:52:14	2:42:04	3:13:56	3:43:39
186	F505	Jensen, Ida (GER)	94		AK WHK	39	3:56:35	4:01:10	0:54:47	1:56:06	2:45:15	3:13:26	3:42:41
187	F705	Schröder, Grit (GER)	76		AK W45	24	3:56:41	4:01:05	0:52:12	1:49:49	2:40:39	3:11:19	3:43:05
188	F442	Artt, Sara Pia (GER)	79		AK W40	40	3:56:47	4:01:50	0:54:13	1:55:47	2:46:08	3:15:15	3:43:58
189	F367	Schuler, Ramona (GER)	89	VW Wunstorf	AK W30	33	3:56:48	4:01:34	0:54:34	1:56:04	2:46:09	3:14:34	3:43:39
190	F731	Fuchs, Thalina (GER)	02	LG Mörfelden-Walldorf	AK WHK	40	3:56:49	4:02:48	0:56:04	1:57:36	2:47:58	3:15:17	3:45:26
191	F707	Märkmann, Charlotte (GER)	93		AK WHK	41	3:56:52	4:01:44	0:54:34	1:55:57	2:45:43	3:14:32	3:43:50
192	F568	Windmann, Maren (GER)	82	Fahrdorf	AK W40	41	3:56:57	4:01:19	0:54:39	1:55:41	2:45:46	3:14:33	3:43:49
193	F605	Kühn, Vicky (GER)	73		AK W45	25	3:56:58	4:01:29	0:55:44	1:57:25	2:47:30	3:15:46	3:44:17
194	F470	Müller, Maren (GER)	90		AK W30	34	3:57:04	4:01:53	0:54:41	1:58:01	2:48:44	3:17:23	3:45:19
195	F471	Stein, Jana Lucia (GER)	90		AK W30	35	3:57:05	4:01:55	0:54:42	1:58:00	2:48:45	3:17:22	3:45:19
196	F123	Ten Venne, Kristina (GER)	83		AK W35	17	3:57:40	4:02:33	0:55:11	1:56:59	2:47:40	3:16:30	3:45:08
197	F251	Blockus, Stefanie (GER)	82		AK W40	42	3:57:42	4:01:33	0:54:37	1:55:17	2:46:35	3:15:06	3:44:26
198	F494	Pedersen, Anna (GBR)	94		AK WHK	42	3:57:42	4:02:27	0:54:31	1:55:44	2:46:45	3:15:05	3:45:04
199	F311	Knobloch, Sandra (GER)	83		AK W35	18	3:57:51	4:02:20	0:54:46	1:55:37	2:45:54	3:15:01	3:44:28
200	F739	Ermel, Sandra (GER)	93		AK WHK	43	3:58:21	4:03:57	0:56:04	1:57:33		3:16:19	3:45:37
201	F747	Eßing, Claudia (GER)	72		AK W50	18	3:58:25	4:02:37	0:56:13	1:57:43	2:47:41	3:15:40	3:45:12
202	F637	Von Platen, Anke (GER)	72	LT Gehrden	AK W50	19	3:58:32	4:03:12	0:53:57	1:53:35	2:45:03	3:15:06	3:45:18
203	F392	Bockermann, Pia (GER)	92	Racing Aloha e.V.	AK W30	36	3:58:33	4:02:57	0:55:17	1:57:14	2:47:42	3:16:12	3:45:33
204	F109	Küßner, Irina (GER)	78		AK W40	43	3:58:48	4:03:25	0:54:44	1:56:10	2:46:52	3:16:02	3:45:18
205	F448	Stöhr, Janine (GER)	77	LT Petershagen	AK W45	26	3:59:00	4:03:56	0:55:36	1:56:55	2:46:43	3:15:27	3:45:20
206	F161	Schulhof, Lena (GER)	91		AK W30	37	3:59:01	4:03:52	0:52:47	1:52:43	2:44:50	3:15:04	3:45:58
207	F802	Krautheimer, Angelika (GER)	78	ARTIVA Sports	AK W40	44	3:59:24	4:03:32	0:56:55	2:00:01	2:50:30	3:18:44	3:46:58
208	F335	Behrens, Petra (GER)	65	LSF Oldenburg	AK W55	9	3:59:36	4:03:45	0:56:58	2:00:14	2:50:53	3:19:02	3:47:21
209	F547	Frommelt, Vera (GER)	89		AK W30	38	3:59:56	4:05:19	0:57:43	1:59:06	2:49:28	3:17:51	3:46:59
210	F700	Beckmann, Sylvia (GER)	69		AK W50	20	4:00:14	4:04:33	0:55:39	1:57:43	2:48:21	3:17:13	3:46:48
211	F669	Drzevinska, Jola-Kuba (GER)	74	Run & Fun mit Magdalena	AK W45	27	4:00:49	4:04:38	0:58:13	2:01:27	2:52:35	3:21:10	3:49:02
212	F530	Nievenheim, Sabrina (GER)	96		AK WHK	44	4:00:59	4:07:39	0:54:47	1:55:19	2:46:01	3:15:18	3:46:44
213	F818	Ritter, Heike (GER)	72		AK W50	21	4:01:05	4:06:27	0:54:59	1:57:03	2:47:50	3:16:44	3:47:09
214	F569	Ahrens, Michaela (GER)	70		AK W50	22	4:01:30	4:07:11	0:58:56	2:02:57	2:53:40	3:21:38	3:49:37
215	F595	Dwojak, Agata (GER)	83		AK W35	19	4:01:51	4:05:09	0:56:01	1:58:17	2:48:49	3:17:43	3:47:48
216	F552	De Groot, Elke (GER)	73	Fortuna Logabirum	AK W45	28	4:01:56	4:07:55	1:00:22	2:02:00	2:52:04	3:20:20	3:49:07
217	F421	Schmitt, Alexandra (GER)	80	SV Langen	AK W40	45	4:02:01	4:05:53	0:53:51	1:54:15		3:14:50	3:47:09
218	F784	Leveling, Kathrin (GER)	72	LG Burg Wiedenbrück	AK W50	23	4:02:12	4:06:50	0:57:39	1:59:37	2:50:05	3:18:42	3:48:36
219	F289	Schuricht, Katja (GER)	76	Remnschnecken Mittweida	AK W45	29	4:02:48	4:07:27	0:55:24	1:58:44			
220	F445	Walichnowska, Magdalena (POL)	83		AK W35	20	4:02:59	4:06:48	0:58:13	2:01:27	2:52:35	3:21:12	3:49:54
221	F572	Ganslandt, Cedilia (SWE)	66		AK W55	10	4:03:26	4:07:59	0:58:22	2:01:34	2:52:36	3:21:11	3:50:22
222	F523	Schäfer, Tanja (GER)	69		AK W50	24	4:04:25	4:10:26	0:57:38	2:01:06	2:52:37	3:21:23	3:50:47
223	F298	Thoms, Tatjana (GER)	72	Hannover Runners e. V.	AK W50	25	4:04:36	4:10:10	0:56:43	1:59:05	2:49:26	3:19:03	3:51:02
224	F515	Wilken, Britta (GER)	78		AK W40	46	4:04:37	4:09:24	0:55:27	1:57:07	2:49:15	3:20:04	3:50:55
225	F266	Messmer, Sandra (GER)	69	TUS Bergen von 1867 eV	AK W50	26	4:05:32	4:05:47	0:54:44	1:56:05	2:47:44	3:18:45	3:51:41

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226	F664	Otte, Maren (GER)	86	VfR Wilsche-Neubokel	AK W35	21	4:05:35	4:10:54	0:58:55	2:03:10	2:54:46	3:23:27	3:52:25
227	F578	Hecht, Susanne (GER)	73	AWO rennt!	AK W45	30	4:05:51	4:10:32	0:56:36	1:59:20	2:50:57	3:21:37	3:52:32
228	F457	Fürste, Diana (GER)	77	Active Sportshop Herford	AK W45	31	4:06:12	4:12:31	0:58:45	2:04:06	2:57:17	3:25:16	3:53:37
229	F583	Stanienda, Bianca (GER)	69	SVE Hiddesdorf	AK W50	27	4:06:15	4:11:18	0:57:21	2:00:07		3:22:41	3:53:30
230	F584	Stanienda, KimSophia (GER)	00	SVE Hiddesdorf	AK WHK	45	4:06:16	4:11:18		2:00:07	2:52:17	3:22:42	3:53:31
231	F601	Wehlau, Diana (GER)	74		AK W45	32	4:06:22	4:11:23	0:58:17	2:02:59		3:24:43	3:53:48
232	F619	Schumann, Antonia (GER)	91		AK W30	39	4:06:48	4:12:00	0:56:33	1:58:43	2:50:27	3:20:43	3:52:38
233	F373	Wodniczak-Pless, Vanessa (GER)	91		AK W30	40	4:07:10	4:12:24	0:55:34	1:58:00	2:50:47	3:21:27	3:53:19
234	F810	Schupp, Birte (GER)	86		AK W35	22	4:07:44	4:21:03	0:59:15	2:04:51	2:57:44	3:26:28	3:54:56
235	F468	Doan, Phuong (GER)	76	Team beVegt.de	AK W45	33	4:07:57	4:13:29	0:56:46	1:59:58	2:52:38	3:22:22	3:53:52
236	F717	Schadow, Laura (GER)	86	Dextro Energy Sport Team	AK W35	23	4:08:03	4:11:33	0:51:48	1:53:38	2:47:41	3:19:38	3:53:17
237	F503	Föhr, Paula (GER)	96	Die	AK WHK	46	4:08:10	4:13:57	0:58:53	2:04:19	2:57:03	3:26:32	3:55:43
238	F681	Benesch, Franzl (GER)	89	Freunde der Stoppuhr Leipzig	AK W30	41	4:08:11	4:13:16	0:58:35	2:03:20	2:55:40	3:24:44	3:54:33
239	F680	Kunze, Kathrin (GER)	69	Freunde der Stoppuhr Leipzig	AK W50	28	4:08:12	4:13:17	0:58:36	2:03:21	2:55:40	3:24:45	3:54:34
240	F718	Langer, Gwendolyn (GER)	90	Dextro Energy Sport Team	AK W30	42	4:09:10	4:13:33		1:59:43	2:53:31	3:23:41	3:55:04
241	F730	Häusling, Astrid (GER)	81		AK W40	47	4:09:33	4:14:39	1:00:08	2:04:11	2:54:48	3:24:21	3:55:28
242	F613	Koolbergen, Lisa (GER)	93		AK WHK	47	4:09:48	4:15:57	0:57:39	2:02:32	2:55:29	3:25:19	3:56:18
243	F639	Hage, Ellen (GER)	77		AK W45	34	4:09:48	4:23:09	0:57:28	2:01:40	2:54:50	3:25:08	3:56:29
244	F564	Ahrens, Lisa (GER)	95		AK WHK	48	4:09:50	4:14:52	0:56:29	2:00:11	2:53:29	3:24:26	3:55:40
245	F246	Pilney, Bettina (GER)	62	SV Ems Jemgum	AK W60	10	4:09:58	4:10:14	0:53:42	1:57:50	2:51:58	3:23:19	3:55:22
246	F252	Weiser, Britta (GER)	74		AK W45	35	4:10:15	4:16:11	0:57:46	2:04:13	2:56:16	3:25:39	3:56:56
247	F764	Wehner, Regine (GER)	89		AK W30	43	4:10:36	4:23:52	0:59:10	2:06:03	2:59:44	3:28:55	3:58:00
248	F600	Scius, Pauline (BEL)	91		AK W30	44	4:10:39	4:16:42	0:58:07	2:03:05	2:56:03	3:26:21	3:57:07
249	F212	Cohrs, Verena (GER)	78	SG Moosburg	AK W40	48	4:10:47	4:16:05	0:56:00	1:58:32	2:50:22	3:21:55	3:55:41
250	F136	Scheiper, Alexandra (GER)	94	SV Eintracht Neuenkirchen	AK WHK	49	4:11:15	4:16:22	0:59:31	2:04:04	2:56:16	3:25:56	3:57:23
251	F765	Mauthe, Pia (GER)	65	TV Großen-Buseck	AK W55	11	4:11:36	4:16:46	0:57:32	2:01:50	2:55:11	3:25:45	3:57:16
252	F164	Papke, Christine (GER)	88	MfU Maintenance Hannover	AK W30	45	4:12:13	4:18:27	0:59:43	2:04:26	2:57:57	3:29:51	3:59:36
253	F119	Takeuchi-Kroker, Nozomi (JPN)	81		AK W40	49	4:12:44	4:17:32	0:57:39	2:00:32	2:53:45	3:24:40	3:58:29
254	F699	Torres, Silvia (ECU)	91		AK W30	46	4:12:46	4:18:46	0:55:49	2:00:40	2:55:26	3:26:31	3:58:46
255	F146	Lehmann, Kerstin (GER)	79		AK W40	50	4:12:54	4:19:53	0:57:22	2:01:20	2:55:46	3:27:50	3:59:11
256	F686	Zacharias, Klara Karolina (GER)	94	Tierärztliche Hochschule	AK WHK	50	4:12:58	4:19:26	1:02:58	2:08:06	3:00:08	3:29:54	3:59:48
257	F796	Theilen, Greta (GER)	92	Hannover Runners e. V.	AK W30	47	4:12:59	4:19:28	1:02:58	2:08:05	3:00:10	3:29:54	3:59:48
258	F374	Prasuhn, Caroline (GER)	83	Team Erdinger Alkoholfrei	AK W35	24	4:13:11	4:19:26	1:00:20	2:06:00	2:58:54	3:29:10	3:59:53
259	F490	Böge, Sonja (GER)	85	VfL Westercelle	AK W35	25	4:13:15	4:18:35	0:58:23	2:04:06	2:57:52	3:28:35	3:59:48
260	F745	Priebe, Lisa (GER)	86		AK W35	26	4:13:21	4:19:24	0:55:31	1:57:49	2:52:23	3:24:43	3:58:41
261	F444	Fantini, Kaatje (GER)	00	TUS Lübbecke	AK WHK	51	4:13:30	4:19:18	1:01:06	2:06:57	2:59:23	3:28:59	3:59:32
262	F396	Marscholik, Stefanie (GER)	76	LAC Langenhagen	AK W45	36	4:13:40	4:18:42	0:59:11	2:05:15	2:59:29	3:29:52	4:00:05
263	F798	Ramthun, Martina (GER)	64	100 Marathon Club	AK W55	12	4:13:49	4:14:12	0:59:17	2:04:48	2:59:20	3:29:50	4:00:34
264	F690	Schwind, Bettina (GER)	69	Team Erdinger Alkoholfrei	AK W50	29	4:13:54	4:19:09	0:57:52	2:02:23	2:56:00	3:26:53	3:59:20
265	F622	Szarko, Jodi (USA)	76	LET'S RUN Bremen	AK W45	37	4:14:24	4:20:39	0:55:01	1:54:55	2:46:03	3:24:50	3:58:28
266	F642	Herdegen, Nicky (GER)	71	sportTRENDE Ultralaufteam	AK W50	30	4:14:24	4:19:31	1:00:09	2:05:40	2:59:52	3:30:09	4:01:02
267	F487	Maneva-Tymiec, Aneta (GER)	77		AK W45	38	4:14:26	4:19:46	0:56:10	1:59:25	2:55:58	3:28:50	4:00:46
268	F342	Wachholz, Leonie (GER)	93		AK WHK	52	4:14:32	4:21:15	0:58:15	2:04:03	2:58:09	3:28:37	4:00:27
269	F701	Heidenbluth, Anja (GER)	67	KSV Baunatal	AK W55	13	4:14:42	4:19:02	0:58:03	2:04:25	2:59:03	3:29:42	4:00:48
270	F283	Walters, Franziska (GER)	86		AK W35	27	4:14:49	4:19:56	0:58:33	2:03:21	2:56:40	3:27:35	4:00:24

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
271	F760	Löther, Dagmar (GER)	64	LG Stadtbergen	AK W55	14	4:15:16	4:15:19	0:53:27	1:56:48	2:51:35	3:25:17	3:59:13
272	F632	Rump, Johanna (GER)	98		AK WHK	53	4:15:24	4:20:17	0:54:31	1:56:14	2:48:55	3:22:03	3:59:38
273	F363	Oehrigen, Karin (GER)	79		AK W40	51	4:15:31	4:20:23	0:57:20	2:01:51	2:56:48	3:28:47	4:01:22
274	F648	Paus, Tatjana (GER)	76		AK W45	39	4:15:36	4:19:45	0:55:21	1:58:05	2:54:29	3:26:57	4:01:28
275	F446	Kiecksee, Katharina (GER)	87		AK W35	28	4:15:37	4:20:56	0:59:55	2:06:21	3:00:50	3:31:25	4:02:17
276	F120	Kegler, Bianca (GER)	82		AK W40	52	4:15:45	4:20:15	0:54:54	1:56:09	2:49:37	3:22:47	3:59:02
277	F769	Kandborg Sørensen, Vibeke (DEN)	74	Viborg AM	AK W45	40	4:16:00	4:21:09	0:59:07	2:05:12	2:58:18	3:28:06	4:01:44
278	F491	Wenzel, Catherin (GER)	94	Uni Hannover	AK WHK	54	4:16:02	4:20:33	0:54:51	2:00:15	2:53:51	3:26:52	4:02:17
279	F719	Schunke-Bleiß, Sandra (GER)	75		AK W45	41	4:16:20	4:21:28	0:57:15	2:00:28	2:56:15	3:27:36	4:01:49
280	F209	Werner, Britta (GER)	76	Vegan Runners UK	AK W45	42	4:16:23	4:22:11	0:57:31	2:02:08	2:54:26	3:26:29	4:01:04
281	F245	Altmann, Lea (GER)	84		AK W35	29	4:16:24	4:23:05	0:59:00	2:04:20	2:59:46	3:30:45	4:02:23
282	F240	Jobczyk, Ilka (GER)	90		AK W30	48	4:16:41	4:22:03	0:59:49	2:05:52	2:59:53	3:30:22	4:02:20
283	F241	Jobczyk, Corinna (GER)	88		AK W30	49	4:16:42	4:22:02	0:59:50	2:05:53	2:59:52	3:30:23	4:02:21
284	F545	Vierkant, Kerstin (GER)	77	Fortuna Logabirum	AK W45	43	4:17:40	4:23:37	1:00:58	2:07:37	3:01:32	3:32:05	4:03:24
285	F150	Bangert, Jennifer (GER)	79	Fortuna Logabirum	AK W40	53	4:17:40	4:23:37	1:00:58	2:07:37	3:01:32	3:32:06	4:03:25
286	F333	Fichtner, Jane (GER)	80	QuFi	AK W40	54	4:17:49	4:23:42	0:59:55	2:07:07	3:02:14	3:33:51	4:04:58
287	F185	Vollmer, Christina (GER)	86		AK W35	30	4:17:59	4:22:26	0:56:07	1:59:41	2:55:30	3:29:49	4:03:48
288	F652	Protzmann, Maren (GER)	78		AK W40	55	4:17:59	4:22:28	1:00:23	2:06:47	3:00:36	3:30:59	4:03:41
289	F388	Leßmann, Maren (GER)	78	Lauf mit Dieter	AK W40	56	4:18:38	4:24:20	1:01:17	2:08:48	3:03:17	3:33:33	4:04:37
290	F816	Gerlach, Nina (GER)	94		AK WHK	55	4:18:39	4:24:06	1:01:24	2:10:17	3:03:03	3:33:50	4:04:36
291	F175	Bennecke, Inken (GER)	94		AK WHK	56	4:19:25	4:26:04	1:00:26	2:06:54	3:00:06	3:30:55	4:04:18
292	F435	Ramberg, Lini (GER)	78	Asicsfrontrunner	AK W40	57	4:19:28	4:25:42	0:59:43	2:04:26	2:57:57	3:31:12	4:03:52
293	F809	Higl, Casey (GER)	83	Team Belli	AK W35	31	4:19:30	4:25:05	0:55:55	2:00:59	2:55:26	3:29:00	4:03:25
294	F555	Kloster, Kristina (GER)	93		AK WHK	57	4:19:40	4:32:54		2:08:22		3:36:05	4:06:36
295	F736	Götting, Sarah (GER)	84		AK W35	32	4:19:44	4:24:47	0:52:36	1:51:29	2:46:24	3:20:32	4:01:01
296	F687	Klose, Aglaia-Maria (GER)	93		AK WHK	58	4:20:00	4:25:28	0:59:50	2:06:45	3:02:11	3:33:59	4:06:02
297	F826	Janßen, Rieka (GER)	97	SV GOTANO	AK WHK	59	4:20:14	4:26:20	0:57:28	2:02:09	2:55:54	3:28:18	4:04:35
298	F493	Baum, Alina (GER)	92		AK W30	50	4:20:14	4:24:56	0:55:23	2:01:19	2:59:40	3:29:49	4:01:43
299	F517	Meyer, Justine (GER)	94		AK WHK	60	4:20:18	4:25:10	0:54:37	1:56:35	2:51:39	3:27:44	4:04:58
300	F118	Brader, Kerstin (GER)	76	Nordenhamer Weserläufer	AK W45	44	4:20:49	4:27:09	0:58:42	2:06:18	3:02:11	3:33:54	4:06:21
301	F817	Lischewski, Tanja (GER)	69	Team Laufrausch Oldenburg	AK W50	31	4:20:50	4:27:09	0:58:44	2:06:18	3:02:09	3:33:41	4:06:22
302	F414	Cuyvers, Elise (BEL)	95		AK WHK	61	4:20:59	4:25:33	1:04:37	2:13:42	3:07:16	3:36:59	4:07:36
303	F411	De Smit, Margot (BEL)	95		AK WHK	62	4:20:59	4:25:33	1:04:37	2:13:42	3:07:18	3:37:00	4:07:36
304	F412	Fontijn, Emilie (BEL)	96		AK WHK	63	4:21:00	4:25:34	1:04:37	2:13:42	3:07:18	3:37:00	4:07:36
305	F190	Hellmann, Stefanie (GER)	82	ARTIVA Sports	AK W40	58	4:21:22	4:27:39	0:55:04	1:56:25	2:50:44	3:24:43	4:03:32
306	F808	Ronzon, Leonie (GER)	83		AK W35	33	4:21:37	4:26:14	0:59:11	2:05:08	2:58:56	3:31:11	4:05:53
307	F304	Gebhard, Tanja (GER)	69	RTG Running Team	AK W50	32	4:21:53	4:27:03	1:01:30	2:10:21	3:06:12	3:37:02	4:07:43
308	F116	Nadler, Petra (GER)	75	Sektschnecken	AK W45	45	4:22:04	4:28:41	0:58:21	2:02:56	2:56:48	3:28:35	4:04:00
309	F459	Bergsma, Petra (NED)	72	Loopgroep FullFittMeeden	AK W50	33	4:22:07	4:25:57	0:56:07	2:01:04	2:57:37	3:31:24	4:06:15
310	F406	Mencarini, Thin Thin (USA)	75		AK W45	46	4:22:32	4:26:36	0:59:24	2:06:34	3:03:33	3:35:07	4:07:30
311	F507	Mau-Klees, Gaby (GER)	68	LG Rennhemd Wuppertal	AK W50	34	4:22:54	4:28:15	1:00:55	2:07:49	3:03:08	3:34:34	4:08:05
312	F438	Köpke, Stefanie (GER)	84		AK W35	34	4:23:01	4:27:24	1:01:09	2:10:50	3:08:10	3:38:39	4:09:42
313	F292	Hahne, Bianca (GER)	73	Ultrafriesen e.V	AK W45	47	4:23:17	4:28:45	1:02:05	2:11:25	3:07:28	3:38:35	4:09:38
314	F761	Ballmann, Kerstin (GER)	92		AK W30	51	4:23:46	4:29:23	0:56:33	2:00:12	2:57:55	3:32:51	4:07:47
315	F688	Brause, Alexandra (GER)	78		AK W40	59	4:24:10	4:29:59		2:10:37		3:39:53	4:10:41

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316	F812	Von Wrangel, Juliane (GER)	93		AK WHK	64	4:24:17	4:29:55	1:03:05	2:12:43	3:09:34	3:40:38	4:11:07
317	F497	Dröger, Gabriele (GER)	63	Lt Unterreichenbach	AK W55	15	4:24:20	4:29:47	0:59:46	2:06:39	3:02:35	3:35:19	4:09:10
318	F532	Schütz, Rebekka (GER)	81		AK W40	60	4:24:38	4:31:20	1:02:21	2:10:53	3:06:58	3:38:17	4:10:27
319	F710	Reschke, Andrea (GER)	71		AK W50	35	4:24:53	4:31:20	1:02:25	2:09:25	3:06:10	3:38:27	4:10:15
320	F399	Schoer, Manuela (GER)	75	Deichrunners	AK W45	48	4:26:18	4:31:49	0:59:40	2:08:22	3:04:48	3:37:16	4:11:23
321	F624	Holmgaard, Karen Bente (DEN)	74	Klub100Marathon Danmark	AK W45	49	4:26:47	4:31:56	0:59:20	2:06:52	3:04:25	3:37:40	4:11:36
322	F441	Gottschewsky, Hannah (GER)	92		AK W30	52	4:26:49	4:31:22	0:59:11	2:08:36	3:06:50	3:39:03	4:12:11
323	F128	Kalbertah, Carolin (GER)	82		AK W40	61	4:26:59	4:32:21	0:59:22	2:07:10	3:02:34	3:36:02	4:11:46
324	F821	Buck, Renate (GER)	69	TV-Norden	AK W50	36	4:27:15	4:32:16	1:00:20	2:08:40	3:06:00	3:39:10	4:12:06
325	F461	Süßkoch, Berit (GER)	90		AK W30	53	4:27:15	4:32:06	1:00:15	2:06:24	3:00:21	3:33:58	4:11:02
326	F676	Couturier, Louise (GER)	97	Continental	AK WHK	65	4:27:30	4:40:51	1:01:04	2:08:25	3:06:22	3:37:34	4:14:29
327	F610	Brümmer, Claudia (GER)	64	Goslar	AK W55	16	4:27:34	4:33:46	0:59:14	2:07:29	3:04:34	3:37:48	4:11:34
328	F177	Brümmer, Iris (GER)	64	Team Erdinger Alkoholfrei	AK W55	17	4:27:34	4:33:46	0:59:14	2:07:29	3:04:34	3:37:48	4:11:37
329	F598	Lampen, Britta (GER)	84	Fortuna Logabirum	AK W35	35	4:27:44	4:34:27	1:00:55	2:10:49	3:07:49	3:39:42	4:13:25
330	F285	Eichenaier, Beate Lena (GER)	65	Spargelsprinter Burgdorf	AK W55	18	4:27:48	4:31:24	0:59:22	2:07:33	3:05:21	3:39:19	4:13:06
331	F474	Börgmann, Bettina (GER)	69	MTV Groß Denkte	AK W50	37	4:27:51	4:28:11	0:59:59	2:08:34	3:05:20	3:37:57	4:12:39
332	F606	Buhr, Anja (GER)	79	Heidschnucken Heidekreis	AK W40	62	4:28:01	4:32:35	0:59:57	2:06:42	3:04:14	3:37:55	4:12:45
333	F691	Groschwitz, Daniela (GER)	80	Gorch-Fock-Lauf e.V.	AK W40	63	4:28:15	4:35:24	1:03:45	2:15:15	3:12:21	3:43:57	4:15:01
334	F704	Niemeyer, Petra (GER)	70		AK W50	38	4:28:23	4:33:48	1:02:12	2:11:54	3:08:00	3:39:35	4:12:23
335	F2503	Karau, Thanh (GER)	91	Finanz Informatik GmbH &	AK W30	54	4:30:11	4:43:33	0:55:24	2:01:09	3:00:12	3:35:13	4:14:17
336	F274	Hagena, Antje (GER)	79	FC Stahl 30	AK W40	64	4:30:22	4:34:56	0:56:02	2:01:21	2:53:23	3:26:46	4:09:42
337	F121	Wendtländ, Heike (GER)	79		AK W40	65	4:30:34	4:35:56	0:59:21	2:07:12	3:05:51	3:39:51	4:14:48
338	F575	Fischer, Melanie (GER)	93		AK WHK	66	4:30:49	4:44:15	1:02:50	2:12:17	3:09:12	3:42:28	4:16:27
339	F806	Haller, Jennifer (GER)	97	Laufteam SJ78 BPol by GdP	AK WHK	67	4:31:12	4:44:36	1:01:32	2:10:12	3:07:39	3:40:15	4:15:19
340	F671	Möhmeyer, Britta (GER)	74	TSV Eberholzen	AK W45	50	4:31:27	4:37:15	0:59:05	2:06:44	3:04:21	3:38:03	4:14:40
341	F597	Waters, Jillian (USA)	82		AK W40	66	4:31:50	4:37:04	1:05:17	2:16:43	3:16:49	3:47:41	4:19:37
342	F372	Jia, Qi (GER)	75		AK W45	51	4:32:43	4:37:46	1:00:41	2:10:14	3:09:10	3:44:22	4:17:57
343	F803	Fleischer, Marie (GER)	94		AK WHK	68	4:32:54	4:38:22	0:58:44	2:06:13	3:03:49	3:40:08	4:16:10
344	F594	Ganz, Christina (GER)	82	Hannover Runners e. V.	AK W40	67	4:32:57	4:38:12	1:00:18	2:08:06	3:06:32	3:40:24	4:17:24
345	F309	Fliege, Gabi (GER)	53	SuS Oberaden	AK W65	3	4:34:27	4:38:26	1:04:37	2:14:15	3:10:19		4:17:21
346	F551	Planer, Matilde (GER)	86		AK W35	36	4:34:48	4:48:04	1:03:56	2:15:25	3:13:04	3:46:45	4:20:48
347	F713	Hannemann, Dorit (GER)	74	LAC Langenhagen	AK W45	52	4:34:59	4:35:27	1:01:57	2:12:32	3:11:31	3:45:52	4:19:57
348	F715	Brandes, Simone (GER)	67	LAC Langenhagen	AK W55	19	4:35:00	4:35:27	1:01:58	2:12:32	3:11:33	3:45:54	4:19:59
349	F353	Willsenach, Sandra (GER)	72		AK W50	39	4:36:21	4:42:30	1:05:30	2:20:03	3:19:16	3:51:48	4:23:02
350	F755	Günther, Julia (GER)	91		AK W30	55	4:36:28	4:49:45	1:02:57	2:13:09	3:12:18	3:46:19	4:21:11
351	F741	Kim, Oksana (GER)	87	ZF Hannover	AK W35	37	4:36:55	4:41:57	1:01:08	2:11:41	3:11:29	3:47:31	4:22:33
352	F608	Feng, Xiaofeng (GER)	65		AK W55	20	4:36:57	4:42:44	1:01:14	2:11:31	3:07:51	3:43:24	4:20:10
353	F634	Stradtman, Alexandra (GER)	91		AK W30	56	4:37:01	4:50:20	1:01:29	2:12:05	3:11:47	3:46:19	4:21:39
354	F782	Wiemers, Michaela (GER)	79	TSV Schloß Neuhaus	AK W40	68	4:37:22	4:50:34	0:59:37	2:10:02	3:10:52	3:45:39	4:22:01
355	F797	Konradt, Marion (GER)	63	Alte Liebe	AK W55	21	4:37:24	4:41:24	1:01:48	2:13:32	3:13:55	3:48:12	4:22:41
356	F433	Visscher, Marleen (NED)	93		AK WHK	69	4:37:43	4:43:58	1:04:31	2:15:34	3:13:09	3:46:42	4:22:44
357	F432	Nijboer, Jarinda (NED)	93		AK WHK	70	4:37:43	4:43:58	1:04:31	2:15:34	3:13:52	3:47:58	4:22:44
358	F173	Hoffmann, Adelin (GER)	66		AK W55	22	4:37:51	4:43:20	1:02:00	2:11:38	3:08:34	3:43:29	4:20:15
359	F103	Hauß, Katharina (GER)	99		AK WHK	71	4:37:54	4:43:13	0:53:42	1:58:48	3:01:57	3:36:43	4:18:03
360	F232	Mantz, Andrea (GER)	64		AK W55	23	4:38:21	4:42:35	1:00:50	2:10:18	3:10:51	3:46:01	4:21:55

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
361	F531	Lorenz, Tanja (GER)	78		AK W40	69	4:38:35	4:44:40	1:03:42	2:13:08	3:13:27	3:46:55	4:22:10
362	F294	Sturm, Kirstin (GER)	69	Schwanenteich Parkrunner	AK W50	40	4:38:46	4:45:01	1:03:46	2:15:29	3:15:06	3:48:46	4:23:15
363	F261	Neumann, Jessica (GER)	86	FoKuS Selm	AK W35	38	4:39:22	4:44:24	0:59:29	2:08:03	3:08:49	3:45:36	4:23:53
364	F752	Mayer, Anna (RUS)	85	Continental	AK W35	39	4:39:48	4:53:03	0:59:02	2:11:10	3:11:13	3:47:59	4:24:06
365	F685	Duhr, Claudia (GER)	66	Dtl	AK W55	24	4:39:51	4:45:17	1:01:42	2:12:06	3:12:34	3:48:56	4:24:08
366	F723	Fude, Ramona (GER)	70	Hannover Runners e. V.	AK W50	41	4:39:52	4:44:05	1:01:50	2:12:44	3:10:56	3:45:52	4:23:27
367	F649	Güth, Katharina (GER)	83	Güths Hof	AK W35	40	4:40:12	4:45:46	1:03:33	2:11:33	3:09:18	3:44:46	4:23:22
368	F744	Bünker, Ute (GER)	83	Continental	AK W35	41	4:40:44	4:46:29	1:05:52	2:19:39	3:19:16	3:52:33	4:26:33
369	F315	Miller, Stephanie (GER)	74		AK W45	53	4:41:17	4:47:04	1:01:20	2:10:09	3:07:53	3:43:37	4:23:43
370	F712	Schweckendiek, Sabine (GER)	68	LAC Langenhagen	AK W50	42	4:41:18	4:41:45	1:01:54	2:12:32	3:11:33	3:46:01	4:24:32
371	F640	Hagenah, Melanie (GER)	73		AK W45	54	4:42:19	4:48:11	1:05:35	2:18:41	3:18:33	3:52:09	4:26:32
372	F305	Schroers, Simone (GER)	70		AK W50	43	4:42:43	4:47:53	1:04:07	2:16:11	3:15:59	3:50:19	4:27:04
373	F226	Grünevald, Svenja (GER)	77	Tri Michels Hamburg	AK W45	55	4:43:33	4:48:09		2:04:36	3:09:29	3:47:45	4:26:27
374	F159	Schüttler, Melina (GER)	01	ABS Team GmbH	AK WHK	72	4:43:42	4:49:55	1:01:22	2:11:22	3:13:05	3:53:22	4:28:33
375	F638	Alfke, Carina (GER)	66		AK W55	25	4:43:45	4:49:40	1:06:12	2:20:39	3:19:43	3:53:41	4:28:20
376	F478	Mächer, Helene (GER)	56	DAV Röttenbach	AK W65	4	4:43:50	4:44:03	1:01:51	2:17:45	3:18:39	3:54:46	4:28:39
377	F727	Bieler, Jana (GER)	79	100 Marathon Club	AK W40	70	4:43:51	4:49:41	1:05:54	2:20:44	3:19:42	3:53:36	4:28:43
378	F293	Bläsing, Hanna (GER)	80		AK W40	71	4:43:53	4:49:40	1:06:00	2:20:46	3:19:46	3:53:38	4:28:46
379	F479	Jacobs, Nele (GER)	92		AK W30	57	4:44:29	4:50:01	1:02:32	2:18:08	3:18:24	3:53:32	4:29:24
380	F778	Bartsch, Helen (GER)	92		AK W30	58	4:44:47	4:50:38	1:06:39	2:20:42	3:19:49	3:53:46	4:29:07
381	F229	Brahm-Tobies, Dorothea (GER)	66		AK W55	26	4:45:02	4:50:25	0:59:38	2:08:12	3:12:42	3:52:50	4:29:26
382	F211	Lange, Kerstin (GER)	70		AK W50	44	4:45:04	4:52:12	1:24:38		2:56:35		4:12:22
383	F618	Klausen, Rikke (DEN)	76		AK W45	56	4:45:22	4:49:30	0:59:24	2:10:32	3:12:35	3:50:05	4:29:41
384	F424	Sostadk, Lone (DEN)	75	Runners DK Silkeborg	AK W45	57	4:45:22	4:49:31	0:59:24	2:10:31	3:12:33	3:50:06	4:29:40
385	F495	Witte, Katrin (GER)	95		AK WHK	73	4:46:56	4:52:08	1:02:11	2:13:09	3:15:16	3:51:32	4:29:25
386	F338	Salomon, Annett (GER)	77		AK W45	58	4:47:07	4:53:05	1:06:53	2:20:33	3:19:38	3:53:46	4:30:59
387	F576	Langer, Lucie (CZE)	77		AK W45	59	4:47:12	4:53:16	1:02:56	2:12:48	3:14:26	3:51:41	4:29:45
388	F716	Lucht, Stefanie (GER)	81		AK W40	72	4:47:32	4:53:30	0:58:55	2:07:00	3:17:16	3:54:34	4:30:35
389	F365	Badstübner, Kornelia (GER)	61		AK W60	11	4:47:42	4:54:06	1:05:00	2:19:10	3:18:58	3:54:07	4:31:59
390	F546	Scharf, Nadine (GER)	80		AK W40	73	4:47:49	4:53:51	1:05:40	2:20:10	3:19:38	3:53:35	4:29:38
391	F398	Bentrop, Christina (GER)	76		AK W45	60	4:48:02	4:52:44	1:05:15	2:17:29	3:18:20	3:53:48	4:31:44
392	F734	Deilmann, Heike (GER)	66		AK W55	27	4:48:41	4:54:53		2:16:54		3:53:33	4:30:41
393	F567	Kauffels-Sprenger, Anne (GER)	84		AK W35	42	4:48:46	4:54:16	1:01:37	2:09:37	3:15:58	3:58:16	4:33:13
394	F553	Beck, Susanne (GER)	98		AK WHK	74	4:49:08	4:55:52	1:05:06	2:16:23	3:17:22	3:53:17	4:32:33
395	F360	Busch, Julia (GER)	88	LT Gehrden	AK W30	59	4:49:15	4:54:45	1:02:44	2:16:55	3:21:41	3:58:09	4:33:30
396	F759	Heller, Hildegard (GER)	52	LG Stadtbergen	AK W70	2	4:50:00	4:50:02	0:59:52	2:11:32	3:14:20	3:51:56	4:31:45
397	F402	Henßler, Anke (GER)	72		AK W50	45	4:50:25	4:56:02	1:07:04	2:21:47	3:24:39	4:00:17	4:34:57
398	F611	Warbinger, Jennifer (GER)	83	LSF Münster	AK W35	43	4:50:53	4:56:15	1:02:44	2:15:27	3:19:43	3:56:00	4:33:56
399	F287	Achilles, Miriam (GER)	80		AK W40	74	4:51:07	5:04:28	0:57:15	2:07:19	3:13:10	3:52:04	4:33:25
400	F439	Harm, Claudia (GER)	65		AK W55	28	4:51:26	5:04:45	1:04:50	2:18:18	3:21:44	3:57:55	4:34:44
401	F296	Klooster, Nancy (GER)	84		AK W35	44	4:51:59	5:05:21	1:08:24	2:23:29	3:24:05	3:59:14	4:36:16
402	F677	Peemöller, Maren (GER)	69		AK W50	46	4:52:08	4:58:49		2:16:15	3:17:23	3:53:19	4:33:44
403	F451	Gritzan, Frauke (GER)	74	LT Seeth-Ekholt	AK W45	61	4:52:18	4:58:46	1:06:49	2:21:44	3:22:39	3:59:55	4:36:21
404	F541	Breuing, Jana (GER)	92		AK W30	60	4:52:53	4:58:57	1:09:32	2:26:45	3:27:59	4:02:48	4:37:27
405	F743	Rothfuss, Sanna (GER)	03		AK W110	1	4:53:34	5:06:57	0:57:08	2:06:11	3:10:48	3:51:50	4:35:52

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Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
406	F415	Pausch, Viola (GER)	92	Team beVegt.de	AK W30	61	4:53:41	5:00:15	1:08:05	2:22:53	3:25:41	4:01:15	4:38:25
407	F822	Mesuerer, Felisa (GER)	93	Team beVegt	AK WHK	75	4:53:41	5:00:15	1:08:05	2:22:53	3:25:43	4:01:13	4:38:12
408	F181	Mittelstädt, Christiane (GER)	68		AK W50	47	4:54:11	5:00:05	1:10:51	2:29:10	3:31:15	4:03:52	4:38:50
409	F328	Jänen, Marlen (GER)	61	SV Langen	AK W60	12	4:54:42	5:00:51	1:05:58	2:20:40	3:22:42	3:58:35	4:38:25
410	F314	Bracey, Doris (GER)	70		AK W50	48	4:54:49	4:59:53	1:04:47	2:17:23	3:20:38	3:59:21	4:38:43
411	F307	Sommerfeld, Melanie (GER)	76		AK W45	62	4:55:37	5:02:10	1:06:18	2:21:01	3:23:37	4:00:03	4:39:24
412	F783	Wieczarek, Alba (GER)	76	Endorphinjunkies Dortmund/	AK W45	63	4:55:57	5:02:43	1:09:53	2:28:27	3:30:28	4:04:47	4:40:31
413	F145	Haubenreißer, Birgitt (GER)	62	TSV Bokeloh Triathlon	AK W60	13	4:56:14	5:02:39	1:06:09	2:20:15	3:23:41	4:01:32	4:39:01
414	F464	Steiner, Sophie (GER)	94		AK WHK	76	4:56:19	5:01:33	1:04:36	2:17:14	3:20:29	3:58:54	4:39:14
415	F378	Höfling, Sandra (GER)	69		AK W50	49	4:56:28	5:09:41	1:04:59	2:21:52	3:24:23	4:05:13	4:41:35
416	F279	Selent, Andrea (GER)	66	100 Marathon Club	AK W55	29	4:57:41	5:03:36	1:10:42	2:29:18	3:31:19	4:05:38	4:41:05
417	F224	Gerling, Lucie (GER)	87	SV Werder Bremen	AK W35	45	4:57:58	5:03:52	0:59:16	2:12:59	3:19:41	3:58:59	4:40:26
418	F308	Teich, Laurin (GER)	98		AK WHK	77	4:58:18	5:03:44	0:59:26	2:13:25	3:21:28	4:00:49	4:41:29
419	F117	Hertrampf, Maren (GER)	91		AK W30	62	4:58:43	5:05:22	1:06:27	2:20:55	3:24:16	4:01:37	4:40:41
420	F114	Meyer, Yvonne (GER)	78		AK W40	75	4:58:58	5:06:00	1:09:32	2:28:03	3:30:09	4:04:47	4:42:35
421	F244	Wolf, Laurine (GER)	02		AK WHK	78	5:00:22	5:13:43	1:04:07	2:17:05	3:23:11	4:01:30	4:41:45
422	F243	Wolf, Kerstin (GER)	77		AK W45	64	5:00:22	5:13:43	1:04:07	2:17:05	3:23:11	4:01:30	4:41:45
423	F750	Heib, Brigitte (GER)	59		AK W60	14	5:00:41	5:06:49	1:07:30	2:25:36	3:30:32	4:06:36	4:44:54
424	F746	Neuhaus, Barbara (GER)	66	Eliza-Singers	AK W55	30	5:00:42	5:06:54	1:10:04	2:27:46	3:31:25	4:07:34	4:44:59
425	F824	Rosenthal, Anna (GER)	67		AK W55	31	5:01:08	5:07:41	1:00:58	2:13:03	3:19:12	3:59:30	4:42:38
426	F500	Seck, Chantal (GER)	92		AK W30	63	5:01:17	5:14:35	1:07:08	2:23:55	3:27:43	4:05:59	4:44:35
427	F786	Jendro, Steffi (GER)	80	SCC Berlin	AK W40	76	5:01:19	5:06:07	1:00:19	2:09:12	3:11:43	3:52:41	4:40:10
428	F452	Grigorova, Anna (BUL)	75		AK W45	65	5:01:43	5:06:19	1:05:21	2:21:34	3:33:41	4:10:36	4:47:08
429	F496	Jacobs, Anne (GER)	88		AK W30	64	5:01:48	5:01:48		2:26:29	3:32:21	4:10:56	4:46:42
430	F663	Fontaine, Astrid (GER)	69		AK W50	50	5:01:59	5:06:35	1:06:13	2:17:38	3:22:31	4:02:27	4:44:01
431	F137	Jäkel, Sarah (GER)	84		AK W35	46	5:04:10	5:10:44	1:06:33	2:24:49	3:30:02	4:08:13	4:46:57
432	F521	Mück, Tanja (GER)	72		AK W50	51	5:06:43	5:11:45	1:07:52	2:26:36	3:34:17	4:12:31	4:49:58
433	F168	Recker, Kerstin (GER)	77		AK W45	66	5:06:57	5:13:38	1:06:18	2:23:01	3:26:49	4:04:30	4:46:31
434	F384	Saak, Birgit (GER)	78		AK W40	77	5:07:46	5:13:56	1:16:48	2:45:22	3:47:17	4:20:16	4:53:12
435	F751	Von Pickardt, Sonja (GER)	73		AK W45	67	5:08:35	5:14:56	1:07:19	2:23:11	3:28:14	4:06:53	4:48:37
436	F350	Clafßen, Nadja (GER)	69		AK W50	52	5:09:58	5:23:10	1:05:16	2:19:52	3:29:21	4:07:41	4:48:45
437	F326	Fabian, Tessa (GER)	88		AK W30	65	5:10:07	5:23:21	1:09:54	2:25:40	3:28:18	4:09:46	4:52:29
438	F255	Van Brug, Joke (NED)	47		AK W75	1	5:11:14	5:16:30	1:11:33	2:33:13	3:39:23	4:16:38	4:53:55
439	F115	Kühling, Insa (GER)	79		AK W40	78	5:11:52	5:16:51	1:00:20	2:15:11	3:26:32	4:09:19	4:53:28
440	F733	Kim, Irina (GER)	84	ZF Hannover	AK W35	47	5:18:25	5:31:41	1:02:12	2:18:39	3:29:44	4:13:35	4:58:20
441	F602	Von Harten, Sverja Sophie (GER)	95		AK WHK	79	5:19:20	5:25:26	1:05:02	2:22:13	3:41:08	4:25:17	5:02:04
442	F301	Vucetic, Drazenka (GER)	71		AK W50	53	5:19:55	5:25:49	1:10:44	2:31:11	3:39:49	4:20:27	5:01:24
443	F358	Richter, Lisanne (GER)	97		AK WHK	80	5:22:35	5:29:50	1:09:27	2:30:09	3:40:12	4:20:56	5:02:58
444	F132	Hofmann, Renate (GER)	39	1. WW Wunstorf LT	AK W80	1	5:23:55	5:24:02	1:09:47	2:32:26	3:48:29	4:27:25	5:07:01
445	F345	Ufken Siegling, Martina (GER)	56		AK W65	5	5:25:02	5:30:13	1:07:23	2:28:13	3:42:10	4:24:12	5:06:23
446	F135	Harmon, Jan (GBR)	66		AK W55	32	5:25:40	5:31:54	1:10:23	2:38:30	3:47:21	4:26:44	5:08:08
447	F2502	Prüfig, Nadine (GER)	83	SG Salzlandsparkasse e.V.	AK W35	48	5:26:05	5:32:11	1:11:32	2:35:13	3:48:18	4:27:30	5:07:47
448	F101	Schoen, Dani (GER)	69		AK W50	54	5:26:06	5:31:43	1:03:41	2:22:20		4:21:55	5:05:55
449	F766	Buttkewitz, Sophie (GER)	02	LaufteamSJ78BPd by GdP	AK WHK	81	5:26:49	5:40:11	1:10:59	2:33:23	3:45:58	4:27:24	5:09:16
450	F379	Fiedler, Tanja (GER)	78		AK W40	79	5:32:24	5:45:40	1:07:15	2:27:29	3:43:31	4:27:32	5:10:52

H AJ Hannover Marathon 2022

April 03, 2022

Results Men/Women

Marathon

UNOFFICIAL RESULT

16:33:59

April 03, 2022

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Results Women

Pl.	Bib	Name (NAT)	JG	Club	AK	AK-Pl.	Netto	Brutto	10km	1.HM	30km	35km	40km
451	F548	Stodolny, Nadine (GER)	76		AK W45	68	5:35:04	5:48:25	1:04:24	2:25:24		4:29:07	5:14:55
452	F726	Mähler, Brigitte (GER)	53	TV Friesen Telgte	AK W65	6	5:35:52	5:42:42	1:18:00	2:44:55	3:55:36	4:36:31	5:17:16
453	F172	Hajek, Verena (GER)	52	LLG 80Nordpark Köln	AK W70	3	5:38:00	5:41:40	1:08:42	2:34:01	3:49:56	4:33:28	5:18:35
454	F732	Stucke, Christine (GER)	62	Sportclub Magdeburg	AK W60	15	5:40:33	5:40:52	1:06:22	2:24:16	3:31:34	4:24:57	5:16:45
455	F511	Von Döllen, Anna (GER)	04		AK	2	5:40:52	5:46:50	1:13:07	2:37:22	3:51:12	4:36:03	5:21:40
456	F645	Prause, Christel (GER)	56	Hannover Runners.OG	AK W65	7	5:49:32	5:54:11	1:16:09	2:44:27	4:00:39	4:44:48	5:29:20
457	F724	Lenzen, Petra-Maria (GER)	63	TV Friesen Telgte	AK W55	33	5:52:25	5:59:15	1:15:15	2:41:12	3:59:20	4:47:08	5:33:04
458	F604	Stay, Annegret (GER)	65		AK W55	34	5:54:37	5:59:56	1:13:35	2:39:22	3:56:46	4:44:07	5:33:51
459	F400	Black, Robin Lea (USA)	64	RTG Running Team	AK W55	35	5:58:11	6:04:08	1:16:38	2:49:04	4:09:31	4:53:32	5:38:07